

# ERIC N. SMITH

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## CURRENT POSITION

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**Postdoctoral Fellow, University of Texas at Austin**  
Primary Investigator: David Yeager

July 2020 – present

## EDUCATION

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**Ph.D. in Psychology, Stanford University**

June 2020

Primary Advisor: Greg Walton

Dissertation Committee: Greg Walton, Carol Dweck, Alia Crum, & Claude Steele

**B.A. in Psychology & Biology, Northwestern University**

June 2012

Magna Cum Laude; Departmental Honors in Psychology

Thesis Advisor: William Revelle

## PUBLICATIONS

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**Smith, E.N.\***, Rozek, C.S.\*, Manke, K.J., Dweck, C.S., & Walton, G.M. (2021). Teacher- versus researcher-provided affirmation effects on students' task engagement and positive perceptions of teachers. *Journal of Social Issues*, 1-18. \*Co-authored

Crum, A., Handley-Minor, I., & **Smith, E.N.** (2020). Stress mindset interventions. In G. M. Walton & A. Crum (Eds.), *Handbook of wise interventions: How social-psychological insights can help solve problems*, Guilford Press: New York.

**Smith, E.N.**, Santoro, E., Moraveji, N., Susi, M., & Crum, A. (2020). Integrating wearables in stress management interventions: Promising evidence from a randomized trial. *International Journal of Stress Management*, 27(2), 172-182.

**Smith, E.N.**, Young, M.D., & Crum, A. (2020). Stress, mindsets, and success in Navy SEALs special warfare training. *Frontiers in Psychology*, 10(2962).

**Smith, E.N.**, Romero, C., Donovan, B., Paunesku, D., Herter, R., Cohen, G., Dweck, C., & Gross, J. (2018). Emotion theories and adolescent well-being: Results of an online intervention. *Emotion*, 18(6), 781-788.

Hawkins, R.X.D.\*, **Smith, E.N.\***, ... & Frank, M.C. (2018). Improving the replicability of psychological science through pedagogy. *Advances in Methods and Practices in Psychological Science*, 1(1), 7-18. \*Co-authored

Paunesku, D., Walton, G.M., Romero, C., **Smith, E.N.**, Yeager, D., & Dweck, C. (2015). Mindset interventions are a scalable treatment for academic underachievement. *Psychological Science*, 26(1), 33-52.

## PUBLICATIONS IN PREPARATION

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**Smith, E.N.**, Crosby, J.R., Walton, G.M., Dweck, C.S., & Hard, B.M. (in prep). Messages that communicate broad regard improve course grades for underrepresented college students.

**Smith, E.N.**, Dweck, C.S., & Walton, G.M. (in prep). Expansive Care Theory: Can messages of inspiring expectations and broad regard promote students' identity safety and academic success?

**Smith, E.N.**, Dweck, C.S., & Walton, G.M. (in prep). Generalized dependability of adults provides a link between middle school students' socio-economic status and academic efforts.

Crum, A., Santoro, E., **Smith, E.N.**, Handley-Minor, I., Salovey, P., & Achor, S. (in prep). Rethinking stress: Changing mindsets to harness the enhancing effects of stress.

Rozek, C.S.\*, **Smith, E.N.\***, & Doom, J. R. (in prep). Teachers' broad care for students' non-academic lives can support motivation and well-being during the COVID-19 pandemic.

## SELECTED PRESENTATIONS

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**Smith, E.N.**, Manke, K.J, Crosby, J.R., Hard, B.M., Dweck, C.S., & Walton, G.M. (2020, October 30). *Interventions targeting students' uncertainty of instructor care*. Western Psychological Association Convention: San Francisco, California.

**Smith, E.N.** (2019, November 20). *Questions that convey broad care in educational settings*. Talk given at Stanford University Department of Psychology Colloquium: Stanford, California.

**Smith, E.N.** (2019, July 26). *Conveying broad care in values affirmations*. Talk given at the Self-Affirmation: Mechanisms and Theory Conference: Pittsburgh, Pennsylvania.

**Smith, E.N.** (2019, February 8). *Broadening the purpose of office hours increases student investment and grades*. Talk given at the Annual Meeting of the Society for Personality and Social Psychology: Portland, Oregon.

**Smith, E.N.**, Dweck, C. & Walton, G.M. (2016, October 25). *"Do my efforts matter?" Growth mindset and dependability beliefs in middle school*. Talk given at teacher professional development meeting: San Jose, California.

**Smith, E.N.**, Romero, C., Donovan, B., Lee, I., Paunesku, D., Herter, R., Cohen, G., Dweck, C., & Gross, J. (2016, April 12). *A theories of emotion intervention for adolescents*. Talk given at the American Educational Research Association Annual Meeting: Washington DC.

**Smith, E.N.\***, Romero, C., Donovan, B., Lee, I., Paunesku, D., Herter, R., Cohen, G., Dweck, C., & Gross, J. (2016, April 12). *Declines in adaptive emotion regulation beliefs and strategies across middle school*. Talk given at the American Educational Research Association Annual Meeting: Washington DC. \*Co-chaired symposium on Recursive and Reinforcing Antecedents of Emotions in the Classroom.

**Smith, E.N.**, Paunesku, D., & Romero, C. (2014, April 5). *Mindsets matter most when classes are challenging*. Talk given at the American Educational Research Association Annual Meeting: Philadelphia, Pennsylvania.

## AWARDS AND FELLOWSHIPS

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**Institute for Research in the Social Sciences** September 2019 – June 2020  
*Dissertation Fellow* Stanford, CA

Awarded \$10,000 for proposal: *Broadening the scope: Messages of broad care drive academic investment*.

**Norman H. Anderson Research Fund** June 2019  
*Graduate Awardee* Stanford, CA

Awarded \$1,959 for proposal: *Values affirmation interventions as cues of instructor care*.

**National Science Foundation**  
*Graduate Research Fellow*

September 2016 – August 2019  
*Stanford, CA*

Awarded \$138,000 for proposal: *How do students' beliefs about dependability affect self-control?*

## TEACHING

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**San Jose State University - Primary Instructor**

August 2018 – December 2018

Introduction to Psychology (Psyc 1)

Fall 2018

**Stanford University - Teaching Assistant**

September 2015 – June 2020

Advanced Research / Senior Honors Research (Psych 197/198)

Fall 2019 - Spring 2020

Cultural Psychology (Psych 75)

Winter 2020

Self and Society: Introduction to Social Psychology (Psych 70)

Spring 2017

Lab in Experimental Methods (Psych 254)

Winter 2016; Winter 2017

Introduction to Psychology (Psych 1)

Fall 2015; Spring 2016

## SELECTED PROFESSIONAL SERVICE

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**TxMI Learning Assistant Fellowship**

January 2021 – May 2021

*Fellowship Instructor*

*Austin, TX*

Provided semester-long supplemental training for learning assistants in Introductory Chemistry

**Stanford Psychology Graduate Committee**

September 2018 – June 2020

*Committee Member*

*Stanford, CA*

Created individual development plan templates to structure discussions between students and advisors

**Stanford Psychology Diversity Committee**

September 2019 – December 2019

*Committee Member*

*Stanford, CA*

Organized 3rd annual Paths to PhD workshop for underrepresented students pursuing psychology

**Stanford Psychology Department**

November 2018 – September 2019

*Graduate Statistics Consultant*

*Stanford, CA*

Supported researchers through statistical challenges, including mixed effect modeling and pre-registration

**Psychological Interventions in Educational Settings**

September 2015 – June 2019

*President / Board Member*

*Stanford, CA*

Secured funding to bring researchers with expertise in psychological interventions to campus

**Adhoc Journal Reviewer**

November 2016 – present

Emotion

Games for Health Journal

Group Processes & Intergroup Relations

Journal of Experimental Social Psychology (Co-Reviewed)

Journal of Medical Internet Research (Co-Reviewed)

ACM Transactions on Computing Education

Sage Open