

LISA A. NEFF

Department of Human Development
And Family Sciences
University of Texas at Austin
108 Dean Keaton St. Stop A2702
Austin, TX 78712

Office Phone: (512) 475-6886
E-mail: lneff@austin.utexas.edu

EDUCATION

- B. A. Psychology and English, *Summa Cum Laude*
University of Dayton, Dayton, Ohio, 1996
- M. A. General Experimental Psychology, Wake Forest University
Winston-Salem, North Carolina, 1998
- Ph.D. Social Psychology, University of Florida
Gainesville, Florida, 2002

PROFESSIONAL EXPERIENCE

- 2014-present Associate Professor, Department of Human Development and Family Sciences,
University of Texas at Austin, Austin, TX
- 2008 – 2014 Assistant Professor, Department of Human Development and Family Sciences,
University of Texas at Austin, Austin, TX
- 2004 – 2008 Assistant Professor, Department of Psychology, University of Toledo, Toledo, OH
- 2002 – 2004 Post-Doctoral Research Fellow, Department of Psychology, University of Florida,
Gainesville, FL

AWARDS

- 2020 Nominated by the University of Texas at Austin College of Natural
Sciences for the Academy of Distinguished Teachers
- (2019, 2017, 2016, 2014, 2011) Nominated by University of Texas at Austin College of Natural Sciences
for the University of Texas System Regents' Outstanding Teaching
Award (not awarded)
- 2012 Caryl E. Rusbult Early Career Award from the Relationship Researchers Interest
Group of the Society of Personality and Social Psychology
- 2011 College of Natural Sciences Teaching Excellence Award, University of Texas
- 2004 International Association for Relationship Research Dissertation Award
- 2002 Society of Personality and Social Psychology Graduate Student Travel Award
- 2002 Elected to Phi Beta Kappa
- 2001 International Network on Personal Relationships Graduate Student Research Award

GRANTS AWARDED

- 2015- PI, (Co-PI Jennifer Beer) National Science Foundation (BCS-1451492), *Understanding*
2020 *Age-related Changes in Relationship Maintenance Strategies*. Award amount: \$511,623

- 2013- Co-PI (PI, Paul Eastwick), National Science Foundation (BCS-1147828), *A Phylogenetic*
2015 *Evolutionary Psychological Approach to Human Mating*. Award amount: \$276,194.
- 2009- PI, National Science Foundation (BCS-0921896). *Marriage in Context: Linking External*
2013 *Stress to Relationship Maintenance Processes in Newlyweds*. Award amount: \$599,680.
- 2009 Faculty Development Program Summer Research Assignment (SRA) at University of
Texas at Austin for *Marriage in Context: Stress and Relationship Maintenance Processes in*
Early Marriage. Award amount: \$16,222.
- 2005 University Research Awards and Fellowships Program (URAFP) at University of Toledo
for *Stress Resilience in Early Marriage*. Award amount: \$9,900.

JOURNAL PUBLICATIONS

+ denotes current/former student author. Order of authorship reflects order of contributions to the paper.

- Neff, L. A.**, +Nguyen, T. T. T., & Williamson, H. C. (2020). Too stressed to notice? The effects of stress on noticing partner needs and enacting support. *Personality and Social Psychology Bulletin*. Advance online publication.
- +Ng, Y. T., Huo, M., Gleason, M. E., **Neff, L. A.**, Charles, S. T. & Fingerman, K. L. (2020). Friendships in old age: Daily encounters and emotional well-being. *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*. Advance online publication.
- +Farnish, K., & **Neff, L. A.** (2020). Shake it off: The role of optimistic expectations for conflict recovery. *Personal Relationships, 27*, 820-845.
- +Nguyen, T. T. T., **Neff, L. A.**, Williamson, H. C. (2020). The role of stress mindset in support provision. *Personal Relationships, 27*, 138-155.
- Du, H., Bradbury, T.N., Lavner, J. A., Meltzer, A. L., McNulty, J. K., **Neff, L. A.**, & Karney, B. R. (2020). A comparison of Bayesian synthesis approaches for comparing two group means. *Research Synthesis Methods, 11*, 36-65. (Note: advanced online publication appeared in 2019).
- +Walsh, C. M. & **Neff, L. A.** (2020). The importance of investing in your relationship: Emotional capital and responses to partner transgressions. *Journal of Social and Personal Relationships, 37*, 581-601. (Note: advanced online publication appeared in 2019).
- +Walsh, C. M. & **Neff, L. A.** (2018). We're better when we blend: The benefits of couples' identity fusion. *Self and Identity, 17*, 587-603.
- +Hou, Y., **Neff, L. A.**, & Kim, S. Y. (2018). Language acculturation, acculturation-related stress, and marital quality in Chinese American couples. *Journal of Marriage and the Family, 80*, 555-568.

- ⁺Keneski, E., **Neff, L. A.**, & Loving, T. J. (2018). The importance of a few good friends: Perceived network support moderates the association between daily marital conflict and diurnal cortisol. *Social Psychological and Personality Science*, *9*, 962-971. (Note: advanced online publication appeared in 2017).
- ⁺Walsh, C. M., **Neff, L. A.**, & Gleason, M. E. J. (2017). The role of emotional capital during the early years of marriage: Why everyday moments matter. *Journal of Family Psychology*, *31*, 513-519.
- Neff, L. A.**, & Karney, B. R. (2017). Acknowledging the elephant in the room: How stressful environmental contexts shape relationship dynamics. *Current Opinions in Psychology*, *13*, 107-110.
- Neff, L. A.**, & ⁺Morgan, T. A. (2014). The rising expectations of marriage: What we do and do not know. *Psychological Inquiry*, *25*, 95-100.
- Eastwick, P. W., **Neff, L. A.**, Finkel, E. J., Luchies, L. B., & ⁺Hunt, L. L. (2014). Is a meta-analysis a foundation or just another brick?: A comment on Meltzer, McNulty, Jackson, & Karney (2014). *Journal of Personality and Social Psychology*, *106*, 429-434.
- Neff, L. A.**, & Geers, A. L. (2013). Optimistic expectations in early marriage: A resource or vulnerability for adaptive relationship functioning? *Journal of Personality and Social Psychology*, *105*, 38-60.
- Eastwick, P. W., ⁺Hunt, L. L., & **Neff, L. A.** (2013). External validity, why art thou externally valid? Recent studies of attraction provide three theoretical answers. *Social and Personality Psychology Compass*, *7*, 275-288.
- ⁺Crockett, E.E., & **Neff, L.A.** (2013). When receiving help hurts: Gender differences in diurnal cortisol responses to spousal support. *Social Psychological and Personality Science*, *4*, 190-197.
- ⁺Buck, A.A., & **Neff, L.A.** (2012). Stress spillover in early marriage: The role of self-regulatory depletion. *Journal of Family Psychology*, *26*, 698-708.
- Eastwick, P.W., & **Neff, L.A.** (2012). Do ideal partner preferences predict divorce? A tale of two metrics. *Social Psychological and Personality Science*, *3*, 667-674.
- Neff, L.A.**, & ⁺Broady, E.F. (2011). Stress resilience in early marriage. Can practice make perfect? *Journal of Personality and Social Psychology*, *101*, 1050-1067.
- Geers, A. L., ⁺Wellman, J. A., Seligman, L. D., ⁺Wuyek, L. A., & **Neff, L. A.** (2010). Dispositional optimism, goals, and engagement in health treatment programs. *Journal of Behavioral Medicine*, *33*, 123-134.
- Neff, L.A.**, & Karney, B. R. (2009). Stress and reactivity to daily relationship experiences: How stress hinders adaptive processes in marriage. *Journal of Personality and Social Psychology*, *97*, 435-450.

- McNulty, J. K, **Neff, L. A.**, & Karney, B. R. (2008). Beyond initial attraction: Physical attractiveness in newlywed marriage. *Journal of Family Psychology*, 22, 135-143.
- Neff, L. A.**, & Karney, B. R. (2007). Stress crossover in early marriage: A longitudinal and dyadic perspective. *Journal of Marriage and the Family*, 69, 594-607.
- Neff, L. A.**, & Karney, B. R. (2005). To know you is to love you: The implications of global adoration and specific accuracy for marital relationships. *Journal of Personality and Social Psychology*, 90, 480-497.
- Neff, L. A.**, & Karney, B. R. (2005). Gender differences in social support: A question of skill or responsiveness? *Journal of Personality and Social Psychology*, 88, 79-90.
- Neff, L. A.**, & Karney, B. R. (2004). How does context affect intimate relationships? Linking external stress and cognitive processes within marriage. *Personality and Social Psychology Bulletin*, 30, 134-148.
- Neff, L. A.**, & Karney, B. R. (2003). The dynamic structure of relationship perceptions: Differential importance as a strategy of relationship maintenance. *Personality and Social Psychology Bulletin*, 29, 1433-1446.
- Neff, L. A.**, & Karney, B. R. (2002). Judgments of a relationship partner: Specific accuracy but global enhancement. *Journal of Personality*, 70, 1079-1112.

BOOK CHAPTERS

- Karney, B R., & **Neff, L. A.** (2013). Couples and stress: How demands outside a relationship affect intimacy within the relationship. In J. A. Simpson & L. Campbell (Eds.). *The Oxford Handbook of Close Relationships* (pp. 664-684). Oxford University Press.
- Neff, L. A.** (2011). Putting marriage in its context: The influence of external stress on early marital development. In L. Campbell & T. J. Loving (Eds.), *Close Relationships: An Interdisciplinary Integration* (pp. 179-203). APA Books
- Neff, L. A.**, & Karney, B. R. (2008). Compassionate love in early marriage. In B. Fehr, S. Sprecher & L. Underwood, (Eds.), *The Science of Compassionate Love: Research, Theory and Applications* (pp. 201-222). Oxford: Wiley-Blackwell.
- Neff, L. A.**, & Karney, B. R. (2002). Self-evaluation motives in close relationships: A model of global enhancement and specific verification. In P. Noller & J. A. Feeney (Eds.), *Understanding marriage: Developments in the study of couple interaction* (pp. 32-58). London: Cambridge University Press.

ENCYCLOPEDIA ARTICLES AND SHORT CHAPTERS

- Neff, L. A.** (2018). Cohabitation. In Marc H. Bornstein (Ed.), *The SAGE Encyclopedia of Lifespan Development*. (pp. 397-399). Thousand Oaks, CA: Sage.

- Neff, L. A.** (2018). Marital Relationships. In Marc H. Bornstein (Ed.), *The SAGE Encyclopedia of Lifespan Development*. (pp. 1328-1329). Thousand Oaks, CA: Sage.
- Neff, L. A.** (2011). Is Love Blind? In G. Lewandowski Jr., T. J. Loving, B. Le, & M. E. J. Gleason (Eds.). *Science of relationships: Answers to your questions about dating, marriage and family* (pp. 31-35). Dubuque, IA: Kendall Hunt.
- Neff, L. A.** (2011). I have high expectations for my relationship. Is that bad? In G. Lewandowski Jr., T. J. Loving, B. Le, & M. E. J. Gleason (Eds.). *Science of relationships: Answers to your questions about dating, marriage and family* (pp. 95-100). Dubuque, IA: Kendall Hunt.
- Neff, L. A.** (2011). Is fighting with my partner a bad sign? In G. Lewandowski Jr., T. J. Loving, B. Le, & M. E. J. Gleason (Eds.). *Science of relationships: Answers to your questions about dating, marriage and family* (pp. 160-165). Dubuque, IA: Kendall Hunt.
- Neff, L. A.** (2009). Physical Attractiveness, Role in Relationships. In Harry T. Reis and Susan Sprecher, (Eds.), *Encyclopedia of Human Relationships* (pp. 1242-1245). Thousand Oaks, CA: Sage.
- Neff, L. A. & Frye, N. E.** (2009). Conflict, Sources and Prevalence. In Harry T. Reis and Susan Sprecher, (Eds.), *Encyclopedia of Human Relationships* (pp. 310-313). Thousand Oaks, CA: Sage.

POLICY BRIEFS AND NEWSLETTERS

- Neff, L. A.** (2016). Setting the record straight on “wasteful research”: Federal “Match.com” for seniors? Prepared for Consortium of Social Science Associations (COSSA) newsletter, August 2016, Issue 2.
- Neff, L. A., & Karney, B. R.** (2005). Stress and marital quality: Guidelines for promoting healthy marriages in low-income populations. Prepared for MDRC/ABT (Department of Health and Human Services) Strengthening Healthy Marriages Project, October 14, 2005.

BOOK REVIEWS

- Neff, L. A., & Karney, B. R.** (2004). Review of *Opening Skinner’s Box: Great Psychological Experiments of the Twentieth Century*, by Lauren Slater. *Journal of the American Medical Association*, 291, 2492-2493.

INVITED RESUBMISSIONS AND MANUSCRIPTS UNDER REVIEW

+Ghodse-Elahi, Y., **Neff, L. A.**, & ShROUT, P. E. (Revising for invited resubmission). A new perspective on dyadic trajectories: Longitudinal changes in sexual satisfaction for newlywed couples

Neff, L. A., Gleason, M. E. J., Crockett, E. E., & +Ciftci, O. (revising for invited resubmission). Blame the pandemic: The effects of stress on relationship quality during the COVID-19 Outbreak

McNulty, J. K., Meltzer, A. L., **Neff, L. A.**, & Karney, B. R. (under review). Partners matter: Observational data and a theoretical approach reveal how and how much

Neff, L.A. & ⁺Buck, A. (under review). When rosy skies turn cloudy: The influence of stressful life circumstances on perceptions of partner behavior in newlywed marriage.

Neff, L. A., & Karney, B. R. (unpublished manuscript). Judging the breadth and desirability of relationship qualities.

SYMPOSIA

Co-Chair, When is it adaptive to expect the best? The unique and interactive effects of different forms of optimism on well-being (2009, February). Presented at the annual meeting of the Society of Personality and Social Psychology, Tampa, FL.

Chair, Support in close relationships: When are intimates most likely to engage in supportive behaviors? (2004, January). Presented at the annual meeting of the Society of Personality and Social Psychology, Austin, TX.

Chair, Relationships in context: Links between external events and internal relationship processes (2003, February). Presented at the annual meeting of the Society of Personality and Social Psychology, Los Angeles, CA.

Chair, The structure of cognition in close relationships: Links between specific perceptions and global appraisals (2002, February). Presented at the annual meeting of the Society of Personality and Social Psychology, Savannah, GA.

CONFERENCE PAPER PRESENTATIONS

⁺ denotes current/former student author

Neff, L. A., ⁺Walsh, C. M., & Beer, J. A. (2019, November). The importance of emotional capital across the lifespan: Why the little moments in marriage matter. Paper presented at the annual meeting for the National Council on Family Relations (NCFR), Fort Worth, TX.

⁺Crockett, E.E., **Neff, L. A.**, & Gleason, M. E. J. (2018, July). Holding your tongue is costly: The ironic consequences of avoiding conflict in newlywed couples. Paper presented at the biennial meeting for the International Association for Relationship Research (IARR), Fort Collins, CO.

⁺Farnish, K., & **Neff, L.A.** (2018, July). Fighting more or loving less? Changes in positive and negative behaviors in early marriage. Paper presented at the biennial meeting for the International Association for Relationship Research (IARR), Fort Collins, CO.

⁺Walsh, C.M., & **Neff, L.A.** (2018, July). How positive moments together protect the relationship we share: Emotional capital and the mediating role of attributions and forgiveness. Paper presented at the biennial meeting for the International Association for Relationship Research (IARR), Fort Collins, CO.

- +Crockett, E.E., **Neff, L. A.**, & Gleason, M. E. J. (2018, March). Holding your tongue is costly: The ironic consequences of avoiding conflict in newlywed couples. Paper presented at the annual meeting of the Society for Personality and Social Psychology (SPSP), Atlanta, GA.
- +Farnish, K., & **Neff, L.A.** (2018, March). Fighting more or loving less? Changes in positive and negative behaviors in early marriage. Paper presented at the annual meeting of the Society for Personality and Social Psychology (SPSP), Atlanta, GA.
- +Farnish, K., & **Neff, L.A.** (2017, January). Whose personality predicts marital quality? A weak-link analysis of the effects of optimism in newlywed marriage. Paper presented at the annual meeting of the Society for Personality and Social Psychology (SPSP), San Antonio, TX.
- +Walsh, C.M., **Neff, L.A.**, & Gleason, M. E. J. (2017, January). Those everyday moments matter: The role of emotional capital in the early years of marriage. Paper presented at the annual meeting of the Society for Personality and Social Psychology (SPSP), San Antonio, TX.
- Neff, L.A.** & +Buck, A. A. (2016, July). When rosy skies turn cloudy: The influence of stressful life circumstances on bias and accuracy in newlywed marriage. Paper presented at the annual meeting of the International Association for Relationship Research (IARR), Toronto, Canada.
- +Walsh, C.M., & **Neff, L.A.** (2016, July). Those everyday moments matter: The role of emotional capital in the early years of marriage. Paper presented at the biennial meeting of the International Association for Relationship Research (IARR), Toronto, Canada.
- +Buck, A. A. & **Neff, L. A.** (2016, January). Is more time together always good? The potential negative effects of shared leisure on relationship dynamics. Paper presented at the annual conference of the Society for Personality and Social Psychology (SPSP), San Diego, CA.
- +Buck, A. A. & **Neff, L. A.** (2015, November). Play together or replenish apart? The role of leisure with and without one's partner for buffering against stress spillover. Paper presented at the annual conference of the National Council for Family Relationships (NCFR), Vancouver, BC.
- Neff, L. A.** & +Buck, A. A. (2015, July). Play together or replenish apart? The potential negative effects of shared leisure on relationship dynamics. Paper presented at the special topics conference of the International Association for Relationship Research (IARR), Amsterdam, Netherlands.
- +Keneski, E., Loving, T. J., & **Neff, L.A.** (2014, July). Perceived social network support in the context of marital conflict. Paper presented at the annual meeting of the International Association for Relationship Research (IARR), Melbourne, Australia.
- +Keneski, E., Loving, T. J., & **Neff, L. A.** (2014, February). Social network support moderates physiological and physical health outcomes of marital stress. Paper presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.

- Neff, L.A.**, & ⁺Crockett, E.E., (2013, January). When receiving help hurts: Gender differences in diurnal cortisol responses to spousal support. Paper presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- ⁺Buck, A., & **Neff, L. A.** (2012, July). Stress spillover in early marriage: The role of self-regulatory depletion. Paper presented at the biannual meeting of the International Association of Relationship Research, Chicago, IL.
- ⁺Keneski, E., Loving, T. J., & **Neff, L. A.** (2012, July). And *this* relationship is *just* right: Applying the Goldilocks Principle to courtship patters. Paper presented at the biannual meeting of the International Association of Relationship Research, Chicago, IL.
- ⁺Morgan, T. A., & **Neff, L. A.** (2012, July). The ups and downs of variability: Are fluctuating relationship appraisals always detrimental for long-term relationship outcomes? Paper presented at the biannual meeting of the International Association of Relationship Research, Chicago, IL.
- ⁺Crockett, E., & **Neff, L.A.**, (2011, October). When being helpful hurts: Gender differences in cortisol responses to spousal support. Paper presented at the Special Topics Conference (Health, Emotion, and Relationships) of the International Association of Relationship Research, Tucson, AZ.
- ⁺Kwang, T., **Neff, L.A.**, & Swann, W. B. (2011, January). How two identities merge into one: A theory of couple identity negotiation. Paper presented at the annual meeting of the Society of Personality and Social Psychology, San Antonio, TX.
- Neff, L.A.**, & ⁺Broadly, E. (2010, July). Stress resilience in early marriage: Does practice make perfect? Paper presented at the biennial meeting of the International Association for Relationships Research, Herzliya, Israel.
- ⁺Kwang, T., **Neff, L.A.**, & Swann, W. B. (2010, July). A theory of relationship identity negotiation: The effects of couple identity on psychological and relational well-being. Paper presented at the biennial meeting of the International Association for Relationships Research, Herzliya, Israel.
- Neff, L. A.**, ⁺Broadly, E., & Geers, A. L. (2009, February). Optimistic expectations in marriage: A resource or vulnerability for adaptive relationship functioning? Presented at the annual meeting of the Society of Personality and Social Psychology, Tampa, FL.
- ⁺Broadly, E., **Neff, L.A.**, & Geers, A. L. (2008, July). Optimistic expectations: A resource or vulnerability for romantic relationships? Paper presented at the biennial meeting of the International Association for Relationships Research, Providence, RI.
- Neff, L. A.** & Karney, B. R. (2008, July). Stress and reactivity to daily relationship events: How stress hinders adaptive processes in marriage. Paper presented at the biennial meeting of the International Association for Relationships Research, Providence, RI.
- Neff, L. A.** & Karney, B. R. (2007, August). Dyadic coping in context. Paper presented at the international meeting on Close Relationships and Health, Vancouver, Canada.

- Neff, L.A.** & Karney, B. R. (2006, July). Stress crossover in newlywed marriage: A longitudinal and dyadic perspective. Paper presented at the biennial meeting of the International Association for Relationships Research, Rethymnon, Crete.
- Neff, L.A.**, & Karney, B. R. (2006, January). Your context is my context: Stress crossover in newlywed marriage. Paper presented at the 2006 meeting of the Society of Personality and Social Psychology, Palm Springs, CA.
- Karney, B. R., & **Neff, L. A.** (2005, May) Gender differences in social support: A question of skill or responsiveness? Paper presented at the international meeting on Advances in Couples' Coping and Stress Research: Psychosocial and Clinical Perspectives, Milan, Italy.
- Neff, L. A.** & Karney, B. R. (2004, July). What makes for lasting love? Global adoration based on specific accuracy. Paper presented at the biennial meeting of the International Association for Relationships Research, Madison, WI.
- Neff, L. A.**, & Karney, B. R. (2004, January). Social support in context: When are husbands and wives most likely to support their partners? Paper presented at the annual meeting of the Society of Personality and Social Psychology, Austin, TX.
- Neff, L. A.**, & Karney, B. R. (2003, May). Gender differences in social support: A question of skill or responsiveness? Paper presented at the Compassionate Love Conference co-sponsored by the International Association for Relationship Research and the Fetzer Institute, Normal, IL.
- Neff, L. A.**, & Karney, B. R. (2003, February). Mechanisms of stress spillover: Linking external stress and cognitive processes within marriage. Paper presented at the annual meeting of the Society of Personality and Social Psychology, Los Angeles, CA.
- Neff, L. A.**, & Karney, B. R. (2002, February). Differential importance and relationship maintenance: The dynamic structure of relationship beliefs. Paper presented at the annual meeting of the Society of Personality and Social Psychology, Savannah, GA.
- Neff, L. A.**, & Karney, B. R. (2001, June). The dynamic structure of relationship evaluations: Maintaining global marital satisfaction in the face of negative specific beliefs. Paper presented at the annual meeting of the International Conference of Personal Relationships, Prescott, AZ.
- Neff, L. A.**, & Karney, B. R. (1999, June). To be adored and to be known: Global enhancement and specific verification in relationships. Paper presented at the annual meeting of the International Conference of Personal Relationships, Louisville, KY.

CONFERENCE POSTER PRESENTATIONS

⁺ denotes current/former student author

- ⁺Farnish, K., & **Neff, L. A.** (2020, February). Shake it off: The role of optimistic expectations for conflict recovery. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.

- +Ng, Y. T., +Huo, M., Gleason, M. E., Neff, L. A., & Fingerma, K. L. (2020, February). Daily social encounters in late life. Poster presented at the 2020 Annual Conference of Society for Personality and Social Psychology (SPSP). New Orleans, LA.
- +Nguyen, T. T. T., **Neff, L. A.**, & Williamson, H. C. (2020, February) The role of stress mindset in support provision. Poster presented at the annual meeting for the Society for Personality and Social Psychology (SPSP) New Orleans, LA.
- Neff, L. A.**, +Walsh, C. M., & Beer, J. A. (2019, November). The importance of emotional capital across the lifespan: Why the little moments in marriage matter. Poster presented at the annual meeting for the Gerontological Society of America (GSA), Austin, TX.
- +Farnish, K., **Neff, L. A.**, & Gleason, M. E. J. (2019, February). Can you support well under stress? Understanding the links between daily stress and support processes during the transition to parenthood. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Portland, OR.
- +Ghodse-Elahi, Y., Shrout, P., & **Neff, L. A.** (2018, May). Optimism and the longitudinal decline of sexual passion in newlywed couples. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.
- +Ghodse-Elahi, Y., Shrout, P., & **Neff, L. A.** (2018, May). A psychometric assessment of the index of sexual satisfaction. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.
- +Ghodse-Elahi, Y., Shrout, P., & **Neff, L. A.** (2018, March). Optimism and the longitudinal decline of sexual satisfaction in newlywed couples. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Atlanta, GA.
- +Walsh, C. M. & **Neff, L. A.** (2018, March). We're better when we blend: Alternate methods of merging identities and the benefits of couples' identity fusion. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Atlanta, GA.
- +Buck, A. A. & **Neff, L. A.** (2015, March). Play together or replenish apart? The role of leisure with and without one's partner for buffering against stress spillover. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- +Buck, A. A. & **Neff, L. A.** (2014, February). Daily life stress exacerbates the effect of daily marital conflict on spouses' diurnal cortisol slopes. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- +Davis, E. & **Neff, L. A.** (2014, February). Rose-colored glasses or accurate assessment of threat? Optimism and attention to negative relationship information. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- +Buck, A. A. & **Neff, L. A.** (2013, January). The influence of external stress on the processing of daily perceptions in early marriage: Directional bias and tracking accuracy. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.

- +Crockett, E., **Neff, L. A.**, & Loving, T. J. (2013, January). Disengaging your mind distresses your body: The negative impact of distraction on newlyweds' diurnal cortisol. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- +Keneski, E., +Morgan, T. A., **Neff, L. A.**, & Loving, T. J. (2013, January). Satisfaction with social network support moderates the effect of daily spousal conflict on diurnal cortisol. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Neff, L. A.** (2012, October). When receiving help hurts: Gender differences in diurnal cortisol responses to spousal support. Poster presented at the annual meeting of the Society of Experimental Social Psychology, Austin, TX.
- +Buck, A.A. & **Neff, L.A.** (2012, January). The influence of external stress on the processing of relationship information in early marriage. Poster presented at the annual meeting of the Society of Personality and Social Psychology, San Diego, CA.
- +Crockett, E., & **Neff, L. A.** (2012, January). When being helpful hurts: Gender differences in cortisol responses to spousal support. Poster presented at the annual meeting of the Society of Personality and Social Psychology, San Diego, CA.
- +Keneski, E., +Jacobs, A. M., Loving, T. J., & **Neff, L. A.** (2012, January). And *this* relationship is *just* right: Applying the Goldilocks Principle to courtship patterns. Poster presented at the annual meeting of the Society of Personality and Social Psychology, San Diego, CA.
- +Morgan, T. A., & **Neff, L. A.** (2012, January). The ups and downs of variability: Are fluctuating relationship appraisals always detrimental for long-term relationship outcomes? Poster presented at the annual meeting of the Society of Personality and Social Psychology, San Diego, CA.
- Neff, L. A.** (2011, October). Stress resilience in early marriage: Can practice make perfect? Poster presented at the annual meeting of the Society of Experimental Social Psychology, Washington DC.
- +Buck, A.. & **Neff, L.A.** (2011, January). Stress spillover in early marriage: The role of self-regulatory depletion. Poster presented at the annual meeting of the Society of Personality and Social Psychology, San Antonio, TX.
- +Broady, E. & **Neff, L.A.** (2010, January). Boosting marital immunity: Stress inoculation effects in early marriage. Poster presented at the annual meeting of the Society of Personality and Social Psychology, Las Vegas, Nevada.
- Neff, L. A.**, & Karney, B. R. (2007, January). Stress and the integration of marital perceptions: How stress constrains adaptive processes in marriage. Poster presented at the annual meeting of the Society of Personality and Social Psychology, Memphis, Tennessee.

Neff, L. A., & Karney, B. R. (2005, January). Identifying lasting love: The implications of global adoration and specific accuracy on long-term marital quality. Poster presented at the annual meeting of the Society of Personality and Social Psychology, New Orleans, Louisiana.

Frye, N.E., Deutsch, V., **Neff, L.A., & Karney, B.R.** (2004, January). External stress and aggression in the early years of marriage: The importance of relationship context. Poster presented at the annual meeting of the Society of Personality and Social Psychology, Austin, Texas.

McNulty, J.K., **Neff, L. A., & Karney, B. R.** (2004, January). Is beauty only skin deep? The role of physical attractiveness in newlyweds. Poster presented at the annual meeting of the Society of Personality and Social Psychology, Austin, Texas.

Neff, L. A., & Karney, B. R. (2001, February). Differential importance as a strategy of relationship maintenance. Poster presented at the annual meeting of the Society of Personality and Social Psychology, San Antonio, TX.

Neff, L. A., & Karney, B. R. (2000, February). Global enhancement and specific verification in newlywed marriage. Poster presented at the annual meeting of the Society of Personality and Social Psychology, Nashville, TN.

INVITED PRESENTATIONS

Why do relationships in later life matter? The links between relationships and well-being. Consortium of Social Science Associations (COSSA), Washington, DC, March 2016.

Till death do us part? Understanding marital happiness and decline. Psychology Department Colloquium, University of Minnesota, Minneapolis, MN May 2015

Understanding lasting love: A global – specific model of marital maintenance and change. Psychology Department Colloquium, University of Illinois, Urbana-Champaign, IL February 2014

Understanding lasting love: A global-specific model of marital maintenance and change. Invited Early Career Award Address presented at the annual meeting of the Society of Personality and Social Psychology Close Relationships Preconference, San Diego, CA, January 2012.

Stress and Marital Quality: Consequences and Applications for Couples Coping with Cancer. Meeting on Dyadic Processes Across the Cancer Continuum sponsored by the National Cancer Institute, Bethesda MD, November 2010.

Kill Us or Make Us Stronger? Stress Spillover and Resilience in Early Marriage. Psychology Department Colloquium, Texas A & M University, College Station, TX, November 2010

Stress resilience in early marriage: Does practice make perfect? Psychology Department Colloquium, University of Texas, Austin, TX, October 2010

Putting marriage in its context: The influence of external stress on marital processes. Invited talk presented at the annual meeting of the Society of Experimental Social Psychology Attraction and Relationships Preconference, Portland, ME, October 2009.

Understanding lasting love: A global – specific model of relationship maintenance and change. Psychology Department Colloquium, University of Texas, Austin, TX, November 2008

Understanding lasting love: A global – specific model of relationship maintenance and change. Psychology Department Colloquium, University of Oklahoma, Norman, OK, February 2007

To know you is to love you: Identifying lasting love in early marriage. Psychology Colloquium, Heidelberg College, Tiffin, OH, April 2006.

To know you is to love you: Identifying lasting love in early marriage. Invited talk at eHarmony.com, Pasadena, CA, January, 2006

Putting marriage in its context: Linking external stress and marital processes. Social Psychology Colloquium, Purdue University, West Lafayette, IN, November 2005.

Putting marriage in its context: Linking external stress and marital processes. Social Psychology Colloquium, Ohio University, Athens, OH, October 2005.

To be adored and to be known: Bias and accuracy in early marriage. Social Psychology Colloquium, Michigan State University, East Lansing, MI, April 2005.

To be adored and to be known: Bias and accuracy in early marriage. Social Psychology Colloquium, University of Western Ontario, London, Ontario, April 2005.

To be adored and to be known: Bias and accuracy in early marriage. Social Psychology Colloquium, University of Houston, Houston, TX, February 2004.

To be adored and to be known: Bias and accuracy in early marriage. Social Psychology Colloquium, University of Arizona, Tuscon, AZ, November 2003.

Defining compassionate love in marriage. Fetzer Institute Meeting on Compassionate Love, Chicago, IL, March, 2003.

PROFESSIONAL SERVICE

Conference Chair or Program Chair

- 2018 Program Chair for the biennial conference of the *International Association for Relationship Research (IARR)* July 12th-16th. (568 attendees from 27 countries around the world)
- Worked closely with web developer to create submission portal and conference website
 - Secured keynote speakers and organized review of submitted abstracts
 - Created themed symposia sessions from accepted individual papers
 - Sent all email notifications and answered questions/requests from attendees
 - Finalized conference schedule and created conference program booklet

Other Professional Organization Service

International Association for Relationship Research (IARR)

- Co-Chair of the Mentoring Committee (2020-present)
- Member of the Elections Committee (2018-2020)
- Member of Publications Committee (2014-2017)
- Future Conference Planning Committee, Member, 2007-2008
- Program Committee Member for the 2008 biennial conference

Society of Personality and Social Psychology (SPSP)

- Judge for SPSP 2014 Annual Conference Graduate Student Travel Award Competition
- Judge for SPSP 2007 Annual Conference Graduate Student Travel Award Competition

ASSOCIATE EDITOR POSITIONS

2018-present Journal of Personality and Social Psychology (Impact factor 5.733)

2017-2018 Personal Relationships

EDITORIAL BOARD MEMBER

2006-2018 Journal of Personality and Social Psychology

2006-2017 Personal Relationships

2013-present Journal of Marriage and the Family

2014-present Journal of Social and Personal Relationships

2015-present Social Psychological and Personality Science

AD-HOC REVIEWER

Current Directions in Psychological Science

Family Relations

Journal of Experimental Social Psychology

Journal of Family Issues

Journal of Family Psychology

Journal of Personality

Journal of Research in Personality

Journal of Social and Clinical Psychology

Personality and Social Psychology Bulletin

Personality and Social Psychology Review

Psychological Review

Psychological Science

GRANT REVIEWER

Marsden Fund Council, New Zealand

National Science Foundation

Social Sciences and Humanities Research Council of Canada

DEPARTMENT AND UNIVERSITY SERVICE

Led discussion on Relationships during COVID-19 for CNS Connect Series 2020

University Collaborative Workgroup for Digital Scholarship 2020
 Third-year Review Committee (Hannah Williamson) 2020
 Dean's Luncheons for Emerging Faculty Leaders 2019-2020
 Interim Graduate Advisor, Spring, Summer and part of Fall 2019
 Third-year Review Committee (Elma Lorenzo-Blanco) 2019
 Faculty Search Committee, Member, 2018
 Dean's Scholars Representative for HDFFS (2017-present)
 Graduate Program Committee 2017-present
 Third-year Review Committee (Hallie Speranza) 2018
 External Review Report for department, Co-author 2017-2018
 HDFFS Undergraduate Honors Program Chair 2015-present
 Space Committee Chair 2013-present
 Speaker at CNS Olli Sage Speaker Series Event 2018
 Faculty Search Committee, Chair 2016
 Assistant Graduate Advisor 2010-2015
 Graduate Recruitment Committee, Chair, 2009-2015
 Minority Liaison for Department of Human Development and Family Sciences, 2009-2015
 Graduate Program Qualifying Exam Revamping Committee, Member 2010
 Participant in UT Explore (developed a relationships quiz demonstration), Spring 2010, 2012, 2014
 Participant in College of Natural Sciences Honors Colloquium Lunch, July 2009

TEACHING AND ADVISING EXPERIENCE

Courses: Undergraduate level

HDF304H: Family Relationships Honors Section (University of Texas at Austin)
 HDF 337: Personal Relationships (University of Texas at Austin)
 HDF 378K: Basic Processes in Intimate Relationships (University of Texas at Austin)

Courses: Graduate level

HDF 395.4: Intimate Relationships: Formation and Development (University of Texas at Austin)
 HDF 394: Special Seminar: The Self in Relationships (University of Texas at Austin)
 HDF 395.1: Theories of Human Development (University of Texas at Austin)

Supervision of Doctoral Dissertations

Spring 2019: Courtney M. Walsh, *Emotional capital and the benefits for personal well-being: How positive moments with you might help me too*
 Spring 2015: April Allen Buck, *Play together or replenish apart? The role of leisure with and without one's partner for buffering against stress spillover*

Supervision of Masters Theses

Spring 2020: Thao T. T. Nguyen, *Too stressed to help? A sequential approach to examining the role of daily stress for support provision*
 Spring 2018: Krystan A. Farnish, *Challenge or threat? Understanding the links between optimistic expectations and emotional responses to marital difficulties.*
 Spring 2016: Courtney M. Walsh, *The role of emotional capital during the early years of marriage: It's about the little things*

Fall 2013: Taylor Anne Morgan, *The ups and downs of variability: Are fluctuating relationship appraisals always detrimental for long-term relationship outcomes?*

Fall 2011: April Allen Buck, *Stress spillover in early marriage: The role of self-regulatory depletion.*

Spring 2010: Elizabeth Broady, *Stress resilience in early marriage: Does practice make perfect?*

Supervision of Undergraduate Theses and McNair Students

Spring 2019: Sunitha Valayil, *The effects of perceived support, received support, and capitalization responses on physiological health*

Spring 2018: Urooj Arshad, *The effects of stress on perceptions of support in newlywed couples*

Spring 2013: Kaytiann Severen, *Victorious or Vulnerable: Is integrative thinking helpful to newlyweds experiencing stress spillover?*

Priscilla Rodriguez, *Linking both partners' stress to effective communication in marriage: Evidence for a strong-link or weak-link effect*

Fall 2011: Nadia Velasquez, *Compartmentalization and poor marital outcomes: Are negative conflict resolution tactics to blame?*

Fall 2010: Erika Ramirez, *Stress and sexual satisfaction in early marriage.*

SAMPLING OF MEDIA COVERAGE OF RESEARCH

Live Science: 12 Scientifically Proven Signs You Should Dump Your Partner (March 2019)

Thrive Global: Burnout Can Damage your Relationship, But These Small Changes Can Help (Feb 2019).

BBC News: Is it better to be like your partner? (Oct. 2018)

The Atlantic Article: The Power of Negative Thinking - Pessimists fare better than people with a sunnier disposition (Jan/Feb 2018)

Reader's Digest Article: The most important person in your relationship may not be your partner (Oct. 2017)

Science Newsline Article: Couples weather bickering with a little help from their friends (Sept. 2017)

YourTango Article: Why some relationships fail even when you do everything right. (July 2017).

Institute for Family Studies: Why the little moments in marriage matter. (March 2017)

Scientific American Mind Article: Optimism is a Double-Edged Sword in Relationships. (January/February 2014)

Huffington Post Article: Women's marriage optimism doesn't bode well for their relationships, study finds. (November, 2013)

Time Magazine Article: The Key to Happy Relationships? It's Not All About Communication (August, 2013)

Huffington Post Article: 11 Ways to Keep Stress from Hurting Your Marriage (August, 2013)

APA Monitor on Psychology Article: Can this Marriage be Saved? (April, 2013)

Women's Health Article: Happier Relationships: Avoid Arguments after Work (March, 2012)

USA Today Article: When the honeymoon's over, which couples survive and why? (March, 2012)

New York Times Op-Ed: The dubious science of online dating (Feb. 2012)

The Alcalde (Texas Exes Magazine): Couples Benefit From Stress in Early Marriage (Aug. 2011)

Austin Monthly Magazine Article: Cracking the Marriage Code (Feb. 2011)

Men's Health Magazine Article: Relationship Problems: I never planned to have an affair (Nov. 2010)

Psychology Today Article. Should love be unconditional? (May 2010).

Men's Health Magazine. Article: Revive your marriage: 5 ways to reignite passion (Nov. 2009)

Huffingtonpost.com. Article: Why beautiful women marry less attractive men (April, 2008)

Psychology Today Article: Why handsome men make bad husbands (April, 2008)

News coverage on the *Today Show* and *BBC Radio*: Why beautiful women marry less attractive men (April, 2008)

Reader's Digest Article: Big boys don't cry and other myths about men and emotions (Oct. 2005)

Psychology Today. Article: The myth of the clueless husband (May/June 2005)

APA Monitor on Psychology Article: Thriving newlyweds can identify spouses' fortes and faults (March, 2005)