

**Hannah C. Williamson**

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**ACADEMIC POSITIONS**

- 2017-present      Assistant Professor, Human Development and Family Sciences  
University of Texas at Austin
- 2017-present      Faculty Research Associate, Population Research Center  
University of Texas at Austin

**EDUCATION**

- 2017                Ph.D., University of California, Los Angeles  
Clinical Psychology  
Minor in Quantitative Psychology
- 2016-2017        Clinical Psychology Internship, VA West Los Angeles Medical Center
- 2011                M.A., University of California, Los Angeles  
Clinical Psychology
- 2008                B.A., University of Rochester  
Psychology, with Honors

**GRANTS AND RESEARCH FUNDING**

- 10/2019-  
9/2020            PI, Russell Sage Foundation. *Does Scarcity Mindset Impede Pro-Relationship Behaviors in Low-Income Couples?* (\$6,852)
- 3/2019-  
2/2020            Co-PI, UT Austin, Bridging Barriers. *Whole Communities Whole Health Pilot Study: Development and Validation of Clinically Relevant Activity Algorithms for Child Psychopathology*. Co-PIs Sarah Kate Bearman, Kaya de Barbaro, Edison Thomaz (\$25,000)
- 1/2019-  
12/2019         Co-PI, *Personal Relationships* Special Issue on Relationship Science and the Credibility Revolution, *The Role of Stress Mindset in Support Provision*. Co-PIs Thao Nguyen, Lisa Neff (\$3,000)
- 9/2015-  
9/2016            PI, U.S. Dept. of Health and Human Services, Administration for Children & Families, Family Strengthening Scholars Grant (90PD0294). *Evaluating the*

*Effect of Economic Interventions on Relationship Outcomes in the Building Strong Families Study.* Faculty Sponsor Tom Bradbury (\$25,000)

**PEER-REVIEWED PUBLICATIONS**

- Neff, L. A., Nguyen, T. T. T., & **Williamson, H. C.** (2020). Too stressed to help? The effects of stress on noticing partner needs and enacting support. *Personality and Social Psychology Bulletin*. <https://doi.org/10.1177/0146167220974490>
- Williamson, H. C.** (2020). The development of communication behavior over the newlywed years. *Journal of Family Psychology*. <https://doi.org/10.1037/fam0000780>
- Williamson, H. C.** (2020). Early effects of the COVID-19 pandemic on relationship satisfaction and attributions. *Psychological Science*, *31*(12), 1479-1487. <https://doi.org/10.1177/0956797620972688>
- Williamson, H. C.,** & Lavner, J. A. (2020). Trajectories of marital satisfaction in diverse newlywed couples. *Social Psychological and Personality Science*, *11*(5), 597-604. <https://doi.org/10.1177/1948550619865056>
- Lavner, J. A., **Williamson, H. C.,** Karney, B. R., & Bradbury, T. N. (2020). Premarital parenthood and newlyweds' marital trajectories. *Journal of Family Psychology*, *34*(3), 279–290. <https://doi.org/10.1037/fam0000596>
- Nguyen, T. T. T., Neff, L. A., & **Williamson, H. C.** (2020). The role of stress mindset in support provision. *Personal Relationships*, *27*(1), 138–155. <https://doi.org/10.1111/per.12302>
- Williamson, H. C.,** Nguyen, T. T., Rothman, K. B., & Doss, B. D. (2020). A comparison of low-income vs. higher-income individuals seeking an online relationship intervention. *Family Process*, *59*(4), 1434-1446. <https://doi.org/10.1111/famp.12503>
- Williamson, H. C.,** Karney, B. R., & Bradbury, T. N. (2019). Barriers and facilitators of relationship help-seeking among low-income couples. *Journal of Family Psychology*, *33*(2), 234–239. <https://doi.org/10.1037/fam0000485>
- Williamson, H. C.,** Hammett, J. F., Ross, J. M., Karney, B. R., & Bradbury, T. N. (2018). Premarital education and later relationship help-seeking. *Journal of Family Psychology*, *32*(2), 276–281. <https://doi.org/10.1037/fam0000383>
- Lavner, J. A., Karney, B. R., **Williamson, H. C.,** & Bradbury, T. N. (2017). Bidirectional associations between newlyweds' marital satisfaction and marital problems over time. *Family Process*, *56*(4), 869–882. <https://doi.org/10.1111/famp.12264>
- Nguyen, T. P., **Williamson, H. C.,** Karney, B. R., & Bradbury, T. N. (2017). Communication moderates effects of residential mobility on relationship quality among ethnically diverse couples. *Journal of Family Psychology*, *31*(6), 753–764.

<https://doi.org/10.1037/fam0000324>

**Williamson, H. C.**, Karney, B. R., & Bradbury, T. N. (2017). Education and job-based interventions for unmarried couples living with low incomes: Benefit or burden? *Journal of Consulting and Clinical Psychology, 85*(1), 5–12. <https://doi.org/10.1037/ccp0000156>

**Williamson, H. C.**, Altman, N., Hsueh, J., & Bradbury, T. N. (2016). Effects of relationship education on couple communication and satisfaction: A randomized controlled trial with low-income couples. *Journal of Consulting and Clinical Psychology, 84*(2), 156–166. <https://doi.org/10.1037/ccp0000056>

Jackson, G. L., Trail, T. E., Kennedy, D. P., **Williamson, H. C.**, Bradbury, T. N., & Karney, B. R. (2016). The salience and severity of relationship problems among low-income couples. *Journal of Family Psychology, 30*(1), 2–11. <https://doi.org/10.1037/fam0000158>

**Williamson, H. C.**, Nguyen, T. P., Bradbury, T. N., & Karney, B. R. (2016). Are problems that contribute to divorce present at the start of marriage, or do they emerge over time? *Journal of Social and Personal Relationships, 33*(8), 1120–1134. <https://doi.org/10.1177/0265407515617705>

\*Named one of the top downloaded articles from JSPR among papers published in 2016 & 2017

**Williamson, H. C.**, Rogge, R. D., Cobb, R. J., Johnson, M. D., Lawrence, E., & Bradbury, T. N. (2015). Risk moderates the outcome of relationship education: A randomized controlled trial. *Journal of Consulting and Clinical Psychology, 83*(3), 617–629. <https://doi.org/10.1037/a0038621>

**Williamson, H. C.**, Trail, T. E., Bradbury, T. N., & Karney, B. R. (2014). Does premarital education decrease or increase couples' later help-seeking? *Journal of Family Psychology, 28*(1), 112–117. <https://doi.org/10.1037/a0034984>

**Williamson, H. C.**, Hanna, M. A., Lavner, J. A., Bradbury, T. N., & Karney, B. R. (2013). Discussion topic and observed behavior in couples' problem-solving conversations: Do problem severity and topic choice matter? *Journal of Family Psychology, 27*(2), 330–335. <https://doi.org/10.1037/a0031534>

**Williamson, H. C.**, Karney, B. R., & Bradbury, T. N. (2013). Financial strain and stressful events predict newlyweds' negative communication independent of relationship satisfaction. *Journal of Family Psychology, 27*(1), 65–75. <https://doi.org/10.1037/a0031104>

**Williamson, H. C.**, Ju, X., Bradbury, T. N., Karney, B. R., Fang, X., & Liu, X. (2012). Communication behavior and relationship satisfaction among American and Chinese newlywed couples. *Journal of Family Psychology, 26*(3), 308–315. <https://doi.org/10.1037/a0027752>

**Williamson, H. C.,** Bradbury, T. N., Trail, T. E., & Karney, B. R. (2011). Factor analysis of the Iowa Family Interaction Rating Scales. *Journal of Family Psychology, 25*(6), 993–999. <https://doi.org/10.1037/a0025903>

### **OTHER PUBLICATIONS**

**Williamson, H. C.,** Zheng, Y., & Neff, L. A. (forthcoming). Blame the pandemic: Stress spillover in the recovery from the COVID-19 pandemic. *NCFR Report: Family Focus*.

**Williamson, H. C.** (forthcoming). Socioeconomic status and marriage. In J. Hartenstein (Ed.) *Marriage and divorce in America: Issues, trends, and controversies*. ABC-CLIO.

**Williamson, H. C.** (2019). Promoting marriage in unmarried parents through education and job-based interventions: A cautionary tale. *NCFR Report: Family Focus, FF79, F1-F3*.

Nguyen, T. P., **Williamson, H. C.,** & Bradbury, T. N. (2017). Redefining Communication in Couple Relationships. In J. Fitzgerald (Ed.), *Foundations for Couples' Therapy* (1st ed., pp. 61–70). Routledge. <https://doi.org/10.4324/9781315678610-7>

**Williamson, H. C.** (2013). Stepping in to the mentor role: Why and how. *Observer, 26*, 42-43.

**Williamson, H. C.** (2013). Hannah Williamson: Psi Chi/APA Edwin B. Newman Graduate Research Award. *American Psychologist, 68*, 722-724. doi:10.1037/a0034771

### **FELLOWSHIPS**

2015-2016	UCLA Dissertation Year Fellowship (\$35,500)
2012-2015	National Science Foundation Graduate Research Fellowship (\$132,000)
2012	UCLA Graduate Summer Research Mentorship (\$6,500)
2012	IARR Conference Student Travel Award (\$500)
2011	UCLA Graduate Summer Research Mentorship (\$6,500)
2010-2011	UCLA University Fellowship (\$35,000)
2007	University of Rochester Barth-Crapsey Undergraduate Research Award (\$600)

### **HONORS AND AWARDS**

2019 *Journal of Family Psychology* Consulting Editor of the Year

2017 UCLA Michael J. Goldstein Distinguished Dissertation Award

- 2016 APA Division 12 (Society of Clinical Psychology) Distinguished Student Research in Clinical Psychology Award
- 2015 Society for a Science of Clinical Psychology - Outstanding SSCP Student Researcher Award
- 2014 APA Anne Anastasi General Psychology Graduate Student Research Award – Finalist
- 2014 UCLA Dept. of Psychology Senior Clinician-Scientist Award
- 2013 Psi Chi/APA Edwin B. Newman Graduate Research Award
- 2008 University of Rochester Dept. of Psychology Zimmer Award for Outstanding Undergraduate Research

### INVITED TALKS

- 2021 SPSP Close Relationships Preconference, “Statistics and Methodology Spotlight: Diversity in Relationship Science Research”
- 2020 UT Austin Dept. of Psychology, “Effects of Major Stressors on Couple Relationships: Evidence from Hurricane Harvey and COVID-19”
- 2019 UT Austin Dean’s Scholars, “Research on Relationship Development”
- 2019 UT Austin School of Human Ecology Advisory Council, “Understanding the Marriage Gap”
- 2018 UCLA Dept. of Psychology, “Poverty and Family Instability”

### CONFERENCE PRESENTATIONS

Kanter, J. B. & **Williamson, H. C.** (2020, Nov). *Effects of relationship education on couples' abilities to discuss severe relational issues and incorporate communication strategies during a problem-solving conversation*. Paper presented at the annual conference of the National Council on Family Relations (NCFR), St. Louis, MO.

Shen, L., Bradbury, T. N., **Williamson, H. C.**, & Karney, B. R. (2020, June). *Which resources may protect couples from the effects of a natural disaster?* Paper accepted for presentation at the Eighth Dyadic Coping Conference, Washington D.C. (Conference cancelled)

**Williamson, H. C.** (2019, November). *The development of communication behavior over the newlywed years*. Paper presented at the annual conference of the National Council on Family Relations (NCFR), Fort Worth, TX.

- Lavner, J. A., **Williamson, H. C.**, Karney, B. R., & Bradbury, T. N. (2019, March). The transition to marriage among couples with children. Paper presented at the International Convention of Psychological Science (ICPS), Paris, France.
- Williamson, H. C.**, Nguyen, T. T., Rothman, K. B., & Doss, B. D. (2019, March). *A comparison of low-income vs. higher-income individuals seeking a relationship intervention*. Paper presented at the annual conference of the Texas Council on Family Relations (TxCFR), Austin, TX.
- Williamson, H. C.**, Lavner, J. A., Bradbury, T. N., & Karney, B. R. (2018, July). *Do first-time newlyweds who start marriage with a child have different marital trajectories than newlywed couples without children?* Paper presented at the bi-annual conference of the International Association for Relationships Research (IARR), Fort Collins, CO.
- Williamson, H. C.**, Karney, B. R., & Bradbury, T. N. (2016, Oct). *Does premarital education initiate earlier or later entry into couples therapy?* Paper presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), New York, NY.
- Williamson, H. C.**, Karney, B. R., & Bradbury, T. N. (2016, July). *How does financial strain affect communication in married couples?* Paper presented at the bi-annual conference of the International Association for Relationships Research (IARR), Toronto, ON.
- Williamson, H. C.**, Altman, N., Hsueh, J., & Bradbury, T. N. (2016, May). *Effects of relationship education on couples communication and satisfaction: A randomized controlled trial with low-income couples from the Supporting Healthy Marriage study*. Paper presented at the annual conference of the Society for Prevention Research (SPR), San Francisco, CA.
- Nguyen, T. P., **Williamson, H. C.**, Karney, B. R., & Bradbury, T. N. (2016, Jan). *Effect of neighborhood disadvantage on marital communication and relationship satisfaction*. Paper presented at the annual conference of the Society for Personality and Social Psychology (SPSP), San Diego, CA.
- Williamson, H. C.** & Bradbury, T. N. (2015, Nov). *Effects of marriage promotion on unmarried new parents: A dismantling study of the Building Strong Families project*. Paper presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), Chicago, IL.
- Williamson, H. C.**, Altman, N., Hsueh, J., & Bradbury, T. N. (2014, Nov). *Does relationship education improve outcomes in low-income couples? A randomized controlled trial*. Paper presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA.

**Williamson, H. C., Cobb, R. J., Johnson, M. D., Lawrence, E. Rogge, R. D., & Bradbury, T. N.** (2013, Nov). *Does risk moderate the outcome of premarital education?* Paper presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), Nashville, TN.

**Williamson, H. C., Karney, B. R., & Bradbury, T. N.** (2012, July). *Financial strain and stressful events predict newlyweds' negative communication independent of relationship satisfaction.* Paper presented at the bi-annual conference of the International Association for Relationships Research (IARR), Chicago, IL.

### CONFERENCE POSTERS

† = mentored student

†Nguyen, T. T., Neff, L. A., & **Williamson, H. C.** (2020, Feb). *The role of stress mindset in support provision.* Poster presented at the annual conference of the Society for Personality and Social Psychology (SPSP), New Orleans, LA.

†Schouweiler, M. T., & **Williamson, H. C.** (2019, Nov). *Can quantity and quality of time spent together explain the income disparity in divorce rates?* Poster presented at the annual conference of the National Council on Family Relations (NCFR), Fort Worth, TX.

†Nguyen, T. T., **Williamson, H. C.**, Rothman, K. B., & Doss, B. D. (2019, Nov). *A comparison of low-income vs. higher-income individuals seeking a relationship intervention.* Poster presented at the annual conference of the National Council on Family Relations (NCFR), Fort Worth, TX.

Lavner, J. A., **Williamson, H. C.**, Karney, B. R., & Bradbury, T. N. (2019, March). *Do communication deficits explain negative marital outcomes among newlyweds with children?* Poster presented at the bi-annual International Convention of Psychological Science (ICPS), Paris, France.

**Williamson, H. C.**, Karney, B. R., & Bradbury, T. N. (2018, Nov). *Barriers to seeking couple therapy among low-income couples.* Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), Washington, DC.

**Williamson, H. C.**, Karney, B. R., & Bradbury, T. N. (2016, June). *Educational interventions for low-income couples: Benefit or burden?* Poster presented at the Family Strengthening Scholars showcase of the bi-annual Research and Evaluation Conference on Self-Sufficiency (RECS), Washington, DC.

Nguyen, T. P., **Williamson, H. C.**, Karney, B. R., & Bradbury, T. N. (2015, Nov). *Effect of neighborhood disadvantage on marital communication and relationship satisfaction.* Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), Chicago, IL.

**Williamson, H. C.**, Jackson, G. L., Trail, T. E., Kennedy, D. P., Bradbury, T. N., & Karney, B. R. (2015, Feb). *The salience and severity of relationship problems among low-income*

*couples*. Poster presented at the annual conference of the Society for Personality and Social Psychology (SPSP), Long Beach, CA.

**Williamson, H. C.,** Karney, B. R., & Bradbury, T. N. (2012, Nov). *Do the couples most in need of help receive couples therapy?* Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), National Harbor, MD.

†Hickman, K. E., **Williamson, H. C.,** Bradbury, T. N., & Karney, B. R. (2012, July). *Neighborhood disadvantage is associated with negative communication behavior in newlyweds*. Poster presented at the annual conference of the International Association for Relationships Research (IARR), Chicago, IL.

**Williamson, H. C.,** & Bradbury, T. N. (2011, Nov). *Influences on communication behavior in low-income Hispanic newlyweds*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), Toronto, ON.

†Hanna, M. A., **Williamson, H. C.,** & Bradbury, T. N. (2011, Nov). *The influence of problem topic on communication in low-income, Hispanic, African American, and Caucasian newlyweds*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), Toronto, ON.

†Hanna, M. A., **Williamson, H. C.,** & Bradbury, T. N. (2011, May). *The influence of problem topic on communication in low-income, Hispanic, African American, and Caucasian newlyweds*. Poster presented at the annual UCLA Psychology Undergraduate Research Conference (PURC), Los Angeles, CA.

**Williamson, H. C.,** Rodrigues, A. E., & Rogge, R. D. (2008, May). *Deception and the rocky road to relationship deterioration*. Poster presented at the annual conference of the Association for Psychological Science (APS), Chicago, IL.

**Williamson, H. C.,** Rodrigues, A. E., & Rogge, R. D. (2008, April). *Deception and the rocky road to relationship deterioration*. Poster presented at the National Conference on Undergraduate Research (NCUR), Salisbury, MD.

### **SERVICE AND PROFESSIONAL ACTIVITIES**

#### **Grant Reviewer**

- National Science Foundation; 2020
- Swiss National Science Foundation; 2018, 2020
- U.S. Dept. of Health and Human Services, Administration for Children and Families – Healthy Marriage and Relationship Education Grants; 2015

#### **Editorial Board Member**

- Journal of Family Psychology (2019-present)

#### **Ad Hoc Reviewer**



Asian Journal of Social Psychology, Assessment, Atlantic Journal of Communication, Basic and Applied Social Psychology, Clinical Psychology & Psychotherapy, Clinical Psychology Review, Cognition and Emotion, Cross Cultural Research, Emerging Adulthood, Family Process, International Journal of Culture and Mental Health, International Journal of Women's Health, Journal of Consulting and Clinical Psychology, Journal of Couple and Relationship Therapy, Journal of Family Issues, Journal of Family Psychology, Journal of Family Studies, Journal of Health Psychology, Journal of Marriage and Family, Journal of Personality Disorders, Journal of Personality and Social Psychology, Journal of Social and Personal Relationships, Personal Relationships, Personality and Social Psychology Bulletin, Prevention Science, SAGE Open, The Spanish Journal of Psychology

### **Significant Service Roles**

- Co-President, Association for Behavioral and Cognitive Therapies, Couples Research and Treatment Special Interest Group, 2020-2022
- Chair, HDFS Departmental Seminar Committee, 2018-present
- Organizer, HDFS Researchers of Adolescent and Adult Relationships (RAAR) weekly research interest group and professional development series, 2018-2019

### **Memberships and Affiliations**

- Association for Behavioral and Cognitive Therapies
  - Couples Research and Treatment Special Interest Group
- Association for Psychological Science
- International Association for Relationship Research
- National Council on Family Relations
- Society of Personality and Social Psychology