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ACADEMIC POSITIONS

University of Texas at Austin

Professor of Sociology (1996-present)
Centennial Commission Professorship in Liberal Arts #1 (2015-present)
Courtesy Appointment, School of Social Work (2015-present)
Faculty Affiliate, Population Research Center (1988-present)
Faculty Affiliate, Center on Aging & Population Sciences (2020-present)
Faculty Fellow, Center for Health and Social Policy, LBJ School of Public Affairs 2015-2020
Associate Professor of Sociology (1992-1996)
Assistant Professor of Sociology (1988-1992)

University of Michigan, Ann Arbor

Postdoctoral Research Fellow, Psychosocial Epidemiology, Institute for Social Research (1986-1988)
Adjunct Assistant Professor, Department of Sociology (1985-1986)
Visiting Scholar in Adult Development, University of Michigan, Ann Arbor (1985-1986)

Short-Term Appointments

Visiting Professor, Department of Health and Social Behavior, School of Public Health, Harvard University (1993)
Visiting Professor, Department of Psychology, University of British Columbia (Summer 1991)

EDUCATION

Ph.D. Sociology, Vanderbilt University (1985)
M.A. Sociology, Vanderbilt University (1983)
M.S.W. Social Work, University of Arkansas at Little Rock (1981)
B.A. Gerontology, University of Arkansas at Little Rock (1980)

RESEARCH AND TEACHING INTERESTS

Population Health, Aging and the Life Course, Family, Sexual and Gender Diversity, Social Ties and Social Isolation, Bereavement

ADMINISTRATIVE AND LEADERSHIP EXPERIENCE

University of Texas at Austin Appointments

- Director, Center on Aging & Population Sciences (2020-present)
- Co-Director, Texas Aging and Longevity Center (2018-2021)
- Director, Population Research Center (2015-2020)
- Chair, Department of Sociology (2000-2006)

Editor-in-Chief

- Journal of Health and Social Behavior* (2011-2013)

Professional Associations, Elected Positions

Association of Population Centers

- Vice President (2018-2020)

Gerontological Society of America

- Chair, Behavioral and Social Sciences Section (2020-2022)
- Behavioral and Social Sciences Committee Member-At-Large (2011-2013)

American Sociological Association

- Chair, Medical Sociology Section (2015-2017)
- Chair, Family Section (2014-2016)
- Chair, Mental Health Section (2006-2007)
- Publications Committee (2019-2021)
- Council Member, Section on Aging and the Life Course (2009-2011)
- Committee on Committees (2005-2007)
- Council Member at Large, Medical Sociology Section (2001-2003)
- Secretary/Treasurer, Mental Health Section (1999-2002)
- Council Member at Large, Medical Sociology Section (1996-1998)
- Council Member at Large, Family Section (1996-1998)

Public Use Data Creation

- Health and Relationships Project (HARP), United States, 2014-15. National Archive of Computerized Data on Aging, Inter-university Consortium for Political and Social Research. Debra Umberson, Principle Investigator. Top 25 most downloaded datasets 2020-2023. <https://doi.org/10.3886/ICPSR37404.v2>

AWARDS AND HONORS

2023	Career Research Excellence Award, University of Texas Co-operative Society
2023	Gerontological Society of America, Behavioral and Social Sciences Richard Kalish Innovative Publication Article Award for “Gender and Social Isolation Across the Life Course”
2022	National Institutes of Health Method to Extend Research in Time (MERIT) Award
2020	Leo G. Reeder Award for Distinguished Contributions to Medical Sociology, American Sociological Association
2020	American Sociological Association Family Section Distinguished Career Award
2016	Leonard I. Pearlin Award for Distinguished Contributions to the Sociological Study of Mental Health, American Sociological Association Section

- 2015 Matilda White Riley Distinguished Scholar Award, Section on Aging and the Life Course, American Sociological Association
- 2012-16 Robert Wood Johnson Foundation, Health Policy Research Investigator Award
- 2016-present Centennial Commission Professorship in Liberal Arts #1, University of Texas
- 2014 Highly Cited Researcher, Social Sciences, Thomson-Reuters
<http://sciencewatch.com/sites/sw/files/sw-article/media/worlds-most-influential-scientific-minds-2014.pdf>
- 2009-2016 Christie and Stanley E. Adams, Jr. Centennial Professorship in Liberal Arts
- 2014 Best Mental Health Publication Award, from the Mental Health Section of the American Sociological Association
- 2011 Elected Fellow, Gerontological Society of America
- 2008 Elected Member, Sociological Research Association
- 2007 Designated Highly Cited Researcher in the Social Sciences, by Institute for Scientific Information (ISI) (www.ISIHighlyCited.com)
- 2011 Faculty Research Award, The University of Texas, Austin (also 1995, 2000, 2005)
- 2004 College of Liberal Arts, Dean's Fellow, University of Texas at Austin
- 1990-1995 First Independent Research Support and Transition (FIRST) Award, National Institute on Aging
- 1991 Noted Scholars Programme, University of British Columbia
- 1987-1989 National Research Service Award, National Institute on Aging,
- 1987 American Sociological Association, Medical Sociology Section Dissertation Award

GRANTS

External Funding

- National Institute on Child Health and Human Development, National Institutes of Health, *Racial/Ethnic Disparities in Early Family Member Deaths and Young Adult Trajectories*, R01HD107089, \$2,316,751, 2024-2027. **Co-Principal Investigator.**
- National Institute on Aging, National Institutes of Health. *How Spouses Influence Each Other's Health in Same- and Different-Sex Marriages: A Dyadic and Longitudinal Assessment from Mid to Later Life*, R37AG076057 (R01AG69969), \$2,185,475, 2021-2026. **Principal Investigator.**
- National Institute on Aging, National Institutes of Health, Administrative Supplement to R37AG076057 (2022-23) for inclusion of bisexual+ populations, \$100,000. **Principal Investigator.**
- National Institute on Aging, National Institutes of Health, *Center on Demography and Economics of Aging*. P30AG066614, 2020-2025, \$2,933,765, **Principal Investigator.**
- National Institute on Aging, National Institutes of Health, *Center on Demography and Economics of Aging*. P30AG066589, 2020-2025, \$4.1M, **Co-Investigator.**
- National Institute on Aging, National Institutes of Health, *Race/Ethnic Differences in Life Course Exposure to Death: Consequences for Health*, R01 AG054624, 2018-2022, \$1,278,323. **Principal Investigator.**
- National Institute on Aging, Administrative Supplement on Cognitive Functioning for *Race/Ethnic Differences in Life Course Exposure to Death: Consequences for Health* 3R01AG054624-01A1S1, 2018, \$287,498, **Principal Investigator.**

- National Institute of Child Health and Human Development, National Institutes of Health, *Population Research Center*. P2CHD042849, 2017-2022, \$2,931,565. **Principal Investigator.**
- National Institute on Alcohol Abuse and Alcoholism, National Institutes of Health, *Impact of Marital Quality and Alcohol Use on Health in Diverse Marriages*, Postdoctoral Training Award for Amanda Pollitt, F32AA025814, 2017-2020, \$56,334. **Sponsor.**
- National Science Foundation. Contextualizing Diseases of Despair: Individual, Family, and State Factors. Doctoral Dissertation Research Award for Rachel E. Donnelly, Proposal No. 1802628, 2018-2019, \$11,999. **Sponsor.**
- National Science Foundation. *Minority Population Experiences of Healthcare*. Doctoral Dissertation Research Award for Emily A. Paine, Proposal No. SES-1702672, 2017-2018. \$11,996. **Sponsor.**
- National Institute on Aging, National Institutes of Health, *Social Networks and Well-being in Late Life: A Study of Daily Mechanisms* (PI: Karen Fingerma), R01AG046460, 2015-2020, \$2,438,341. **Co-Investigator.**
- National Institute of Child Health and Human Development, National Institutes of Health, *Population Research Center*. R24 HD42849, 2012-2017. **Principal Investigator:** Mark D. Hayward, 7/1/12-8/31/15; Debra Umberson, 9/1/2016-6/30/17, \$3,189,719,
- National Science Foundation. *Youth Homelessness: Street Kids in the Urban South*. Doctoral Dissertation Research Award for Brandon A. Robinson, Proposal No. 1602847, \$10,741, 2016-2017. **Sponsor.**
- National Institute on Aging, National Institutes of Health. *Relationships and Health: Comparing Union Types*, R21AG044585, \$427,624, 9/2013-7/2017. **Principal Investigator.**
- Robert Wood Johnson Foundation. *Marriage, Gender and Health in Lesbian, Gay and Heterosexual Couples*, \$334,800, 6/2012-5/2016. **Principal Investigator.**
- National Institute of Child Health and Human Development, National Institutes of Health. *Socioeconomic Status, Intimate Unions, and Health*, F32HD072616, Postdoctoral Training Award for Rhiannon Kroeger, \$148,518, 9/2012-8/2015. **Sponsor.**
- National Institute of Nursing Research, National Institutes of Health. *Health Disparities among Mexican American Women with Disabilities* (PI: Tracie Harrison), R01NRO10360, \$1,338,165, 4/2008-4/2012. **Co-Investigator.**
- National Institute on Aging, National Institutes of Health. *Social Ties and Health Behavior Over the Life Course*, R01 AG026613, \$1,300,000, 5/06-5/12. **Principal Investigator.**
- National Institute on Aging, National Institutes of Health. *Marital Quality and Health Over the Life Course*, R01 AG17455, \$668,720, 9/1/00-8/31/05. **Principal Investigator.**
- National Institute on Aging, National Institutes of Health. *Death of a Parent: Impact on Adult Children and Families*, FIRST Award R29 AG08554, \$349,893, 6/1/90-5/31/95. **Principal Investigator.**
- National Institute on Aging, National Institutes of Health. *Social Integration, Health Behaviors and Health in Later Life*. National Research Service Award 5-F32 AG05440, \$45,000, 9/87-8/89. **Principal Investigator.**

Internal Funding

- The Hogg Foundation for Mental Health. *Psychosocial Issues of Control and their Link to Domestic Violence*, \$53,842, 6/1/95-8/31/98. **Principal Investigator.**

The Hogg Foundation for Mental Health. *Noncustodial Parenting and Fathers' Mental Health*, \$8,225, 8/1/90-11/30/91. **Co-Principal Investigator** with Christine Williams.

PUBLICATIONS

BOOK

Death of a Parent: Transition to a New Adult Identity (2003). Cambridge University Press. Paperback issued 2006. UK edition released 2007. Turkish edition released 2010.

ARTICLES AND CHAPTERS

- Garcia, Michael, Belinda L. Needham, Bridget Goosby, Robert A. Hummer, Debra Umberson, and Hui Liu (forthcoming, 2024). Death of a Parent, Racial Inequities, and Cardiovascular Disease Risk in Early to Mid-Adulthood. *Journal of Health and Social Behavior*.
- Farina, Mateo, Eric Klopach, Debra Umberson, and Eileen Crimmins (2024). The Embodiment of Parental Death in Early Life through Accelerated Epigenetic Aging: Implications for Understanding how Parental Death Before 18 Shapes Age-related Health Risk among Older Adults. *Social Science & Medicine-Population Health*.
<https://doi.org/10.1016/j.ssmph.2024.101648>
- Shartle, Kaitlin, Robert Hummer, and Debra Umberson (2024, forthcoming). Family Member Deaths and the Risk of Obesity among American Young Adults. *Population Research and Policy Review*. <https://doi.org/10.1007/s11113-024-09857-8>
- Donnelly, Rachel, Zhiyong Lin, and Debra Umberson (2023). Parental Death Across the Life Course, Social Isolation, and Health in Later Life: Racial/Ethnic Disadvantage in the U.S. *Social Forces*. NIHMS ID: 1899171 DOI: <https://doi.org/10.1093/sf/soad027>.
- Umberson, Debra and Rachel Donnelly (2023). Social Isolation: An Unequally Distributed Health Hazard. *Annual Review of Sociology*, Volume 49(1):379-399.
- Donnelly, Rachel, Hyungmin Cha, Michael Garcia, Robert Hummer, and Debra Umberson (2023). Exposure to Family Member Death across the Life Course for Hispanic Individuals. *Demography* 60(2):539-562. PubMed PMID: 36920950; NIHMS ID: 1899170 DOI: 10.1215/00703370-10604036.
- Chai, Hye Won, Sara Mernitz and Debra Umberson (2023). Sexual Motives, Stress, and Depressive Symptoms Among Midlife Different-Sex and Same-Sex Couples. *The Gerontologist*, 63(2):261-273.
- Umberson, Debra, Zhiyong Lin, and Hyungmin Cha (2022). Gender and Social Isolation Over the Life Course. *Journal of Health and Social Behavior* 63(3):319-335.
doi:[10.1177/00221465221109634](https://doi.org/10.1177/00221465221109634)
- Recipient of the 2023 Gerontological Society of America, Behavioral and Social Sciences Richard Kalish Innovative Publication Article Award.
 - Highlighted in Briefs, Winter 2023 issue of *Contexts* magazine.
- Chai, Hye Won, Dylan J. Jester, Soomi Lee, Susanna Joo, Debra Umberson and David M. Almeida (2022). Sleep Quality Moderates the Association Between Family Bereavement and Heart Rate Variability. *Journal of Behavioral Medicine*, 46(4):622-631.
<https://doi.org/10.1007/s10865-022-00388-1>
- Wang, Yiwen and Debra Umberson. (2022). Dyadic Coping and Marital Quality in Same-sex and Different-sex Marriages. *Journal of Social and Personal Relationships*, 40(3):996-1017. <https://doi.org/10.1177/02654075221123096>

- Donnelly, Rachel, Hyungmin Cha, and Debra Umberson (2022). Multiple Family Member Deaths and Cardiometabolic Health among Black and White Older Adults. *Journal of Health and Social Behavior* 63(4):610-625. PubMed PMID: 35932108; NIHMS ID: 1898838 DOI: 10.1177/00221465221114485.
- Umberson, Debra and Rachel Donnelly (2021). The Death of a Child and Parents' Psychological Distress in Mid to Later Life: Racial/Ethnic Differences in Exposure and Vulnerability, *The Journals of Gerontology: Series B* 77(8):1561-1570. doi: 10.1093/geronb/gbab206. PMID: 34726244; PMCID: PMC9371454.
- Cha, Hyungmin, Patricia A. Thomas, and Debra Umberson (2021). Sibling Deaths, Racial/Ethnic Disadvantage, and Dementia in Later Life. *Journals of Gerontology: Psychological & Social Sciences* 77(8):1539-1549. PMCID: [PMC9371449](https://pubmed.ncbi.nlm.nih.gov/PMC9371449/) DOI: [10.1093/geronb/gbab202](https://doi.org/10.1093/geronb/gbab202)
- Liu, Hui, Zhiyong Lin, and Debra Umberson (2022). Parental Death and Cognitive Impairment: An Examination by Gender and Race-Ethnicity. *Journals of Gerontology: Psychological & Social Sciences*, 77(6):1164-1176. doi: 10.1093/geronb/gbab125. PMID: 34230956; PMCID: PMC9159058.
- Thomeer, Mieke B., Amanda Pollitt, and Debra Umberson (2021). Support in Response to a Spouse's Distress: Comparing Women and Men in Same-Sex and Different-Sex Marriages. *Journal of Social and Personal Relationships*. 38(5):1513-1534. doi:[10.1177/0265407521998453](https://doi.org/10.1177/0265407521998453)
- Zheng, Jason, Talia Morstead, Nancy Sin, Patrick Klaiber, Debra Umberson, and Anita DeLongis (2021). [Psychological Distress in North America During Covid-19](https://doi.org/10.1016/j.socscimed.2021.113687): The Role of Pandemic-Related Stressors. *Social Science & Medicine* 270:113687. doi: 10.1016/j.socscimed.2021.113687. Epub 2021 Jan 7. PMID: 33465600.
- Kim, Yijung, Kyungmin Kim, Karen Fingerman, and Debra Umberson (2021). Racial Differences in Early Parental Death, Midlife Life Problems, and Relationship Strain With Adult Children. *Journals of Gerontology: Psychological & Social Sciences*. doi: 10.1093/geronb/gbaa232. Epub ahead of print. PMID: 33388759.
- Umberson, Debra, Mieke Thomeer, Amanda Pollitt, and Sara Mernitz (2020). The Psychological Toll of Emotion Work in Same-Sex and Different-Sex Marital Dyads. *Journal of Marriage and Family* 82(4):1141-1158. <https://doi.org/10.1111/jomf.12686>
- Pollitt, Amanda, Rachel Donnelly, Sara Mernitz, and Debra Umberson (2020). Differences in How Spouses Influence Each Other's Alcohol Use in Same- and Different-Sex Marriages: A Daily Diary Study. *Social Science & Medicine*. doi: 10.1016/j.socscimed.2020.113398. Epub 2020 Sep 25. PMID: 33017734; PMCID: PMC7676150.
- Liu, Hui, Debra Umberson, and Minle Xu (2020). Widowhood and Mortality: [Gender, Race/Ethnicity, and the Role of Economic Resources](https://doi.org/10.1016/j.annepidem.2020.02.006). *Annals of Epidemiology* 45:69-75. <https://doi.org/10.1016/j.annepidem.2020.02.006>
- Thomeer, Mieke, Debra Umberson, and Corinne Reczek (2020). The Gender-as-Relational Approach for Theorizing about Romantic Relationships of Sexual and Gender Diverse Mid-to Later-life Adults. *Journal of Family Theory and Review* 12:220-237. <https://doi.org/10.1111/jftr.12368>
- Fingerman, Karen L., Birditt, Kira S., and Umberson, Debra. (2020). Mobile Technologies and Social Connection in late life. The National Academies of Sciences, Engineering, and Medicine. *Mobile Technology for Adaptive Aging: Proceedings of a Workshop*. Washington, DC: The National Academies Press. <https://doi.org/10.17226/25878>

- Donnelly, Rachel, Debra Umberson, Robert Hummer, and Michael A. Garcia (2020). Race, Death of a Child, and Mortality Risk among Aging Parents in the United States. *Social Science & Medicine* V. 249:112853. doi: 10.1016/j.socscimed.2020.112853. PMID: 32088513; PMCID: PMC7423689.
- Umberson, Debra, Rachel Donnelly, Minle Xu, Matthew Farina, and Michael A. Garcia (2020). Death of a Child Prior to Midlife, Dementia Risk, and Racial Disparities, *The Journals of Gerontology: Series B*, 75 (9), 1983-1995. <https://doi.org/10.1093/geronb/gbz154>
- Donnelly, Rachel, Debra Umberson and Tetyana Pudrovska (2020). [Family Member Death and Subjective Life Expectancy among Black and White Older Adults](#). *Journal of Aging and Health* 32(3-4):143-153. PMID: 30451061, PMCID: [PMC6525659](#)
- Umberson, Debra and Mieke Thomeer (2020). [Family Matters: Research on Family Ties and Health, 2010-2020](#). *Journal of Marriage & Family* 82, 404-419.
- Thomeer, Mieke, Elaine Hernandez, Patricia Thomas, and Debra Umberson (2019). [Influence of Social Connections on Smoking Behavior across the Life Course](#). *Advances in Life Course Research* 42. <https://doi.org/10.31235/osf.io/cy5p2>
- Kroeger, Rhiannon A., Debra Umberson, Daniel A. Powers, and Danequa Forrest (2019). [The Effects of Family Transitions on Depressive Symptoms: Differences among Young Adults with and without Childhood Symptoms of Attention-Deficit/Hyperactivity Disorder](#). *Society and Mental Health*, 10(3). <https://doi.org/10.1177/2156869319859402>
- Pollitt, Amanda M., Corinne Reczek, and Debra Umberson (2019). LGBTQ-Parent Families and Health. Pp. 125-42 in Abbie E. Goldberg & Katherine R. Allen (Editors), *LGBTQ-Parent Families: Innovations in Research and Implications for Practice*, 2nd Edition. Springer.
- Mernitz, S. E., Pollitt, A. M., & Umberson, D. (2019). Same-sex Marriage and Mental Health: The Role of Marital Quality. In H. Liu, C. Reczek, & L. Wilkinson (Eds.), *Marriage and Health: The Well-Being of Same-Sex Couples* (pp. 216-228). New Jersey: Rutgers University Press.
- Donnelly, Rachel, Brandon A. Robinson, and Debra Umberson (2019). [Can Spouses Buffer the Impact of Discrimination on Depressive Symptoms? An Examination of Same-Sex and Different-sex Marriages](#). *Society and Mental Health*, 9(2), 192-210. <https://doi.org/10.1177/2156869318800157>
- Reczek, Corinne, Mieke Thomeer, Lauren Gebhardt-Kram, and Debra Umberson. (2019). [Go See Somebody: How Spouses Promote Mental Health Care](#). *Society and Mental Health*. <https://doi.org/10.1177/2156869319834335>
- Fingerman, Karen L., Huo Meng, Susan T. Charles and Debra Umberson (2019). [Variety is the Spice of Late Life: Social Integration and Daily Activity](#). *Journal of Gerontology: Social Sciences*. PMID: 30783671, DOI: [10.1093/geronb/gbz007](https://doi.org/10.1093/geronb/gbz007)
- Behler, Rachel, Rachel Donnelly and Debra Umberson (2019). [Psychological Distress Transmission in Same-Sex and Different-Sex Marriages](#). *Journal of Health and Social Behavior* 60(1):18-35. PMCID: [PMC6386620](#), DOI: [10.1177/0022146518813097](https://doi.org/10.1177/0022146518813097)
- Garcia, Michael and Debra Umberson (2019). Marital Strain and Psychological Distress in Same-Sex and Different-Sex Couples. *Journal of Marriage and Family* 81:1253-1268.
- Paine, Emily, Debra Umberson and Corinne Reczek (2019). Sex in Midlife: Women's Sexual Experiences in Lesbian and Straight Marriages. *Journal of Marriage and Family* 81(1): 7-23.
- Donnelly, Rachel, Corinne Reczek, and Debra Umberson (2018). What We Know (And Don't Know) About the Bereavement Experiences of Same-Sex Spouses. In Abbie E. Goldberg and Adam Romero (Editors), *LGBTQ Divorce and Relationship Dissolution: Psychological and Legal Perspectives and Implications for Practice*. Oxford University Press.

- Reczek, Corinne, Alex Kissling, Lauren E. Gebhardt-Kram, and Debra Umberson (2018). Healthcare Work in Marriage: How Gay, Lesbian, and Heterosexual Spouses Encourage and Coerce Medical Care. *Journal of Health and Social Behavior* 59(4):554-568.
- Umberson, Debra, Rachel Donnelly and Amanda Pollitt (2018). [Marriage, Social Control, and Health Behavior: A Dyadic Analysis of Same-Sex and Different-Sex Couples](#). *Journal of Health and Social Behavior* 59(3):429-446. PMID: [30052080](#)
- Holway, Guiseppina, Rachel Donnelly, and Debra Umberson (2018). Health and Health Behavior Concordance between Spouses in Same-Sex and Different-Sex Marriages. *Social Currents* (4):319-327. <https://doi.org/10.1177/2329496517734570>
- Pollitt, Amanda, Brandon A. Robinson and Debra Umberson (2018). Gender Conformity, Perceptions of Shared Power, and Marital Quality in Same- and Different-Sex Marriages. *Gender and Society* 32(1):109-131. NIHMSID 923643
- Donnelly, Rachel, Debra Umberson and Rhiannon Kroeger (2018). Childhood Adversity, Daily Stress, and Marital Strain in Same-Sex and Different-Sex Marriages. *Journal of Family Issues* 39(7):2085-2106. NIHMSID 923644
- Umberson, Debra (2017). Black Deaths Matter: Race, Relationship Loss, and Effects on Survivors. *Journal of Health and Social Behavior* 58(4):405-420.
- Thomeer, Mieke, Rachel Donnelly, Debra Umberson and Corinne Reczek (2017). Planning for Future Care and the End of Life: A Qualitative Analysis of Gay, Lesbian, and Heterosexual Couples. *Journal of Health and Social Behavior* 58(4):473-487. PMCID: PMC5718053, NIHMSID: NIHMS923642, PMID: [29172768](#)
- Umberson, Debra, Julie Skalamera, Robert Crosnoe, Tetyana Pudrovska, Hui Liu, and Rachel Donnelly (2017). [Death of Family Members as an Overlooked Source of Racial Disadvantage in the United States](#). *Proceedings of the National Academy of Sciences USA* 114(5): 915-920. PMC5293066.
- Thomas, Patricia, Hui Liu, and Debra Umberson (2017). Family Relationships and Well-Being. *Innovations in Aging* 1(3):1-11.
- Holway, Guiseppina, Mieke Thomeer, and Debra Umberson (2017). Binge Drinking and Depression: The Influence of Romantic Partners in Young Adulthood. *Society and Mental Health* 7(1): 36-49. <https://doi.org/10.1177/2156869316674056> NIHMSID 902109
- Umberson, Debra, Corinne Reczek, Mieke Thomeer, Rachel Donnelly, and Rhiannon Kroeger (2017). Instrumental- and Emotion-Focused Care Work During Physical Health Events: Comparing Gay, Lesbian, and Heterosexual Marriages. *The Journals of Gerontology Series B: Psychological Sciences and Social Sciences* 72(3):498-509. DOI 10.1093/geronb/gbw133
- Umberson, Debra, Mieke Thomeer, Corinne Reczek, and Rachel Donnelly (2016). Physical Illness in Gay, Lesbian, and Heterosexual Marriages: Gendered Dyadic Experiences. *Journal of Health and Social Behavior* 57(4):517-531. PMCID: [PMC5123905](#)
- Reczek, Corinne and Debra Umberson (2016). Greedy Spouse, Needy Parent: The Marital Dynamics of Gay, Lesbian, and Heterosexual Caregivers. *Journal of Marriage and Family* 78:957-974. PMCID: [PMC5034933](#)
- Reczek, Corinne, Tetyana Pudrovska, Deborah Carr, Debra Umberson, and Mieke B. Thomeer (2016). Gendered Alcohol Trajectories across the Marital Biography. *Journal of Health and Social Behavior* 57:77-96. PMCID: [PMC4785832](#)
- Umberson, Debra, Mieke B. Thomeer, Kristi Williams, Patricia Thomas, and Hui Liu. (2016). Childhood Adversity and Men's Relationships in Adulthood: Life Course Processes and

- Racial Disadvantage. *The Journals of Gerontology Series B: Psychological Sciences and Social Sciences*. 71(5): 902-913. PMID 26589348
- Lodge, Amy C. and Debra Umberson (2016). Sexual Intimacy among Mid to Later Life Couples. Pp. 115-134 in *Couple Relationships in the Middle and Later Years*, edited by J. Bookwala. Washington, DC: American Psychological Association.
- Liu, Hui and Debra Umberson (2015). Gender, Stress in Childhood and Adulthood, and Trajectories of Change in Body Mass. *Social Science & Medicine* 139: 61-69. PMC4519422
- Thomeer, Mieke B., Corinne Reczek, and Debra Umberson (2015). Relationship Dynamics around Depression in Gay and Lesbian Couples. *Social Science & Medicine*, 147:38-46. **PMCID: [PMC4689633](#)**
- Thomeer, Mieke B., Corinne Reczek, and Debra Umberson (2015). Gendered Emotion Work around Physical Health Problems in Mid- and Later-life Marriages. *Journal of Aging Studies*, 32:12-22. **PMCID: [PMC4324498](#)**
- Umberson, Debra, Mieke B. Thomeer, Rhiannon Kroeger, Amy Lodge, and Minle Xu (2015). Challenges and Opportunities for Research on Same-Sex Relationships. *Journal of Marriage and Family*, 77:96-111. **PMCID: [PMC4294225](#)**
- Xu, Minle, Patricia Thomas, and Debra Umberson (2015). Marital Quality and Cognitive Limitations in Late Life. *The Journals of Gerontology Series B: Psychological Sciences and Social Sciences*. PMID: 25765315
- Umberson, Debra and Rhiannon Kroeger (2015). Gender, Marriage, and Health for Same-Sex and Different-Sex Couples: The Future Keeps Arriving. Pp. 189-213 in *Gender and Couple Relationships*, edited by A. Booth, V. King, Susan McHale, and J. Van Hook. NY: Springer Publishing.
- Umberson, Debra, Mieke B. Thomeer, and Amy C. Lodge (2015). Intimacy and Emotion Work in Lesbian, Gay, and Heterosexual Relationships. *Journal of Marriage and Family*, 77: 542-556. **PMCID: [PMC4370347](#)**
- Reczek, Corinne, Mieke B. Thomeer, Amy C. Lodge, Debra Umberson, and Megan Underhill (2014). Diet and Exercise in Parenthood: A Social Control Perspective. *Journal of Marriage and Family* 76: 1047-1062. **PMCID: [PMC4196423](#)**
- Umberson, Debra, Kristi Williams, Patricia Thomas, Hui Liu, and Mieke B. Thomeer (2014). Race, Gender, and Chains of Disadvantage: Childhood Adversity, Social Relationships, and Health. *Journal of Health and Social Behavior* 55:20-38. **PMCID: [PMC4193500](#)**
- Sasson, Isaac and Debra Umberson (2014). Widowhood and Depression: New Light on Gender Differences, Selection, and Psychological Adjustment. *The Journals of Gerontology Series B: Psychological Sciences and Social Sciences* 69(1):135-145. **PMCID: [PMC3894126](#)**
- Thomeer, Mieke, Tetyana Pudrovska and Debra Umberson (2013). Marital Processes around Depression: A Gendered Perspective. *Society and Mental Health* 3:151-169. **PMCID: [PMC4408555](#)**
- Recipient of the Best Mental Health Publication Award, Mental Health Section of the American Sociological Association, 2014.
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PAPERS PRESENTED AT PROFESSIONAL MEETINGS (SINCE 2010)

- Mernitz, Sara, Michael Garci, and Debra Umberson. Social Interaction and Depressive Symptoms: A Comparison of Mid-to-Later Life Same- and Different-Sex Couples. To be presented at the Gerontological Society of America Annual Meeting, Seattle, November, 2024.
- Chai, Hye Won, Susanna Joo, Jihye Lee, and Debra Umberson. Sexual Motives, Marital Quality, and Depressive Symptoms of Mid-Life Same- and Different-Sex Couples. Presented at the Annual Meeting of the Gerontological Society of America, Tampa, November, 2023.
- Phillips, C.S., Morris, S., Rodriguez, E., Woods, H., Hebdon, M., Choi, E., Morris, J., Morgan, B., Jorgensen, T., Ravandi, D., Moorjani, D., Kesler, S., Jones, B., and Umberson, D. Feasibility Study Examining Storytelling Through Music with Bereaved Parents of Children with Cancer. American Academy of Hospice and Palliative Medicine, State of the Science Conference, Phoenix, AZ, 2024.
- Chai, Hye Won, Wang, Yiwen, Hye Won Chai, Debra Umberson and Sara Mernitz. The Gendered Sexual Experiences and Marital Quality of Middle-Aged Same-Sex and Different-Sex Couples. Presented at the Annual Meeting of the American Sociological Association, Philadelphia, August, 2023.
- Umberson, Debra. Aging and Change in Marital Relationships: A Longitudinal Analysis of Same-Sex and Different-Sex Couples. Presented at the Ined/Population Research Center conference on Gender and Sexual Minority Families: Changes and Evolution, Austin, Texas, April, 2023.
- Umberson, Debra, Hye Won Chai, Yiwen Wang, Sara Mernitz and Dan Powers. Life Course Change in Sexual Experiences: A Comparison of Midlife Gay, Lesbian, and Straight Couples. Presented at the Annual Meeting of the Population Association of America, New Orleans, 2023.
- Almeida, David, Debra Umberson, Hye Won Chai, and Sara Mernitz. Double the Trouble: Stress Reactivity, Marital Satisfaction, and Marital Support in Same-Sex and Different-Sex Couples. Presented at the Annual Meeting of the Population Association of America, Atlanta, 2022.
- Cha, Hyungmin, Patricia A. Thomas, and Debra Umberson. Age Heals All Wounds? The Timing of Family Deaths and Cognitive Impairment at Later Life. Presented at the Annual Meeting of the Population Association of America, Atlanta, 2022.

- Donnelly, Rachel and Debra Umberson. Family Member Death, Social Isolation, and Cardiometabolic Health: Racial Disadvantage in the U.S. Presented at the Annual Meeting of the Population Association of America, Virtual Meeting, April 2021.
- Shartle, Kaitlin, Robert Hummer, and Debra Umberson. Close Family Member Deaths and Physical Health Among American Young Adults. Presented at the Annual Meeting of the Population Association of America, Virtual Meeting, April 2021
- Cha, Hyungmin, Patricia A Thomas, and Debra Umberson. Sibling Deaths across Mid-to-Late Life, Racial Disadvantage, and Dementia. Presented at the Annual Meeting of the Population Association of America, Virtual Meeting, April 2021.
- Garcia, Michael, Belinda Needham, Bridget Goosby, Debra Umberson, and Robert Hummer. Death of a Parent, and Cardiovascular Risk in Early Adulthood. Presented at the Annual Meeting of the Population Association of America, Virtual Meeting, April, 2021.
- Cha, Hyungmin, Patricia A Thomas, and Debra Umberson. Sibling Death in the Family and Dementia Risk. Presented at the Gerontological Society of America Annual Meeting. Virtual meeting. November 2020.
- Thomeer, Mieke, Amanda Pollitt, and Debra Umberson. Gendered Care Responses to a Spouse's Psychological Distress within Same-Sex and Different-Sex Couples. Accepted for the Annual Meeting of the American Sociological Association, San Francisco, 2020. Cancelled due to COVID.
- Pollitt, Amanda, Rachel Donnelly, Sara Mernitz and Debra Umberson. Differences in How Spouses Influence Each Other's Daily Alcohol Use in Same- and Different-Sex Marriages. Accepted for the Annual Meeting of the Population Association of America, Washington, DC, 2020. Cancelled due to COVID.
- Liu, Hui and Debra Umberson. Widowhood and Mortality across Gender and Race-Ethnicity. Accepted for the Annual Meeting of the Population Association of America, Washington, DC, 2020. Cancelled due to COVID.
- Umberson, Debra and Corinne Reczek. Dealing with a Distressed Spouse: Marital Dynamics in Same-Sex and Different-Sex Couples. Presented at the Annual Meeting of the Gerontological Society of America, Austin, November, 2019.
- Umberson, Debra, Matthew Farina, Minle Xu, and Michael Garcia. Race, Death of a Child, and Dementia Risk in the United States. Presented at the 2019 Meeting of the Society for Longitudinal and Life Course Studies, Potsdam.
- Umberson, Debra, Rachel Donnelly, Robert Hummer, and Michael Garcia. Death of a Child and Mortality Risk Over the Life Course: Racial Disadvantage in the U.S. Presented at the 2019 Meeting of REVES, Network on Health Expectancy, Barcelona.
- Mernitz, Sara, Amanda Pollitt, and Debra Umberson. Same-sex Marriage and Mental Health: The Role of Marital Quality. Presented at the Annual Meeting of the Population Association of America, Austin, 2019.
- Umberson, Debra, Rachel Donnelly, Matthew Farina, and Randi Saunders. Race, Life Course Exposure to Death of a Family Member, and Health. Presented at the Annual Meeting of the Gerontological Society of America, Boston, November, 2018.
- Umberson, Debra and Rachel Donnelly. Life Course Exposure to Death of a Child and Racial Disparities in U.S. Mortality Risk. Presented at the Annual Meeting of the Society for Longitudinal and Life Course Studies, Milan, July, 2018.

- Umberson, Debra, Amanda Pollitt and Sara Mernitz. Emotion Work and Psychological Well-Being: Gendered Dynamics in Same-Sex and Different-Sex Marital Dyads. Presented at the International Stress Conference, Athens, June, 2018.
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- Donnelly, Rachel, Brandon Robinson and Debra Umberson. Can Spouses Buffer the Impact of Discrimination on Depressive Symptoms? A Comparison of Same-Sex and Different-Sex Marriages. Presented at the Annual Meeting of the Population Association of America, 2018.
- Paine, Emily, Debra Umberson and Corinne Reczek. Sex in Midlife: Women's Sexual Experiences in Lesbian and Straight Marriages. Presented at the Annual Meeting of the Population Association of America, 2018.
- Umberson, Debra, Julie Olson and Robert Crosnoe. Black-White Differences in Death of Family Members from Childhood through Early Adulthood in the U.S.: Consequences for Psychological Distress and Depression. Presented at the Annual Meeting of the Southern Sociological Society, New Orleans, 2018.
- Olson, Julie Skalamera and Debra Umberson. Family Member Death and the Interplay of Race, Place, and Social Class. Presented at the 2017 Meeting of the Population Association of America, Chicago.
- Donnelly, Rachel, Debra Umberson and Tetyana Pudrovska. Race Differences in Family Death Exposure and Subjective Life Expectancy. Presented at the 2017 Meeting of the Population Association of America, Chicago.
- Paine, Emily, Debra Umberson and Corinne Reczek. Sexing the Midlife: Women's Experiences across Same-Sex and Different-Sex Couples. Presented at the 2016 Meeting of the Society for the Study of Social Problems, Seattle.
- Donnelly, Rachel and Debra Umberson. Childhood Stress, Daily Stress, and Marital Strain in Same-Sex and Different-Sex Marriages. Presented at the 2016 Annual Meeting of the Population Association of America, Washington, DC.
- Umberson, Debra, Corinne Reczek, Rachel Donnelly and Rhiannon Kroeger. Marriage, Social Control, and Health Behavior: Same-Sex and Different-Sex Unions. Presented at the 2015 Meeting of the Society for Longitudinal and Life Course Studies, Dublin.
- Umberson, Debra. Gender, Same-Sex Marriage, and Health. Presented in a Special Thematic Session on Sexual Minority Intimate Relationships and Health, at the 2015 Annual Meeting of the American Sociological Association, Chicago.
- Thomeer, Mieke, Debra Umberson, and Corinne Reczek. Depression in Same-Gender Couples. Presented at the 2015 Annual Meeting of the American Sociological Association, Chicago.
- Reczek, Corinne and Debra Umberson. Adult Children's Provision of Care to Later-Life Parents: How Gender and Sexuality Matter. Presented at the 2014 Annual Meeting of the Gerontological Society of America.
- Valle, Giuseppina and Debra Umberson. Psychological Distress and Binge Drinking: How Romantic Partners Influence Each Other in Early Adulthood. Presented at the 2014 Annual Meeting of the Southern Demographic Association.
- Valle, Giuseppina and Debra Umberson. Deviations from Age at First Marriage among Young Adults: Does Deviating Matter, To What Degree, and For Whom? Presented at the 2014 Annual Meeting of the Southern Demographic Association.

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- Umberson, Debra, Mieke Thomeer and Amy Lodge. Intimacy and Emotion Work in Same-Sex and Different-Sex Couples. Presented at the 2014 Annual Meeting of the American Sociological Association, San Francisco.
- Xu, Minle, Patricia Thomas and Debra Umberson. The Effects of Marital Quality on Cognitive Decline among Older Adults. Presented at the 2014 Annual Meeting of the American Sociological Association, San Francisco.
- Kroeger, Rhiannon A., and Debra J. Umberson. Marriage and Cohabitation among Young Adults Diagnosed with Attention-Deficit Hyperactivity Disorder. Presented at the 2014 Add Health User's Conference, Bethesda, MD.
- Umberson, Debra, Kristi Williams, Patricia Thomas, Hui Liu and Mieke Thomeer. Race, Gender, and Chains of Disadvantage: Childhood Adversity, Social Relationships, and Health. Presented at the 2014 International Conference on Social Stress Research, Vancouver.
- Kroeger, Rhianon and Debra Umberson. Blame it On My ADD: Experiences with Marriage, Cohabitation, and Relationship Satisfaction among Young Adults with Attention-Deficit Hyperactivity Disorder. Presented at the 2014 Annual Meeting of the Population Association of America, Boston.
- Umberson, Debra. Marriage and Health Care: Policy Implications for Same-sex Couples, in Presidential Symposium on Integrating a Family-Focus Into Health & Health Care: Implications Of Research For Policy & Practice. Presented at the 2012 Annual Meeting of the Gerontological Society of America, San Diego.
- Sasson, Isaac and Debra Umberson. Depression and Widowhood: New Light on Gender Differences, Selection, and Adaptation. Presented at the 2012 Annual Meeting of the Gerontological Society of America, San Diego.
- Reczek, Corinne, Mieke Thomeer, Debra Umberson and Megan Underhill. Food, Exercise, and Weight: The Lifelong Influence of Parenthood. Presented at the 2012 Annual Meeting of the Gerontological Society of America, San Diego.
- Reczek, Corinne, Deborah Carr and Debra Umberson. Marital Status, Marital Transitions, and Alcohol Use: A Mixed-methods Study. Presented at the 2012 Annual Meeting of the American Sociological Association, Denver.
- Umberson, Debra, Isaac Sasson, Hui Liu and Letisha Brown. Race, Stress, Eating Behavior, and Body Weight. Presented at the 2012 Annual Meeting of the Population Association of America, San Francisco.
- Umberson, Debra, Isaac Sasson, Patricia Thomas, Hui Liu and Mieke Thomeer. Widowhood and Health Trajectories: Race/Gender Intersection. Presented at the 2011 Annual Meeting of the Gerontological Society of America, Boston.
- Sasson, Isaac and Debra Umberson. Approaches to Modeling Self-rated Health in Longitudinal Studies. Presented at the 2011 Annual Meeting of the Southern Demographic Association, Tallahassee.
- Lodge, Amy and Debra Umberson. Age and Embodied Masculinities: Mid-life Gay and Heterosexual Men Talk about their Bodies. Presented at the 2011 Annual Meeting of the American Sociological Association, Las Vegas.
- Umberson, Debra and Jennifer K. Montez. Social Ties, Health, and Public Policy. Presented at the 2010 Annual Meeting of the American Sociological Association, Atlanta.
- Lodge, Amy and Debra Umberson. Shaken Masculinities and Femininities: Sexuality in Mid to Late Life Married Couples. Presented at the 2010 Annual Meeting of the American Sociological Association, Atlanta.

INVITED LECTURES AND KEYNOTES (SINCE 2010)

- University of California, Santa Barbara, Broom Demography Center (to be presented June 2024)
- University of Maryland, Annual Rosenberg Lecture, Department of Sociology (October 2023)
- Office of the Vice President for Research, University of Texas, Strategic Advice from NIH Study Section Reviewers (September 2023)
- Gerontological Society of America, Panel on Advice for Mid-Career Researchers (September 2023)
- University of Wisconsin, Department of Sociology (March 2022)
- National Institute on Aging, Research Centers Collaborative Network (RCCN), Aging, Race, and Health Disparities (June 2022)
- Syracuse University, Center for Aging and Policy Studies, (February 2021)
- Cornell University Center for the Study of Inequality, Keynote Address (November 2018)
- University of Minnesota Population Center (October 2018)
- American Sociological Association, Is the Sociology of Mental Health at a Crossroads? (August 2018)
- Harvard University, Center for Population and Development Studies, (November 2017)
- University of Pennsylvania, Population Studies Center (October 2017)
- Indiana University, Public Sociology Forum Speaker (September 2017)
- National Institute on Aging, The National Advisory Council on Aging's (NACA) Task Force on Minority Aging and Health Disparities Research (September 2017)
- University of North Carolina, Annual Doris Selo Memorial Lecture, Department of Sociology (March 2017)
- Johns Hopkins University, Department of Sociology and Hopkins Population Center, (2016)
- American Sociological Association, Keynote Address, Leonard I. Pearlin Award for Distinguished Contributions to the Sociological Study of Mental Health (August 2016)
- American Sociological Association, thematic session One Year after Obergefell v. Hodges: The Case of Marriage Equality (August 2016)
- American Sociological Association, Matilda White Riley Distinguished Scholar Award Lecture, Section on Aging and the Life Course (August 2016)
- International Conference on Social Stress Research, Keynote Address, Gender and Illness-Related Stress: What We Can Learn from Same-Sex Marriages (2016)
- Southern Demographic Association, Keynote Address (October 2015)
- Robert Wood Johnson Foundation, Annual Health Policy Investigators Meeting (September 2015)
- Pennsylvania State University, 22nd Annual Symposium on Family Issues (2014)
- University of Michigan, Ann Arbor, Symposium in Honor of James S. House (2014)
- Brown University, Department of Sociology (2014)
- Bowling Green State University, Center for Family and Demographic Research (2014)
- Vanderbilt University, Celebrating 80 Years of Sociology (2014)
- Rice University, Kinder Institute for Urban Research, Urban Health Program. Same-Sex Marriage and Health (2013)
- Robert Wood Johnson Foundation, Annual Health Policy Investigators Meeting (2012)
- United States Census, Census Scholars Program (2012)

- American Sociological Association, Professional Workshop, ASA Editors Offer Insights and Advice on Writing and Submitting Articles (2012)
- University of Washington, Social Inequality and Health, sponsored by the National Institutes of Health (2011)

EDITORIAL SERVICE (SINCE 2010)

Editorial Board	<i>Annual Review of Sociology</i> (2025-2029)
Reviewer (2012-present)	<i>American Sociological Review</i> ; <i>Journal of Health and Social Behavior</i> ; <i>Journal of Marriage and Family</i> ; <i>Demography</i> ; <i>Journal of Health, Health Politics, Policy and Law</i> ; <i>Journal of the American Medical Association—Psychiatry</i>
Editor-in-Chief:	<i>Journal of Health and Social Behavior</i> (2011-2013)
Deputy Editor:	<i>Demography</i> (2019-2021) <i>Journal of Health and Social Behavior</i> (1993-1997)

PROFESSIONAL SERVICE (SINCE 2010)

GRANT REVIEWS

- Special Emphasis Panel, National Institute on Aging (ZAG1 XIJ-9), Behavioral and Social Research Networks, (2/2024)
- Standing Member, NIH Social Sciences and Population Studies-B (SSPB) study section (2020-2022)
- Special Emphasis Panel, Population Dynamics Centers Research Infrastructure FY 2016 (P2C), National Institute of Child Health and Human Development, National Institutes of Health (4/2016)
- Special Emphasis Panel (ZAG1), National Institute on Aging, National Institutes of Health (3/2016)
- National Institute on Child Health and Human Development, Social Science and Population Studies (2014)
- Special Emphasis Panel (ZAG1), National Institute on Aging, National Institutes of Health (7/2015)
- National Institute on Aging, Behavior and Social Science of Aging Review Committee (2010)

NATIONAL ACADEMIES OF SCIENCES SERVICE

- Organizer and Chair, Understanding the Well-being of LGBTQI+ Populations: Findings from a New National Academies of Science, Engineering, and Medicine Report. Report presented at the Population Association of America Annual Meeting (2021)
- National Academy of Sciences, Consensus Panel on Understanding the Status and Well-Being of Sexual and Gender Minority Populations (2019-20). Final report: National Academies of Sciences, Engineering, and Medicine. 2020. *Understanding the Well-Being of LGBTQI+ Populations*. Washington, DC: The National Academies Press. <https://doi.org/10.17226/25877>
- Report to the National Academies of Sciences, Engineering, and Medicine. Mobile technologies and social connection in late life, by Karen L. Fingerman, Kira S. Birditt, and Debra Umberson. In *Mobile Technology for Adaptive Aging: Proceedings of a Workshop*. Washington, DC: The National Academies Press. (2020) <https://doi.org/10.17226/25878>

- Commentary, National Academy of Medicine, Washington, DC. Payne, J. L., D. Umberson, and E. Kellogg. Maternal Mental Health: Where Should Our Research and Policy Priorities Be? NAM Perspectives. (2020) <https://doi.org/10.31478/202011g>
- National Academies of Sciences, Board on Population Health and Public Health Practice, Assessing the Impact of Child Death and Needs of Bereaved Families. Presentation: Death of a Child: Extent of the Problem and Estimating Burden. Washington DC, October 2018.
- Chair, National Academy of Sciences, Committee on Population's Workshop on Women's Mental Health (2017-2018)

PROFESSIONAL ASSOCIATION SERVICE

- Chair, Gerontological Society of America Program Committee, Behavioral & Social Sciences Section (2021)
- Committee Member, Gerontological Society of America, Publications, Programs, and Products Committee (2021)
- Chair, Gerontological Society of America, Behavioral & Social Sciences Section (2020-22)
- Organizer and Moderator, The Unequal Burden of Bereavement. Interdisciplinary Association for Population Health Science Annual Meeting (2021)
- Chair, Awards Committee, Interdisciplinary Association for Population Health Science, (2021-2022)
- Chair, Behavioral and Social Sciences Section, Gerontological Society of America, (2020-2022)
- Publications Committee, American Sociological Association (2019-2020)
- Awards Committee, Interdisciplinary Association for Population Health, J. Michael McGinnis Leadership Excellence Award (2020)
- Organizer, Population Association of America, Demography of Mental Health (2018)
- Organizer, Population Association of America Session on Sexual Identity, Behavior and Health (2017)
- Program Committee, Population Association of America (2017)
- Poster Judge, Family Demography. Population Association of America (2017)
- Chair, Goode Book Award Committee, American Sociological Association Section on Family (2016)
- Population Association of America Early Achievement Award Committee (2014-2016)
- Chair, Section on Population, Roundtable on The Academic Job Search. Annual Meeting of the American Sociological Association (2015)
- Poster Judge, Marriage, Unions, Families, and Households. Population Association of America (2015)
- Distinguished Career Award Committee, Family Section of the American Sociological Association (2014)
- Gerontological Society of America, Search Committee for Editor-In-Chief, *Journal of Gerontology: Social Sciences* (2014)
- American Sociological Association, Section on Aging and the Life Course, Outstanding Publication Award Committee (2014)
- Distinguished Career Award Committee, American Sociological Association, Family Section (2014)
- Program Committee for the Annual Meeting of the Gerontological Society of America, Behavioral and Social Sciences (2014)

- Discussant, Population Association of America Session on LGBTQ Population in Families and Households (2014)
- Organizer, Family, Health, and Well-being Sessions, Annual Meeting of the Population Association of America (2014)
- Organizer, Austin Summit on LGBT Families (2013)
- Invited Mentor, Robert Wood Johnson Foundation, New Connections: Increasing Diversity of RWJF Programming (2013)
- Matilda White Riley Distinguished Scholar Award Committee, American Sociological Association Section on Aging and the Life Course (2012)
- Session Chair, Marriage, Health, and Coping. Annual Meeting of the Gerontological Society of America (2012)
- Chair, ASA Section on Aging and the Life Course Graduate Student Paper Award Committee (2011)
- Session Chair, Personal and Social Adaptation in Widowhood, Gerontological Society of America (2011)
- Organizer, Section on Aging and the Life Course, Roundtable sessions, American Sociological Association (2010)

POLICY ENGAGEMENT-RESEARCH BRIEFS

- Umberson, D. and R.E. Donnelly (2022). [The Unequal Burden of Child Death Adds to Disadvantage in Psychological Distress for Black and Hispanic Parents](#). *CAPS Research Brief 1*(1).
- Umberson, D., Thomeer, M.B., Pollitt, A.M & Mernitz, S.E. (2020). [Emotion work exacts a psychological toll on the emotion worker in both same-sex and different-sex marriages, but the toll is highest when the spouse is a depressed man](#). *PRC Research Brief 5*(7).
- Fingerman, K.L., Huo, M., Charles, S.T., & Umberson, D.J. (2019). [When Older People Interact with Weak Social Ties, They Get Up and Move](#). *PRC Research Brief 4*(5).
- Umberson, D., Donnelly, R. & Pollitt, A. (2018). [How spouses influence each other's health habits in same-sex compared to different-sex marriages](#). *PRC Research Brief 3*(11).
- Thomeer, M.B., Donnelly, R., Reczek, C. & Umberson, D. (2018). [Same-sex Couples Devote More Attention to End-of-Life Plans than Heterosexual Couples](#). *PRC Research Brief 3*(8). DOI: 10.15781/T2RF5KZ8Q.
- Umberson, D. (2018). Black Deaths Matter: A Conceptual Framework for Understanding Racial Disparities in Relationship Loss and Health. *PRC Research Brief 3*(1). DOI: 10.15781/T2K06XH6D.
- Pollitt, A. M., Robinson, B. A., & Umberson, D. (2017). [Perceptions of Shared Power, Gender Conformity, and Marital Quality in Same- and Different-Sex Marriages](#). *PRC Research Brief 2*(16).
- Umberson, D., Thomeer, M. B., Reczek, C., Donnelly, R., & Kroeger, R. A. (2017). [Do Gay, Lesbian, and Heterosexual Spouses Differ in the Ways They Care for Each Other During Physical Illness?](#) *PRC Research Brief 2*(4). <https://doi.org/10.15781/T2VQ2SG4J>
- Umberson, D. (2017). [How Losing Family Members Earlier than Expected Adds to Racial Disadvantage for U.S. Blacks](#). *PRC Research Brief 2*(1).

SELECTED MEDIA ENGAGEMENT

The Atlantic, British Broadcasting Corporation, Cable News Network (CNN), Calcutta Telegraph, Contexts/The Society Page, Huffington Post, Kaiser Health, Men's Health Magazine, National Public Radio, NBC News, New York Times, Scientific American, Population Reference Bureau, Reuters, Slate Magazine, Psychology Today, Science Daily, US News & World Report, Wall Street Journal, Washington Post, Yahoo News

TEACHING EXPERIENCE

UNIVERSITY OF TEXAS AT AUSTIN

Undergraduate Courses: Health and Society; Research Methods; Sociology of Health and Illness; Marriage and the Family; Death and Dying

Graduate Courses: Training Seminar in Demography; Health and Illness; Fundamentals of Research Methods; Gender and Health; Gender, Family and Social Control; Writing and Publishing in Academic Journals; The Family Life Course, Gender and Relationships; Social Psychology of Death and Dying

UNIVERSITY OF MICHIGAN

Undergraduate Course: Medical Sociology

VANDERBILT UNIVERSITY

Undergraduate Courses: Social Problems, Crime and Delinquency