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VITA
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EDUCATION:

Ph.D.	1985, Sociology, Vanderbilt University
M.A.	1983, Sociology, Vanderbilt University
M.S.W.	1981, Social Work, University of Arkansas at Little Rock
B.A.	1980, Gerontology, University of Arkansas at Little Rock,

PROFESSIONAL POSITIONS:

Current	University of Texas at Austin, Professor of Sociology (from 1996) Director, Center on Aging & Population Sciences (from 2020) Associate Director, Texas Aging and Longevity Center (from 2018)
2015-Present	Centennial Commission Professorship in Liberal Arts #1 Courtesy Appointment, School of Social Work Faculty Fellow, Center for Health and Social Policy, LBJ School of Public Affairs
2015-2020	Director, Population Research Center, University of Texas at Austin
2000-2006	Chair, Department of Sociology, University of Texas at Austin (on leave 2004-2005)
1992-1996	Associate Professor of Sociology; Research Associate, Population Research Center, University of Texas at Austin
1988-1992	Assistant Professor of Sociology; Research Associate, Population Research Center, University of Texas at Austin
1986-1988	NIMH Postdoctoral Research Fellow, Institute for Social Research, University of Michigan, Ann Arbor

SHORT-TERM APPOINTMENTS

1993, Summer	Visiting Professor, Department of Health and Social Behavior, School of Public Health, Harvard University
1991, Summer	Visiting Professor, Department of Psychology, University of British Columbia
1986	Adjunct Assistant Professor, Department of Sociology, University of Michigan, Ann Arbor
1985-86	Visiting Scholar in Adult Development, University of Michigan, Ann Arbor

RESEARCH AND TEACHING INTERESTS:

Population Health: Health Disparities; Health Behavior; Structural Determinants of Mental and Physical Health; Sexual Minority Health, Social Ties and Social Isolation

Family and Gender: Gender and Relationships; Same-Sex Couples; Marital Status, Family Status, and Health; Relationship Quality and Health; Intergenerational Relationships; Race, Family and Bereavement

Aging and the Life Course: Psychosocial Epidemiology across the Life Course; Aging and Family; Marriage and Intimate Partnerships

AWARDS AND HONORS

2020 Leo G. Reeder Award for Distinguished Contributions to Medical Sociology, American Sociological Association Section on Medical Sociology

2020 American Sociological Association Family Section Distinguished Career Award

2016 Leonard I. Pearlin Award for Distinguished Contributions to the Sociological Study of Mental Health, American Sociological Association Section on Sociology of Mental Health

2015 Matilda White Riley Distinguished Scholar Award, American Sociological Association Section on Aging and the Life Course

Investigator Award, Robert Wood Johnson Foundation, Program on Health Policy Research, 2012-2016

Centennial Commission Professorship in Liberal Arts #1, 2016-present.

2014 Highly Cited Researcher, Social Sciences, Thomson-Reuters

<http://sciencewatch.com/sites/sw/files/sw-article/media/worlds-most-influential-scientific-minds-2014.pdf>

Christie and Stanley E. Adams, Jr. Centennial Professorship in Liberal Arts, 2009-2016

Best Mental Health Publication Award, from the Mental Health Section of the American Sociological Association, 2014. For the 2013 article, "Marital Processes around Depression: A Gendered Perspective," by Mieke Thomeer, Tetyana Pudrovska, and Debra Umberson, published in *Society and Mental Health*.

Elected Fellow, Gerontological Society of America, 2011

Elected Member, Sociological Research Association, 2008

Designated "Highly Cited Researcher" in the Social Sciences, by Institute for Scientific Information (ISI) (www.ISIHighlyCited.com), 2007

Faculty Research Award, The University of Texas, Austin, 1995, 2000, 2005, 2011

College of Liberal Arts, Dean's Fellow, University of Texas at Austin, 2004

First Independent Research Support and Transition (FIRST) Award, National Institute on Aging, 1990-95

Noted Scholars Programme, University of British Columbia, 1991

National Research Service Award, National Institute on Aging, 1987-89

American Sociological Association, Medical Sociology Section Dissertation Award, 1987

EDITOR-IN-CHIEF: *Journal of Health and Social Behavior*, 2011-2013

EXTERNAL FUNDING

- Center on Demography and Economics of Aging*. P30AG066614, National Institute on Aging, National Institutes of Health, 2020-2025, \$2,933,765, **Principal Investigator**.
- Center on Demography and Economics of Aging*. P30AG066589, National Institute on Aging, National Institutes of Health, 2020-2025, \$4.1M, **Co-Investigator**.
- National Institute on Aging, National Institutes of Health, *Race/Ethnic Differences in Life Course Exposure to Death: Consequences for Health*, R01 AG054624, 2018-2021, \$1,278,323. **Principal Investigator**.
- National Institute on Aging, Administrative Supplement to *Race/Ethnic Differences in Life Course Exposure to Death: Consequences for Health* 3R01AG054624-01A1S1, 2018, \$287,498, **Principal Investigator**.
- Population Research Center*. P2CHD042849, National Institute of Child Health and Human Development, National Institutes of Health, 2017-2022, \$2,931,565. **Principal Investigator**.
- National Institute on Alcohol Abuse and Alcoholism, National Institutes of Health, *Impact of Marital Quality and Alcohol Use on Health in Diverse Marriages*, Postdoctoral Training Award for Amanda Pollitt, F32AA025814, 2017-2020, \$56,334. **Sponsor**.
- National Science Foundation. Contextualizing Diseases of Despair: Individual, Family, and State Factors. Doctoral Dissertation Research Award for Rachel E. Donnelly, Proposal No. 1802628, 2018-2019, \$11,999. **Sponsor**.
- National Science Foundation. *Minority Population Experiences of Healthcare*. Doctoral Dissertation Research Award for Emily A. Paine, Proposal No. SES-1702672, 2017-2018. \$11,996. **Sponsor**.
- National Institute on Aging, National Institutes of Health, *Social Networks and Well-being in Late Life: A Study of Daily Mechanisms* (PI: Karen Fingerma), R01AG046460, 2015-2020, \$2,438,341. **Co-Investigator**.
- Population Research Center*. R24 HD42849, National Institute of Child Health and Human Development, National Institutes of Health, 2012-2017. **Principal Investigator**: Mark D. Hayward, 7/1/12-8/31/15; Debra Umberson, 9/1/2016-6/30/17, \$3,189,719,
- National Science Foundation. *Youth Homelessness: Street Kids in the Urban South*. Doctoral Dissertation Research Award for Brandon A. Robinson, Proposal No. 1602847, \$10,741, 2016-2017. **Sponsor**.
- National Institute on Aging, National Institutes of Health. *Relationships and Health: Comparing Union Types*, R21AG044585, \$427,624, 9/2013-7/2017 (in NCE). **Principal Investigator**.
- Robert Wood Johnson Foundation. *Marriage, Gender and Health in Lesbian, Gay and Heterosexual Couples*, \$334,800, 6/2012-5/2016. **Principal Investigator**.
- National Institute of Child Health and Human Development, National Institutes of Health. *Socioeconomic Status, Intimate Unions, and Health*, F32HD072616, Postdoctoral Training Award for Rhiannon Kroeger, \$148,518, 9/2012-8/2015. **Sponsor**.
- National Institute of Nursing Research, National Institutes of Health. *Health Disparities among Mexican American Women with Disabilities* (PI: Tracie Harrison), R01NRO10360, \$1,338,165, 4/2008-4/2012. **Co-Investigator**.
- National Institute on Aging, National Institutes of Health. *Social Ties and Health Behavior over the Life Course*, R01 AG026613, \$1,300,000, 5/06-5/12. **Principal Investigator**.
- National Institute on Aging, National Institutes of Health. *Marital Quality and Health Over the Life Course*, R01 AG17455, \$668,720, 9/1/00-8/31/05. **Principal Investigator**.

The Hogg Foundation for Mental Health. *Psychosocial Issues of Control and their Link to Domestic Violence*, \$53,842, 6/1/95-8/31/98. **Principal Investigator.**

National Institute on Aging, National Institutes of Health. *Death of a Parent: Impact on Adult Children and Families*, FIRST Award R29 AG08554, \$349,893, 6/1/90-5/31/95. **Principal Investigator.**

The Hogg Foundation for Mental Health. *Noncustodial Parenting and Fathers' Mental Health*, \$8,225, 8/1/90-11/30/91. **Co-Principal Investigator** with Christine Williams.

National Institute on Aging, National Institutes of Health. *Social Integration, Health Behaviors and Health in Later Life*. National Research Service Award 5-F32 AG05440, \$45,000, 9/87-8/89. **Principal Investigator.**

ELECTED POSITIONS

- Elected Chair, Behavioral and Social Sciences Section, Gerontological Society of America, 2020-2024 (2020 Vice Chair Elect, 2021 Vice Chair, 2022 Chair, 2023 Past Chair)
- Publications Committee, American Sociological Association, 2019-2021
- Vice President, Association of Population Centers, 2018-2020
- Chair, Medical Sociology Section of the American Sociological Association of America, 2015-17
- Chair, Family Section of the American Sociological Association, 2014-16
- Behavioral and Social Sciences Committee Member-At-Large, Gerontological Society of America, 2011-2013
- Council Member, American Sociological Association, Section on Aging and the Life Course, 2009-2011
- Committee on Committees, American Sociological Association, 2005-2007
- Chair, Mental Health Section of the American Sociological Association, 2006-2007
- Council Member at Large, Medical Sociology Section of the American Sociological Association, 2001-2003
- Secretary/Treasurer, Mental Health Section of the American Sociological Association, 1999-2002
- Council Member at Large, Medical Sociology Section of the American Sociological Association, 1996-1998
- Council Member at Large, Family Section of the American Sociological Association, 1996-98 term.

RESEARCH BRIEFS

Umberson, D., Thomeer, M.B., Pollitt, A.M & Mernitz, S.E. (2020). [Emotion work exacts a psychological toll on the emotion worker in both same-sex and different-sex marriages, but the toll is highest when the spouse is a depressed man](#). *PRC Research Brief* 5(7). DOI: 10.26153/tsw/9563

Fingerman, K.L., Huo, M., Charles, S.T., & Umberson, D.J. (2019). [When Older People Interact with Weak Social Ties, They Get Up and Move](#). *PRC Research Brief* 4(5). DOI: [10.26153/tsw/2146](#).

Umberson, D., Donnelly, R. & Pollitt, A. (2018). [How spouses influence each other's health habits in same-sex compared to different-sex marriages](#). *PRC Research Brief* 3(11). DOI:10.15781/T2X63BQ44.

- Thomeer, M.B., Donnelly, R., Reczek, C. & Umberson, D. (2018). [Same-sex Couples Devote More Attention to End-of-Life Plans than Heterosexual Couples](#). *PRC Research Brief* 3(8). DOI: 10.15781/T2RF5KZ8Q.
- Umberson, D. (2018). [Black Deaths Matter: A Conceptual Framework for Understanding Racial Disparities in Relationship Loss and Health](#). *PRC Research Brief* 3(1). DOI: 10.15781/T2K06XH6D.
- Pollitt, A. M., Robinson, B. A., & Umberson, D. (2017). [Perceptions of Shared Power, Gender Conformity, and Marital Quality in Same- and Different-Sex Marriages](#). *PRC Research Brief* 2(16). DOI: 10.15781/T2H41K36R.
- Umberson, D., Thomeer, M. B., Reczek, C., Donnelly, R., & Kroeger, R. A. (2017). [Do Gay, Lesbian, and Heterosexual Spouses Differ in the Ways They Care for Each Other During Physical Illness?](#) *PRC Research Brief* 2(4). <https://doi.org/10.15781/T2VQ2SG4J>
- Umberson, D. (2017). [How Losing Family Members Earlier than Expected Adds to Racial Disadvantage for U.S. Blacks](#). *PRC Research Brief* 2(1). <https://doi.org/10.15781/T2N29PC1R>

PUBLICATIONS:

Book

Death of a Parent: Transition to a New Adult Identity (2003). Cambridge University Press. Paperback issued 2006. UK edition released 2007. Turkish edition released 2010.

Articles and Chapters (*articles in peer-reviewed journals)

- *Zheng, Jason, Talia Morstead, Nancy Sin, Patrick Klaiber, Debra Umberson, and Anita DeLongis (forthcoming). Psychological Distress in North America during Covid-19: The Role of Pandemic-Related Stressors. *Social Science & Medicine*.
- *Kim, Yijung, Kyungmin Kim, Karen Fingerman, and Debra Umberson (forthcoming). Racial Differences in Early Parental Death, Midlife Life Problems, and Relationship Strain With Adult Children. *Journal of Gerontology: Social Sciences*.
- *Umberson, Debra, Mieke Thomeer, Amanda Pollitt, and Sara Mernitz (2020). The Psychological Toll of Emotion Work in Same-Sex and Different-Sex Marital Dyads. *Journal of Marriage and Family* 82(4):1141-1158. <https://doi.org/10.1111/jomf.12686>
- *Pollitt, Amanda, Rachel Donnelly, Sara Mernitz, and Debra Umberson (2020). Differences in how Spouses Influence Each Other's Alcohol Use in Same- and Different-Sex Marriages: A Daily Diary Study. *Social Science & Medicine*. <https://doi.org/10.1016/j.socscimed.2020.113398>
- *Liu, Hui, Debra Umberson, and Minle Xu (2020). Widowhood and Mortality: [Gender, Race/Ethnicity, and the Role of Economic Resources](#). *Annals of Epidemiology* 45:69-75. <https://doi.org/10.1016/j.annepidem.2020.02.006>
- *Thomeer, Mieke, Debra Umberson, and Corinne Reczek (2020). The Gender-as-Relational Approach for Theorizing about Romantic Relationships of Sexual and Gender Diverse Mid-to Later-life Adults. *Journal of Family Theory and Review* 12:220-237. <https://doi.org/10.1111/jftr.12368>
- *Fingerman, Karen L., Birditt, Kira S., and Umberson, Debra. (2020). *Mobile technologies and social connection in late life*. The National Academies of Sciences, Engineering, and Medicine. Mobile Technology for Adaptive Aging: Proceedings of a Workshop. Washington, DC: The National Academies Press. <https://doi.org/10.17226/25878>
- *Donnelly, Rachel, Debra Umberson, Robert Hummer, and Michael A. Garcia (2020). Race, Death of a Child, and Mortality Risk among Aging Parents in the United States. *Social Science &*

- Medicine* V. 249. PMID: PMC7423689 (available on 2021-08-13).
DOI: [10.1016/j.socscimed.2020.112853](https://doi.org/10.1016/j.socscimed.2020.112853)
- *Donnelly, Rachel, Debra Umberson and Tetyana Pudrovska (2020). [Family Member Death and Subjective Life Expectancy among Black and White Older Adults](#). *Journal of Aging and Health* 32(3-4):143-153. PMID: 30451061, PMID: [PMC6525659](https://pubmed.ncbi.nlm.nih.gov/30451061/)
- *Umberson, Debra and Mieke Thomeer (2020). [Family Matters: Research on Family Ties and Health, 2010-2020](#). *Journal of Marriage & Family* 82, 404-419.
- *Thomeer, Mieke, Elaine Hernandez, Patricia Thomas, and Debra Umberson (2019). [Influence of Social Connections on Smoking Behavior across the Life Course](#). *Advances in Life Course Research* 42. <https://doi.org/10.31235/osf.io/cy5p2>
- *Kroeger, Rhiannon A., Debra Umberson, Daniel A. Powers, and Danequa Forrest (2019). [The Effects of Family Transitions on Depressive Symptoms: Differences among Young Adults with and without Childhood Symptoms of Attention-Deficit/Hyperactivity Disorder](#). *Society and Mental Health*. <https://doi.org/10.1177/2156869319859402>
- Pollitt, Amanda M., Corinne Reczek, and Debra Umberson (2019). LGBTQ-Parent Families and Health. Pp. 125-42 in Abbie E. Goldberg & Katherine R. Allen (Editors), *LGBTQ-Parent Families: Innovations in Research and Implications for Practice*, 2nd Edition. Springer.
- *Umberson, Debra, Rachel Donnelly, Minle Xu, Matthew Farina, and Michael A. Garcia (2019, online first). Death of a Child Prior to Midlife, Dementia Risk, and Racial Disparities, *The Journals of Gerontology: Series B*, gbz154, <https://doi.org/10.1093/geronb/gbz154>
- Mernitz, S. E., Pollitt, A. M., & Umberson, D. (2019). Same-sex Marriage and Mental Health: The Role of Marital Quality. In H. Liu, C. Reczek, & L. Wilkinson (Eds.), *Marriage and Health: The Well-Being of Same-Sex Couples* (pp. 216-228). New Jersey: Rutgers University Press.
- *Donnelly, Rachel, Brandon A. Robinson, and Debra Umberson (2019). [Can Spouses Buffer the Impact of Discrimination on Depressive Symptoms? An Examination of Same-sex and Different-sex Marriages](#). *Society and Mental Health*, 9(2), 192-210.
<https://doi.org/10.1177/2156869318800157>
- *Reczek, Corinne, Mieke Thomeer, Lauren Gebhardt-Kram, and Debra Umberson. (2019). [“Go See Somebody”: How Spouses Promote Mental Health Care](#). *Society and Mental Health*.
<https://doi.org/10.1177/2156869319834335>
- *Fingerman, Karen L., Huo Meng, Susan T. Charles and Debra Umberson (2019). [Variety is the Spice of Late Life: Social Integration and Daily Activity](#). *Journal of Gerontology: Social Sciences*. PMID: 30783671, DOI: [10.1093/geronb/gbz007](https://doi.org/10.1093/geronb/gbz007)
- *Behler, Rachel, Rachel Donnelly and Debra Umberson (2019). [Psychological Distress Transmission in Same-Sex and Different-Sex Marriages](#). *Journal of Health and Social Behavior* 60(1):18-35. PMID: [PMC6386620](https://pubmed.ncbi.nlm.nih.gov/30451061/), DOI: [10.1177/0022146518813097](https://doi.org/10.1177/0022146518813097)
- *Garcia, Michael and Debra Umberson (2019). Marital Strain and Psychological Distress in Same-Sex and Different-Sex Couples. *Journal of Marriage and Family* 81:1253-1268.
- *Paine, Emily, Debra Umberson and Corinne Reczek (2019). Sex in Midlife: Women’s Sexual Experiences in Lesbian and Straight Marriages. *Journal of Marriage and Family* 81(1): 7-23.
- Donnelly, Rachel, Corinne Reczek, and Debra Umberson (2018). What We Know (And Don’t Know) About the Bereavement Experiences of Same-Sex Spouses. In Abbie E. Goldberg and Adam Romero (Editors), *LGBTQ Divorce and Relationship Dissolution: Psychological and Legal Perspectives and Implications for Practice*. Oxford University Press.
- *Reczek, Corinne, Alex Kissling, Lauren E. Gebhardt-Kram, and Debra Umberson (2018). Healthcare Work in Marriage: How Gay, Lesbian, and Heterosexual Spouses Encourage and Coerce Medical Care. *Journal of Health and Social Behavior* 59(4):554-568.

- *Umberson, Debra, Rachel Donnelly and Amanda Pollitt (2018). [Marriage, Social Control, and Health Behavior: A Dyadic Analysis of Same-Sex and Different-Sex Couples](#). *Journal of Health and Social Behavior* 59(3):429-446. PMID: [30052080](#)
- *Holway, Guiseppina, Rachel Donnelly, and Debra Umberson (2018). "Health and Health Behavior Concordance between Spouses in Same-Sex and Different-Sex Marriages." *Social Currents* (4):319-327. <https://doi.org/10.1177/2329496517734570>
- *Pollitt, Amanda, Brandon A. Robinson and Debra Umberson (2018). "Gender Conformity, Perceptions of Shared Power, and Marital Quality in Same- and Different-Sex Marriages." *Gender and Society* 32(1):109-131. NIHMSID 923643
- *Donnelly, Rachel, Debra Umberson and Rhiannon Kroeger (2018). "Childhood Adversity, Daily Stress, and Marital Strain in Same-Sex and Different-Sex Marriages." *Journal of Family Issues* 39(7):2085-2106. NIHMSID 923644
- *Umberson, Debra (2017). "Black Deaths Matter: Race, Relationship Loss, and Effects on Survivors." *Journal of Health and Social Behavior* 58(4):405-420.
- *Thomeer, Mieke, Rachel Donnelly, Debra Umberson and Corinne Reczek (2017). "Planning for Future Care and the End of Life: A Qualitative Analysis of Gay, Lesbian, and Heterosexual Couples." *Journal of Health and Social Behavior* 58(4):473-487. PMCID: PMC5718053, NIHMSID: NIHMS923642, PMID: [29172768](#)
- *Umberson, Debra, Julie Skalamera, Robert Crosnoe, Tetyana Pudrovska, Hui Liu, and Rachel Donnelly (2017). "[Death of Family Members as an Overlooked Source of Racial Disadvantage in the United States](#)." *Proceedings of the National Academy of Sciences USA* 114(5): 915-920. PMC5293066.
- *Thomas, Patricia, Hui Liu, and Debra Umberson (2017). "Family Relationships and Well-Being." *Innovations in Aging* 1(3):1-11.
- *Holway, Guiseppina, Mieke Thomeer, and Debra Umberson (2017). "Binge Drinking and Depression: The Influence of Romantic Partners in Young Adulthood." *Society and Mental Health* 7(1): 36-49. <https://doi.org/10.1177/2156869316674056> NIHMSID 902109
- *Umberson, Debra, Corinne Reczek, Mieke Thomeer, Rachel Donnelly, and Rhiannon Kroeger (2017). "Instrumental- and Emotion-Focused Care Work During Physical Health Events: Comparing Gay, Lesbian, and Heterosexual Marriages." *The Journals of Gerontology Series B: Psychological Sciences and Social Sciences* 72(3):498-509. DOI 10.1093/geronb/gbw133
- *Umberson, Debra, Mieke Thomeer, Corinne Reczek, and Rachel Donnelly (2016). "Physical Illness in Gay, Lesbian, and Heterosexual Marriages: Gendered Dyadic Experiences." *Journal of Health and Social Behavior* 57(4):517-531. PMCID: [PMC5123905](#)
- *Reczek, Corinne and Debra Umberson (2016). "Greedy Spouse, Needy Parent: The Marital Dynamics of Gay, Lesbian, and Heterosexual Caregivers." *Journal of Marriage and Family* 78:957-974. PMCID: [PMC5034933](#)
- *Reczek, Corinne, Tetyana Pudrovska, Deborah Carr, Debra Umberson, and Mieke B. Thomeer (2016). "Gendered Alcohol Trajectories across the Marital Biography." *Journal of Health and Social Behavior* 57:77-96. PMCID: [PMC4785832](#)
- *Umberson, Debra, Mieke B. Thomeer, Kristi Williams, Patricia Thomas, and Hui Liu. (2016). "Childhood Adversity and Men's Relationships in Adulthood: Life Course Processes and Racial Disadvantage." *The Journals of Gerontology Series B: Psychological Sciences and Social Sciences*. 71(5): 902-913. PMID 26589348

- Lodge, Amy C. and Debra Umberson (2016). "Sexual Intimacy among Mid to Later Life Couples." Pp. 115-134 in *Couple Relationships in the Middle and Later Years*, edited by J. Bookwala. Washington, DC: American Psychological Association.
- *Liu, Hui and Debra Umberson (2015). "Gender, Stress in Childhood and Adulthood, and Trajectories of Change in Body Mass." *Social Science & Medicine* 139: 61-69. PMC4519422
- *Thomeer, Mieke B., Corinne Reczek, and Debra Umberson (2015). "Relationship Dynamics around Depression in Gay and Lesbian Couples." *Social Science & Medicine*, 147:38-46. [PMCID: PMC4689633](#)
- *Thomeer, Mieke B., Corinne Reczek, and Debra Umberson (2015). "Gendered Emotion Work around Physical Health Problems in Mid- and Later-life Marriages." *Journal of Aging Studies*, 32:12-22. [PMCID: PMC4324498](#)
- *Umberson, Debra, Mieke B. Thomeer, Rhiannon Kroeger, Amy Lodge, and Minle Xu (2015). "Challenges and Opportunities for Research on Same-Sex Relationships." *Journal of Marriage and Family*, 77:96-111. [PMC4294225](#)
- *Xu, Minle, Patricia Thomas, and Debra Umberson (2015). "Marital Quality and Cognitive Limitations in Late Life." *The Journals of Gerontology Series B: Psychological Sciences and Social Sciences*. PMID: 25765315
- Umberson, Debra and Rhiannon Kroeger (2015). "Gender, Marriage, and Health for Same-Sex and Different-Sex Couples: The Future Keeps Arriving." Pp. 189-213 in *Gender and Couple Relationships*, edited by A. Booth, V. King, Susan McHale, and J. Van Hook. NY: Springer Publishing.
- *Umberson, Debra, Mieke B. Thomeer, and Amy C. Lodge (2015). "Intimacy and Emotion Work in Lesbian, Gay, and Heterosexual Relationships." *Journal of Marriage and Family*, 77: 542-556. [PMC4370347](#)
- *Reczek, Corinne, Mieke B. Thomeer, Amy C. Lodge, Debra Umberson, and Megan Underhill (2014). "Diet and Exercise in Parenthood: A Social Control Perspective." *Journal of Marriage and Family* 76: 1047-1062. [PMC4196423](#)
- *Umberson, Debra, Kristi Williams, Patricia Thomas, Hui Liu, and Mieke B. Thomeer (2014). "Race, Gender, and Chains of Disadvantage: Childhood Adversity, Social Relationships, and Health." *Journal of Health and Social Behavior* 55:20-38. [PMC4193500](#)
- *Sasson, Isaac and Debra Umberson (2014). "Widowhood and Depression: New Light on Gender Differences, Selection, and Psychological Adjustment." *The Journals of Gerontology Series B: Psychological Sciences and Social Sciences* 69(1):135-145. [PMC3894126](#)
- *Thomeer, Mieke, Tetyana Pudrovska and Debra Umberson (2013). "Marital Processes around Depression: A Gendered Perspective." *Society and Mental Health* 3:151-169. [PMCID: PMC4408555](#)
- Recipient of the Best Mental Health Publication Award, Mental Health Section of the American Sociological Association, 2014.
- *Lodge, Amy and Debra Umberson (2013). Age and Embodied Masculinities: Midlife Gay and Heterosexual Men Talk about their Bodies. *Journal of Aging Studies* 27:225-232. [PMCID: PMC3712281](#)
- *Harrison, Tracie, Brittany LeGarde, SungHun Kim, Janiece Walker, Shelley Blozis and Debra Umberson (2013). "Work-Related Injury Among Aging Women." *Policy, Politics & Nursing Practice* 14:16-25. [PMC3005295](#)

- Carr, Deborah and Debra Umberson (2013). "The Social Psychology of Stress, Health, and Coping." Pp. 465-487 in John Delamater and Amanda Ward (Editors), *Handbook of Social Psychology*, 2nd Edition, Springer Publishing.
- Umberson, Debra, Kristi Williams and Mieke Thomeer (2013). "Family Status and Mental Health: Recent Advances and Future Directions." Pp. 405-431 in Carol S. Aneshensel and Jo C. Phelan (Eds.), *Handbook of the Sociology of Mental Health* (Second Edition), *Handbooks of Sociology and Social Research*, Springer Publishing.
- Thomeer, Mieke, Debra Umberson and Kristi Williams (2012). "Women, Stress, and Health." Pp. 685-695 in Marlene B. Goldman, Rebecca Troisi, and Kathryn M. Rexrode (Editors), *Women and Health* (2nd Edition), Elsevier Inc.
- *Reczek, Corinne and Debra Umberson (2012). "Gender, Health Behavior, and Intimate Relationships: Lesbian, Gay, and Straight Contexts." *Social Science and Medicine* 74:1783-1790. [PMC3337964](#)
- *Lodge, Amy and Debra Umberson. (2012). "All Shook Up: Sexuality of Mid to Later Life Married Couples." *Journal of Marriage and Family* 74:428-443. [PMC3418692](#)
- *Umberson, Debra, Hui Liu, John Mirowsky and Corinne Reczek (2011). "Parenthood and Trajectories of Change in Body Weight over the Life Course." *Social Science and Medicine* 73:1323-1331. [PMC3391503](#)
- *Umberson, Debra and Jennifer Karas Montez (2010). "Social Relationships and Health: A Flashpoint for Public Policy." *Journal of Health and Social Behavior* 51: S54-S66. [PMC3171805](#)
- *Umberson, Debra, Tetyana Pudrovska and Corinne Reczek (2010). Parenthood, Childlessness, and Well-being: A Life Course Perspective." *Journal of Marriage and Family* 72:612-629. [PMC3159916](#)
- *Reczek, Corinne, Hui Liu and Debra Umberson (2010). "Just the Two of Us? How Parents Influence Adult Children's Marital Quality." *Journal of Marriage and Family* 72:1205-1219. [PMC3151657](#)
- *Umberson, Debra, Robert Crosnoe and Corinne Reczek (2010). "Social Relationships and Health Behavior across the Life Course." Karen S. Cook and Douglas S. Massey (Editors), *Annual Review of Sociology* 36:139-157. [PMC3171805](#)
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- Pollitt, Amanda, Rachel Donnelly, Sara Mernitz and Debra Umberson. Differences in How Spouses Influence Each Other's Daily Alcohol Use in Same- and Different-Sex Marriages. Accepted for the Annual Meeting of the Population Association of America, Washington, DC, 2020. Cancelled due to COVID.
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- Umberson, Debra, Kristi Williams, Kristin Anderson and Anna Campbell (2001). "Relationship Dynamics, Emotion State, and Domestic Violence." Presented at the Annual Meeting of the American Sociological Association, Los Angeles.
- Umberson, Debra, Kristi Williams and Kristin Anderson (2000). "Violent Behavior: An Expression of Emotional Upset." Presented at the Annual Meeting of the American Sociological Association, Washington, D.C.
- Anderson, Kristin and Debra Umberson (1999). "Fighting the Feminine: Control, Dependency, and Male Violence." Presented at the Annual Meeting of the American Sociological Association, Chicago.
- Dugan, Sarah and Debra Umberson (1998). "The Batterer's View of the Self and Others in Domestic Violence." Presented at the Annual Meeting of the American Sociological Association, San Francisco.
- Williams, Kristi and Debra Umberson (1997). "Medical Technology and Childbirth Experiences." Presented at the Annual Meeting of the American Sociological Association, Toronto.
- Umberson, Debra (1996). "A Death in the Family: Effects on the Quality of Intergenerational Relationships." Presented at the Annual Meeting of the American Sociological Association, New York.
- Umberson, Debra, K. Anderson, J. Glick, and A. Shapiro (1995). "Personal Control and Acts of Domestic Violence." Presented at the Annual Meeting of the American Sociological Association, Washington, D.C.
- Umberson, Debra and Toni Terling (1994). "The Impact of a Parent's Death on Adult Children's Marital Relationships." Presented at the Annual Meeting of the American Sociological Association, Los Angeles.
- Umberson, Debra (1994). "Intergenerational Relationships: Symbolic Meaning and Loss." Presented at the 7th International Conference on Personal Relationships, Groningen, The Netherlands.
- Umberson, Debra (1993). "Realities of Parenthood: Costs and Benefits across the Life Course." Presented at the Annual Meeting of the American Association for the Advancement of Science, Boston.

- Umberson, Debra and Christine L. Williams (1992). "Divorced Fathers: Parental Role Strain and Psychological Distress." Presented at the Annual Meeting of the American Sociological Association, Pittsburgh.
- Gove, W.R., H. Shin, D. Umberson and K. Henderson (1992). "The Difficulties of Marital Dissolution: Causes and Consequences among Divorced and Widowed Men and Women." Presented at the Annual Meeting of the American Sociological Association, Pittsburgh.
- Umberson, Debra (1991). "Death of a Parent: Impact on Adult Children's Relationships." Presented at the Annual Meeting of the Gerontological Society of America, San Francisco.
- Umberson, Debra and Kristin Henderson (1991). "Adult Children and Parents: Social Integration, Structured Meaning, and Well-being." Presented at the Annual meeting of the American Sociological Association, Cincinnati.
- Henderson, Kristin and Debra Umberson (1991). "Death of a Loved One: Changing the Way we View the World." Presented at the Annual Meeting of the Southwestern Social Science Association, San Antonio.
- Umberson, Debra (1990). "The Impact of Death of a Parent on Adult Children's Psychological Well-being: A Prospective Study." Presented at the Annual Meeting of the Gerontological Society of America, Boston.
- Umberson, Debra and Margaret Greer (1990). "Social Relationships and Health Behavior: The Wellness Regulation model." Presented at the Annual Meeting of the American Sociological Association, Washington, D.C.
- Gove, W.R., Susan Hinze Jones, and Debra Umberson (1990). "The Marital Relationship and Personal Identity: An Analysis of Effective Interaction and Emotional States." Presented at the Annual Meeting of the Southern Sociological Society, Louisville, KY.
- Umberson, Debra, Camille Wortman and Ronald C. Kessler (1989). "Widowhood and Depression: Explaining Gender Differences in Vulnerability." Presented at the Annual Meeting of the American Sociological Association Meeting, San Francisco.
- Umberson, Debra (1989). "Aging Parent/Adult Child Relationships." Presented at the Annual Meeting of the Southwestern Sociological Association Meeting, Little Rock.
- Umberson, Debra and James S. House (1988). "Gender Differences in Social Relationships." Presented at the Annual Meeting of the American Sociological Association, Atlanta.
- Umberson, Debra and Camille Wortman (1988). "Gender Differences in the Social and Psychological Experience of Widowhood." Presented at the Annual Meeting of the Southern Sociological Society, Nashville.
- Hughes, Michael, Debra Umberson and Walter R. Gove (1987). "Exploring the Dark Side of Social Integration: Social Control, Structured Obligations, and Mental Health." Presented at the Annual Meeting of the American Sociological Association, Chicago.
- Wortman, Camille, Debra Umberson, John Ellard and Ronald C. Kessler (1987). "The Impact of Widowhood: A Retrospective Look." Presented at the Annual Meeting of the American Association for the Advancement of Science, Chicago.
- Umberson, Debra (1986). "Family Structure, Risk-taking, and Health Behaviors: The Social Control Dimension of Social Integration." Presented at the Annual Meeting of the American Sociological Association, New York.
- Umberson, Debra and Walter R. Gove (1986). "Parenting Status and Psychological Well-being: Social Integration, Social Support and Stress." Presented at the Annual Meeting of the American Sociological Association, New York.

Gove, Walter R. and Debra Umberson (1985). "Gender and Psychological Well-being: The Functions of Marriage." Presented at the Annual Meeting of the American Sociological Association, Washington, D.C.

Umberson, Debra and Walter R. Gove (1985). "Children: Their Effect on Personal Well-being." Presented at the Annual Meeting of the National Women's Studies Association, Seattle, Washington.

Umberson, Debra and Michael Hughes (1984). "The Impact of Physical Attractiveness on Mental Health and Achievement." Presented at the Annual Meeting of the American Sociological Association, San Antonio, Texas.

Umberson, Debra (1983). "Sociobiology: A Valid Explanation of Child Abuse?" Presented at the Annual Meeting of the Southern Sociological Society, Atlanta, Georgia.

INVITED LECTURES AND INVITED PARTICIPATION AT CONFERENCES

Keynote Address, "Race and Death of Family Members: Risk and Health Consequences." Cornell University Center for the Study of Inequality, Deep Wounds: Social Determinants of Health Inequality, November 2018.

Invited Speaker, National Academies of Sciences, Board on Population Health and Public Health Practice, Planning Meeting on Assessing the Impact of Child Death and Needs of Bereaved Families. Presentation: "Death of a Child: Extent of the Problem and Estimating Burden." Washington DC, October 2018.

Invited Speaker, University of Minnesota Population Center. Race and Life Course Exposure to the Death of a Child: Consequences for Health and Mortality Risk, October 2018.

Invited Speaker, Special Session, "Is the Sociology of Mental Health at a Crossroads? Some Historical Reflections and Where We Go from Here." Presented at the American Sociological Association, 2018.

Invited Speaker, 2017, "Black Deaths Matter: Race, Relationship Loss, and Effect on Survivors"

- Harvard University, Center for Population and Development Studies, November, 2017
- University of Pennsylvania, Population Studies Center, October, 2017
- Indiana University, Public Sociology Forum Speaker. September, 2017

Invited Speaker, National Institute on Aging, The National Advisory Council on Aging's (NACA) Task Force on Minority Aging and Health Disparities Research, September, 2017.

Invited Speaker, Annual Doris Selo Memorial Lecture, "Race, Relationship Loss, and Health." Department of Sociology, University of North Carolina, Chapel Hill, March, 2017.

Invited Speaker, "Race, Relationship Loss, and Health." Department of Sociology and Hopkins Population Center, Johns Hopkins University, 2016.

Keynote Address, Leonard I. Pearlin Award for Distinguished Contributions to the Sociological Study of Mental Health, American Sociological Association, Section on the Sociology of Mental Health, Seattle, August, 2016.

Invited Panelist, American Sociological Association thematic session, "One Year after Obergefell v. Hodges: The Case of Marriage Equality." August, 2016, Seattle.

Matilda White Riley Distinguished Scholar Award Lecture, American Sociological Association Annual Meeting, Section on Aging and the Life Course. August, 2016, Seattle.

Keynote Address, "Gender and Illness-Related Stress: What We Can Learn from Same-Sex Marriages." International Conference on Social Stress Research. June, 2016, San Diego.

Plenary Address, Southern Demographic Association. Gender, Marriage and Health: Gay, Lesbian and Heterosexual Relationships. San Antonio, October, 2015.

- Invited Speaker, Robert Wood Johnson Foundation, Annual Health Policy Investigators Meeting, San Diego, September, 2015.
- Invited Speaker, Penn State's 22nd Annual Symposium on Family Issues: Gender and Couple Relationships. Pennsylvania State University, 2014.
- Invited Speaker, Symposium in Honor of James S. House. Chains of Disadvantage: Race, Social ties, and Health. University of Michigan, Ann Arbor, 2014.
- Invited Speaker, Marital Dynamics and Health: Gay, Lesbian, and Heterosexual Couples. Brown University, Department of Sociology, 2014.
- Invited Speaker, Symposium on Same-Sex Couples: Frontiers in Measurement and Analysis. Center for Family and Demographic Research, Bowling Green State University, 2014.
- Discussant, Population Association of America Session on LGBTQ Population in Families and Households, 2014.
- Invited Speaker. Vanderbilt University, Celebrating 80 Years of Sociology, 2014. Chains of Disadvantage: Race, Social Ties, and Health.
- Organizer, Family, Health, and Well-being Sessions, Annual Meeting of the Population Association of America, 2014.
- Invited Speaker. Rice University, Kinder Institute for Urban Research, Urban Health Program. Same-Sex Marriage and Health, 2013.
- Invited Mentor, Robert Wood Johnson Foundation, New Connections: Increasing Diversity of RWJF Programming, 2013.
- Invited Speaker, Robert Wood Johnson Foundation, Annual Health Policy Investigators Meeting, Princeton, NJ, September, 2012.
- Session Chair, Marriage, Health, and Coping. Annual Meeting of the Gerontological Society of America, November, 2012.
- Invited Speaker on Research on Same-Sex Couples and Health, Summer at Census Scholars Program, United States Census, 2012.
- Invited Panelist, American Sociological Association Professional Workshop: ASA Editors Offer Insights and Advice on Writing and Submitting Articles, August, 2012.
- Session Chair, Personal and Social Adaptation in Widowhood, Gerontological Society of America, November, 2011.
- Invited Commentator. Social Inequality and Health Conference. Organized by David Takeuchi, University of Washington, sponsored by National Institutes of Health, 2011.
- Organizer, Section on Aging and the Life Course, Roundtable sessions, American Sociological Association, 2010.
- Invited Speaker, Conference on Health and Families. Sponsored by National Council on Marriage Research, National Institutes of Health, June, 2009.
- Invited Speaker, Vanderbilt University, Department of Sociology, September, 2008. Marital Status and Health Behaviors.
- Invited Speaker, Ohio State University, Department of Sociology, April, 2008. Marital Status, Marital Transitions, and Body Weight.
- Invited Panelist, American Sociological Association invited session on teaching sociology of mental health, 2007.
- Invited Speaker, Conference on "Health Inequalities Across the Life Course." Sponsored by the National Institute on Aging at the Pennsylvania State University, June, 2004.
- Invited Speaker, Conference on "Rethinking Work, Family, and the Life Course," honoring Phyllis Moen, Cornell University, April, 2004.

Umberson, Debra

- Discussant, Session on Late-life Widowhood. Gerontological Society of America, Chicago, IL, November, 2002.
- Panelist, session sponsored by the ASA Minority Fellowship Program, discussion on "Balancing Research and Teaching in Academic Jobs," August, 2002.
- Invited Plenary Address, National Council on Family Relations, Rochester, NY, November, 2001.
- Organizer, Death and Dying Session, American Sociological Association, Chicago, 1999.
- Invited Address, "Gender Differences in Relationships over the Life Course." Presented at the University of Southern California, Andrus Gerontology Center, 1995.
- Discussant, Family Session on "Understanding Family Process." The Annual Meeting of the American Sociological Association, Miami, August, 1993.
- Invited Participant, Workshop on Family Data and Family Health Policy, Sponsored by the National Center for Health Statistics, March, 1993.
- Invited Presentation, Conference on Mid-Life Parenting, sponsored by the MacArthur Research Network on Mid-life Development, Chicago, October, 1992.
- Invited Speaker, Harvard University School of Public Health, 1991. Social Control and Health Behavior.
- Organizer, Contemporary Parent/Child Relationships. The Annual Meeting of the Southern Sociological Society, New Orleans, 1992.
- Discussant, Parent-Child Interactions. The Annual Meeting of the Southern Sociological Society, Norfolk, Virginia, 1989.
- Invited Address. Conference on Women and Stress. Presentation on "Family Role Strains and Women's Psychological Well-Being." Sponsored by the Women's Studies Program, The University of British Columbia, Vancouver, British Columbia, May, 1989.
- Presider and Discussant. Gender Relations in Work and Family. The Annual Meeting of the American Sociological Association, Chicago, August, 1987.
- Presider and Discussant. Race, Ethnicity and Mental Health. The Annual Meeting of the Southern Sociological Society, New Orleans, April, 1986.
- Moderator and Organizer. Colloquium on "Women and the Workplace: A Critical Look at issues of the Eighties." Co-sponsored by the Center for Continuing Education of Women and the Department of Sociology, The University of Michigan, Ann Arbor, March 1986.

EDITORIAL SERVICE

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| Reviewer (2012-present) | <i>American Sociological Review; Journal of Health and Social Behavior; Journal of Marriage and Family; Demography; Journal of Health, Health Politics, Policy and Law; Journal of the American Medical Association—Psychiatry</i> |
| Editor-in-Chief: | <i>Journal of Health and Social Behavior</i> (2011-2013) |
| Deputy Editor: | <i>Demography</i> (2019-2021)
<i>Journal of Health and Social Behavior</i> (1993-1997) |
| Associate Editor: | <i>Contexts</i> (2006-2008)
<i>Journal of Marriage and Family</i> (2001-2004)
<i>Journal of Family Issues</i> (1990-1993)
<i>Journal of Health and Social Behavior</i> (1989-1991) |

Guest Editor: *Journal of Family Issues*. Special issue on Parenthood and Psychological Well-Being. December, 1989

PROFESSIONAL SERVICE

- Elected Chair, Behavioral and Social Sciences Section, Gerontological Society of America, 2020-2024 (2020 Vice Chair Elect, 2021 Vice Chair, 2022 Chair, 2023 Past Chair)
- Publications Committee, American Sociological Association, 2019-2020
- Standing Member, NIH Social Sciences and Population Studies-B (SSPB) study section, 2020-2024
- Awards Committee, Interdisciplinary Association for Population Health, J. Michael McGinnis Leadership Excellence Award, 2020
- Member, National Academy of Sciences, Consensus Panel on Understanding the Status and Well-Being of Sexual and Gender Minority Populations, 2019-20
- Organizer, Population Association of America, Demography of Mental Health, 2018.
- Chair, National Academy of Sciences, Committee on Population's Workshop on Women's Mental Health, 9/17-8/18.
- Organizer, Population Association of America Session on Sexual Identity, Behavior and Health, 2017.
- Program Committee, Population Association of America, 2017.
- Poster Judge, "Family Demography." Population Association of America, 2017.
- Reviewer, Special Emphasis Panel, Population Dynamics Centers Research Infrastructure FY 2016 (P2C), National Institute of Child Health and Human Development, National Institutes of Health, 4/2016.
- Reviewer, Special Emphasis Panel (ZAG1), National Institute on Aging, National Institutes of Health, 3/2016.
- Chair, Goode Book Award Committee, American Sociological Association Section on Family, 2016.
- Committee Member, 2014-2016 Population Association of America Early Achievement Award Committee.
- Chair, Section on Population, Roundtable on "The Academic Job Search." Annual Meeting of the American Sociological Association, 2015.
- Reviewer, Special Emphasis Panel (ZAG1), National Institute on Aging, National Institutes of Health, 7/2015.
- Poster Judge, "Marriage, Unions, Families, and Households." Population Association of America, 2015
- Member, Distinguished Career Award Committee, Family Section of the American Sociological Association, 2014.
- Member, Gerontological Society of America, Search Committee for Editor-In-Chief, *Journal of Gerontology: Social Sciences*, 2014.
- Reviewer, National Institute on Child Health and Human Development, Social Science and Population Studies, 2014.
- Committee Member, American Sociological Association, Section on Aging and the Life Course, Outstanding Publication Award, 2014.
- Distinguished Career Award Committee, American Sociological Association, Family Section, 2014.

- Program Committee for the 2014 Meeting of the Gerontological Society of America, Behavioral and Social Sciences.
- Organizer, Population Association of America, Session on Families, Health and Well-being, 2014.
- Organizer, Austin Summit on LGBT Families, April 26, 2013.
- Committee Member, 2012 Matilda White Riley Distinguished Scholar Award Committee, American Sociological Association Section on Aging and the Life Course.
- Chair, ASA Section on Aging and the Life Course Graduate Student Paper Award Committee, 2011.
- Reviewer, National Institute on Aging, Behavior and Social Science of Aging Review Committee, June, 2010.
- Friedson Award Committee, American Sociological Association, Section on Medical Sociology, 2008-2009.
- Leonard I. Pearlin Award Committee, American Sociological Association, Section of Sociology of Mental Health, 2008.
- Reviewer, National Institute on Child Health and Human Development, Health of the Population, 2008.
- Reviewer, Statistics Canada, 2008.
- Reviewer, National Institute on Child Health and Human Development, Social Science and Population Studies, October, 2006.
- Reviewer, National Institute on Child Health and Human Development, Health Behavior and Context Subcommittee, October, 2006.
- National Advisory Board Member, School of Social and Family Dynamics, Arizona State University, 2006-2010.
- Reviewer, National Institute on Aging, National Institute of Mental Health, Risk Prevention and Health Behavior, July, 2004.
- Reviewer, National Institute on Child Health and Human Development, Population Sciences Subcommittee, June, 2004.
- Chair, Nominations Committee, Family Section of the American Sociological Association, 1999-2000.
- William J. Goode Distinguished Book Award Committee, sponsored by the Family Section of the American Sociological Association, 1999.
- Roberta Simmons Medical Sociology Dissertation Award Committee, Chair, sponsored by the Medical Sociology Section of the American Sociological Association, 1998.
- William J. Goode Distinguished Book Award Committee, sponsored by the Family Section of the American Sociological Association, 1997.
- Human Development and Aging Study Section, National Institute on Aging, National Institutes of Health, 1995-1997.
- William J. Goode Distinguished Book Award Committee, sponsored by the Family Section of the American Sociological Association, 1994.
- Program Committee for the 1994 Meeting of the American Sociological Association, Organizer, Sociology of Aging.
- Ad hoc Grant Reviewer, National Science Foundation, 1994.
- Ad hoc Grant Reviewer, Social Sciences and Humanities Research Council of Canada, 1994.

- Workshop Leader, Publishing in Sociology. Organized by Sociologists for Women in Society and the American Sociological Association for the Annual Meeting of the American Sociological Association, Los Angeles, 1994.
- Program Committee for the 1994 Southern Sociological Society Meeting, Organizer, Social Psychology.
- Scientific Advisory Panelist, National Center for Health Statistics, National Health Interview Survey Redesign Panel of Family Health Measures, 1992-93.
- Workshop Leader, Negotiating the Academic Job Market. Organized by the American Sociological Association for the Annual Meeting of the American Sociological Association, Cincinnati, 1991.

TEACHING EXPERIENCE:

Professor, Department of Sociology, University of Texas, 1996-present (Assistant Professor, 1989-92; Associate Professor, 1992-1996; Full Professor 1996-present)

Undergraduate Courses: Health and Society; Research Methods; Sociology of Health and Illness; Marriage and the Family; Death and Dying

Graduate Courses: Training Seminar in Demography; Health and Illness; Fundamentals of Research Methods; Gender and Health; Gender, Family and Social Control; Writing and Publishing in Academic Journals; The Family Life Course, Gender and Relationships; Social Psychology of Death and Dying

Adjunct Assistant Professor, Department of Sociology, University of Michigan, 1986.

Undergraduate Course: Medical Sociology

Instructor, Department of Sociology, Vanderbilt University, 1984-85

Undergraduate Courses: Social Problems, Crime and Delinquency

REFERENCES: Available upon request