

HARP2 Baseline_Final

Start of Block: Marital Status (Screening Q)

Q1.1 Welcome back to the Health and Relationships Project (HARP). Thank you for sharing your experiences with us.

To determine which survey is best suited to your situation, please tell us if you are still married to your partner from the last time we interviewed you.

- ☐ Yes, still married to the same partner (1)
- ☐ Yes, but we are separated (2)
- ☐ No, I am divorced now (9)
- ☐ No, I am widowed now (7)

End of Block: Marital Status (Screening Q)

Start of Block: Instructions

Q3.6

Please use the next and back buttons in the bottom right corner to move through the survey.

Do not use the forward and back buttons on your web browser.

Please complete this survey alone.

End of Block: Instructions

Start of Block: Consent

Q2.1 Consent to Participate in Internet Research

Health and Relationships Project (HARP)

You are eligible to participate in the follow-up study for the Health and Relationships Project

(HARP).

Please read the information below before continuing with the survey.

STUDY GOAL:

The major goal of this study is to understand how marital status influences health over time.

YOUR PARTICIPATION:

1. You will complete a 35 to 40 minute online questionnaire (which will follow this form).
2. You will be asked to fill out a short online survey (about 10 minutes to complete) each evening for 10 days. You can schedule this later.

Most people report that talking about their experiences is a positive exercise for them. However, since all people experience bad times as well as good times, some questions may remind you of difficult experiences you have had. If you experience discomfort, please call 512-348-8977 or email us at health@austin.utexas.edu. We have also created a "Resources" page on our website (www.liberalarts.utexas.edu/health-relationships-lab) with a list of agencies and contacts that may be helpful.

GIFT CARD:

You will receive a \$100 gift card after you complete both today's survey and the short daily questionnaires.

CONFIDENTIALITY:

All information from the questionnaires will be completely confidential. The data resulting from your participation may be made available to other researchers in the future for research purposes not detailed within this consent form. In these cases, the data will contain no identifying information that could associate you with it, or with your participation in any study. Authorized persons from The University of Texas at Austin, members of the Institutional Review Board and the National Institute on Aging have the legal right to review your research records and will protect the confidentiality of those records to the extent permitted by law.

PROTECTIONS:

This study has been reviewed and approved by The University Institutional Review Board and the study number is 2016-03-0101. For questions about your rights or dissatisfaction with any part of this study, you can contact, anonymously if you wish, the Institutional Review Board by phone at (512) 232-1543 or email at irb@austin.utexas.edu.

Your participation is entirely voluntary. If at any time you would like to stop filling out the survey, you are free to do so and may close your browser. You may refuse to answer any question in the survey. Your decision about whether to participate in this study will not affect your health care benefits or eligibility for services, or your future relations with the University of Texas. If you have a question at any time while taking the survey or after you participate, you may contact us at 512-348-8977 or health@austin.utexas.edu. You may also visit our website

at www.liberalarts.utexas.edu/health-relationships-lab or send mail to Dr. Debra Umberson, Population Research Center, 305 E. 23rd St., Stop G1800, Austin, TX, 78712.

Please print a copy of this information to keep for your records.

Statement of Consent

You are now making a decision about whether or not to participate in this study. By clicking the consent statement below, you indicate that you have read the information above and decided to participate. If you do not understand what you have read in this document, do not proceed.

Please contact us to explain anything you do not understand. You may decide to stop taking the survey at any time during the survey. If you understand the above information and agree to this statement of consent, please click the circle below to proceed.

☐ I certify that I consent to participate in this study. (1)

End of Block: Consent

Start of Block: Social Support and Strain: Family, Friends, Civic Participation

Q5.1 The first questions are about everyday social activities. First, we'll ask ask about family and then we'll ask about friends.



Q5.2 At present, how often do you get together socially **in person** with **family members** (with or without your spouse)? Please think of all your family members who do not live with you (for example, parents, siblings, adult children, in-laws).

- ☐ Several times a week (6)
- ☐ Every week (5)
- ☐ About once a month (4)
- ☐ Several times a year (3)
- ☐ About once or twice a year (2)
- ☐ Never (1)



Q187 At present, how often do you talk by phone, text, or have virtual get togethers (for example, video chats, zoom sessions) with **family members** (with or without your spouse)? Please think of all your family members who do not live with you (for example, parents, siblings, adult children, in-laws).

- ☐ Several times a week (6)
- ☐ Every week (5)
- ☐ About once a month (4)
- ☐ Several times a year (3)
- ☐ About once or twice a year (2)
- ☐ Never (1)

Q5.3 Thinking of **family members** you are typically in contact with, how often is it that...

	Hardly Ever (or Never) (1)	Some of the Time (2)	Often (3)	Almost Always (or Always) (4)
a. You can open up to them if you need to talk about your worries? (1)	☐	☐	☐	☐
b. You can rely on them for help if you have a problem? (2)	☐	☐	☐	☐
c. They make too many demands on you? (3)	☐	☐	☐	☐
d. They criticize you? (4)	☐	☐	☐	☐

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Q5.4 At present, how often do you get together socially **in person** with **friends** (with or without your spouse)?

- ☐ Several times a week (6)
 - ☐ Every week (5)
 - ☐ About once a month (4)
 - ☐ Several times a year (3)
 - ☐ About once or twice a year (2)
 - ☐ Never (1)
-



Q188 At present, how often do you talk by phone, texts, or have virtual get togethers (for example, video chats, zoom sessions) with **friends** (with or without your spouse)?

- ☐ Several times a week (6)
 - ☐ Every week (5)
 - ☐ About once a month (4)
 - ☐ Several times a year (3)
 - ☐ About once or twice a year (2)
 - ☐ Never (1)
-

Q5.5 Thinking about the people you consider **your friends**, how often is it that...

	Hardly Ever (or Never) (1)	Some of the Time (2)	Often (3)	Almost Always (or Always) (4)
a. You can open up to them if you need to talk about your worries? (1)	☐	☐	☐	☐
b. You can rely on them for help if you have a problem? (2)	☐	☐	☐	☐
c. They make too many demands on you? (3)	☐	☐	☐	☐
d. They criticize you? (4)	☐	☐	☐	☐

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Q274 How often do you feel that you lack companionship?

- ☐ Hardly Ever (or Never) (1)
 - ☐ Some of the Time (2)
 - ☐ Often (3)
-

Q275 How often do you feel left out?

- ☐ Hardly Ever (or Never) (1)
 - ☐ Some of the Time (2)
 - ☐ Often (3)
-

Q276 How often do you feel isolated from others?

- ☐ Hardly Ever (or Never) (1)
 - ☐ Some of the Time (2)
 - ☐ Often (3)
-

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End of Block: Social Support and Strain: Family, Friends, Civic Participation

Start of Block: Stress-domains and global



Q6.1 The next questions are about stress in your everyday life. Please rate how stressful the following situations are for you at the present time.

	Not at All (1)	Slightly (2)	Somewhat (3)	Very (4)	Extremely (5)
a. Your finances. (Q6.1_1)	☐	☐	☐	☐	☐
b. Your work or employment situation. (Q6.1_2)	☐	☐	☐	☐	☐
c. Your household work. (Q6.1_3)	☐	☐	☐	☐	☐
d. Overall current life circumstances. (Q6.1_4)	☐	☐	☐	☐	☐

Q250 Please tell me how stressful your relationships are for you at the present time.

	Not at All (1)	Slightly (2)	Somewhat (3)	Very (4)	Extremely (5)
a. Your relationship with your spouse. (1)	☐	☐	☐	☐	☐
b. Other family relationships. (2)	☐	☐	☐	☐	☐
c. Relationships with friends. (3)	☐	☐	☐	☐	☐

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Q251 How stressful is your health for you at the present time?

- ☐ Not at All (1)
 - ☐ Slightly (2)
 - ☐ Somewhat (3)
 - ☐ Very (4)
 - ☐ Extremely (5)
-

Q252 How stressful is your spouse's health for you at the present time?

- ☐ Not at All (1)
 - ☐ Slightly (2)
 - ☐ Somewhat (3)
 - ☐ Very (4)
 - ☐ Extremely (5)
-



Q234 How stressful has the coronavirus pandemic been for you personally?

- ☐ Not at All (1)
- ☐ Slightly (2)
- ☐ Somewhat (3)
- ☐ Very (4)
- ☐ Extremely (5)



Q235 How stressful has the coronavirus pandemic been for your relationship?

- ☐ Not at All (1)
- ☐ Slightly (2)
- ☐ Somewhat (3)
- ☐ Very (4)
- ☐ Extremely (5)

End of Block: Stress-domains and global

Start of Block: MQ, Support, Strain



Q10.1 The next questions are about your relationship with your spouse.

Please indicate the degree of happiness, all things considered, in your relationship.

- ☐ Very Unhappy (1)
 - ☐ Fairly Unhappy (2)
 - ☐ Happy (3)
 - ☐ Fairly Happy (4)
 - ☐ Very Happy (5)
-

Q10.2 Please indicate how true the following statements are for your relationship with your spouse.

	Not at All True (1)	A Little True (2)	Somewhat True (3)	Mostly True (4)	Almost Completely True (5)
a. I have a warm and comfortable relationship with my spouse. (1)	☐	☐	☐	☐	☐
b. I feel I can confide in my spouse about virtually anything. (2)	☐	☐	☐	☐	☐

Q10.3 Thinking about you and your spouse,

	Not at All (1)	A Little (2)	Somewhat (3)	Mostly (4)	Almost Completely (5)
a. How rewarding is your relationship with your spouse? (1)	☐	☐	☐	☐	☐
b. In general, how satisfied are you with your relationship? (2)	☐	☐	☐	☐	☐

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Q10.4 In general, how much:

	Not at All (1)	A Little (2)	Somewhat (3)	Quite a Bit (4)	A Great Deal (5)
a. Does your spouse make you feel loved and cared for? (Q10.4_1)	☐	☐	☐	☐	☐
b. Is your spouse critical of you or what you do? (Q10.4_2)	☐	☐	☐	☐	☐
c. Is your spouse willing to listen when you need to talk about your worries or problems? (Q10.4_3)	☐	☐	☐	☐	☐
d. Does your spouse make too many demands on you? (Q10.4_4)	☐	☐	☐	☐	☐

Q10.5 In general, how much:

	Not at All (1)	A Little (2)	Somewhat (3)	Quite a Bit (4)	A Great Deal (5)
a. Do you try to make your spouse feel loved and cared for? (Q10.5_1)	☐	☐	☐	☐	☐
b. Are you willing to listen when your spouse needs to talk about their worries or problems? (Q10.5_2)	☐	☐	☐	☐	☐

Q270 When good things happen to your spouse, how often does that affect your mood in a positive way?

- ☐ Never (1)
 - ☐ Rarely (2)
 - ☐ Sometimes (3)
 - ☐ Often (4)
 - ☐ Always (5)
-

Q271 When stressful things happen to your spouse, how often does that affect your mood in a negative way?

- ☐ Never (1)
 - ☐ Rarely (2)
 - ☐ Sometimes (3)
 - ☐ Often (4)
 - ☐ Always (5)
-

Q272 How often does tension with your spouse affect your mood negatively?

- ☐ Never (1)
- ☐ Rarely (2)
- ☐ Sometimes (3)
- ☐ Often (4)
- ☐ Always (5)

End of Block: MQ, Support, Strain

Start of Block: Health Assessment

Q7.1 The next questions are about overall health.



Q7.2 In general, would you say your physical health is:

- ☐ Excellent (5)
 - ☐ Very Good (4)
 - ☐ Good (3)
 - ☐ Fair (2)
 - ☐ Poor (1)
-

Q7.5 During the past 4 weeks, to what extent has your physical health interfered with your daily activities at home or at work?

- ☐ Not at All (1)
 - ☐ Slightly (2)
 - ☐ Moderately (3)
 - ☐ Quite a Bit (4)
 - ☐ Extremely (5)
-

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Q7.6 Has a doctor ever diagnosed you with any of the following (please check all that apply):

- ☐ High blood pressure (1)
 - ☐ Diabetes (2)
 - ☐ Cancer (or malignant tumor) (3)
 - ☐ Lung disease (4)
 - ☐ Heart problems (5)
 - ☐ Stroke (6)
 - ☐ Arthritis (7)
 - ☐ HIV (8)
 - ☐ Alzheimer's, dementia, or any other memory impairment (9)
 - ☐ No illnesses to report (10)
 - ☐ Other chronic illness(es) (please specify below) (11)
-

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Q174 Because of a physical, mental, or emotional condition, do you have difficulty doing errands alone such as visiting a doctor's office or shopping?

☐ Yes (1)

☐ No (0)



Q175 Because of a physical, mental, or emotional problem, do you need the help of others with personal care needs (e.g., bathing or showering, dressing, eating, using the toilet, getting around inside the home, and getting in or out of bed or chairs)?

☐ Yes (1)

☐ No (0)

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Q176 Are you often troubled with pain?

- ☐ Yes (1)
- ☐ No (0)

Display This Question:

If Are you often troubled with pain? = Yes

Q177 How bad is the pain most of the time?

- ☐ Mild (1)
- ☐ Moderate (2)
- ☐ Severe (3)

Display This Question:

If Are you often troubled with pain? = Yes



Q178 Does the pain make it difficult for you to do your usual activities such as household chores or work?

- ☐ Yes (1)
- ☐ No (0)

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Q7.3 In general, would you say your spouse's physical health is:

- ☐ Excellent (5)
 - ☐ Very Good (4)
 - ☐ Good (3)
 - ☐ Fair (2)
 - ☐ Poor (1)
-



Q7.4 What about your spouse's emotional or mental health? Would you say it is:

- ☐ Excellent (5)
 - ☐ Very Good (4)
 - ☐ Good (3)
 - ☐ Fair (2)
 - ☐ Poor (1)
-

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End of Block: Health Assessment

Start of Block: Cognitive health



Q191

How would you rate your memory at the present time?

- ☐ Excellent (5)
 - ☐ Very Good (4)
 - ☐ Good (3)
 - ☐ Fair (2)
 - ☐ Poor (1)
-



Q209 Compared to 5 years ago, would you say your memory is better now, about the same, or worse than it was then?

- ☐ Better now (3)
 - ☐ About the same (2)
 - ☐ Worse now (1)
-



Q208 How would you rate your spouse's memory at the present time?

- ☐ Excellent (5)
 - ☐ Very Good (4)
 - ☐ Good (3)
 - ☐ Fair (2)
 - ☐ Poor (1)
-



Q207 Compared to 5 years ago, would you say your spouse's memory is better now, about the same, or worse than it was then?

- ☐ Better now (3)
 - ☐ About the same (2)
 - ☐ Worse now (1)
-



Q197 How often are you concerned about your own memory or forgetfulness?

- ☐ Often (4)
 - ☐ Sometimes (3)
 - ☐ Rarely (2)
 - ☐ Never (1)
-

Q192 How concerned are you that your spouse will develop significant cognitive impairment or dementia in the future?

- ☐ Not at all (1)
 - ☐ A little (2)
 - ☐ Somewhat (3)
 - ☐ Quite a bit (4)
 - ☐ A great deal (5)
-

Q193 How concerned are you that you will develop significant cognitive impairment or dementia in the future?

- ☐ Not at all (1)
- ☐ A little (2)
- ☐ Somewhat (3)
- ☐ Quite a bit (4)
- ☐ A great deal (5)

End of Block: Cognitive health

Start of Block: Serious Illness Sequence

Q8.1 The next questions are about times when you were ill or injured over the last few years. If you did not have a serious illness or injury, just report on the times you felt most sick (e.g., flu, headache).



Q8.3 When did your illness or injury occur/begin?

- ☐ Within the past month (1)
 - ☐ Within the past year (2)
 - ☐ 1 to 2 years ago (3)
 - ☐ More than 2 years ago (4)
-



Q277 Are you still experiencing this illness or injury?

- ☐ Yes (1)
 - ☐ No (0)
-

Q8.6 Overall, how serious is/was your most serious illness or injury?

- ☐ Not at All (1)
 - ☐ Slightly (2)
 - ☐ Somewhat (3)
 - ☐ Very (4)
 - ☐ Extremely (5)
-

Page Break



Q8.7 The next questions are about things your spouse may have done for you during your times of illness or injury.

	Often (4)	Sometimes (3)	Rarely (2)	Never (1)
a. My spouse provided physical care for me. (Q8.7_1)	☐	☐	☐	☐
b. My spouse took care of tasks I normally do in order to help me. (Q8.7_2)	☐	☐	☐	☐
c. My spouse dealt with doctors or medical staff in ways that helped me. (Q8.7_3)	☐	☐	☐	☐
d. I did things to take stress off my spouse even when I did not feel well. (Q8.7_4)	☐	☐	☐	☐



Q253 Tell us how your spouse reacted to you when you weren't well.

	Often (4)	Sometimes (3)	Rarely (2)	Never (1)
a. My spouse got annoyed with me for needing help. (Q253_1)	☐	☐	☐	☐
b. My spouse helped me get a better perspective on the situation. (Q253_2)	☐	☐	☐	☐
c. My spouse did not take my health problem as seriously as I wanted them to. (Q253_3)	☐	☐	☐	☐
d. My spouse tended to withdraw. (Q253_4)	☐	☐	☐	☐
e. I worried about the stress this situation caused for my spouse. (Q253_5)	☐	☐	☐	☐

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Q8.8 Overall, how supportive was your spouse during your illness or injury?

- ☐ Not at All (1)
 - ☐ A Little (2)
 - ☐ Somewhat (3)
 - ☐ Very (4)
 - ☐ Extremely (5)
-

Q8.9 Overall, how stressful was your illness or injury for you personally?

- ☐ Not at All (1)
 - ☐ Slightly (2)
 - ☐ Somewhat (3)
 - ☐ Very (4)
 - ☐ Extremely (5)
-



Q8.10 Overall, how stressful was your illness or injury for your relationship?

- ☐ Not at All (1)
- ☐ Slightly (2)
- ☐ Somewhat (3)
- ☐ Very (4)
- ☐ Extremely (5)

Q8.12 If you were to face a serious health problem in the future, how confident are you that your spouse will provide the help and support that you want?

- ☐ Not at All (1)
- ☐ A Little (2)
- ☐ Somewhat (3)
- ☐ Very (4)
- ☐ Extremely (5)

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Q8.13 Now we are going to ask you some questions about the time when **your spouse** was most ill or injured over the last few years.



Q8.15 When did this illness or injury occur/begin?

- ☐ Within the past month (1)
 - ☐ Within the past year (2)
 - ☐ 1 to 2 years ago (3)
 - ☐ More than 2 years ago (4)
-



Q278 Is your spouse still experiencing this illness or injury?

- ☐ Yes (1)
 - ☐ No (0)
-

Q8.18 Overall, how serious is/was your spouse's illness or injury?

- ☐ Not at All (1)
 - ☐ Slightly (2)
 - ☐ Somewhat (3)
 - ☐ Very (4)
 - ☐ Extremely (5)
-

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Q8.19 The next questions are about things you may have done for your spouse during their illness or injury.

	Often (4)	Sometimes (3)	Rarely (2)	Never (1)
a. I provided physical care to my spouse. (Q8.19_1)	☐	☐	☐	☐
b. I took care of tasks that my spouse normally handles. (Q8.19_2)	☐	☐	☐	☐
c. I dealt with doctors or the hospital for my spouse. (Q8.19_3)	☐	☐	☐	☐
d. I felt burdened by my spouse's needs. (Q8.19_4)	☐	☐	☐	☐



Q254 Tell us how you reacted to your spouse when they weren't well.

	Often (4)	Sometimes (3)	Rarely (2)	Never (1)
a. I provided emotional support. (Q254_1)	☐	☐	☐	☐
b. I tried to help my spouse get a better perspective on their situation. (Q254_2)	☐	☐	☐	☐
c. I thought my spouse exaggerated their health problem and needs. (Q254_3)	☐	☐	☐	☐
d. I withdrew from the situation. (Q254_4)	☐	☐	☐	☐
e. I worried about my spouse. (Q254_5)	☐	☐	☐	☐

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Q8.22 Overall, how stressful was your spouse's illness or injury for you personally?

- ☐ Not at All (1)
 - ☐ Slightly (2)
 - ☐ Somewhat (3)
 - ☐ Very (4)
 - ☐ Extremely (5)
-

Q8.23 Overall, how stressful was your spouse's illness or injury for your relationship?

- ☐ Not at All (1)
 - ☐ Slightly (2)
 - ☐ Somewhat (3)
 - ☐ Very (4)
 - ☐ Extremely (5)
-

Page Break

End of Block: Serious Illness Sequence

Start of Block: Formal Health Care



Q9.1

Which of the following best describes your health care coverage?

- ☐ No health insurance (1)
 - ☐ Private health insurance plan (for example, health insurance through employer) (2)
 - ☐ Government plan such as Medicaid or Medicare (3)
 - ☐ Don't know/Not sure (4)
-

Q9.2 Over the past year, have you had any trouble paying for health care?

- ☐ No Trouble (1)
 - ☐ Some Trouble (2)
 - ☐ A Lot of Trouble (3)
-

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End of Block: Formal Health Care

Start of Block: End-of-life planning



Q215 Have you discussed with your spouse your plans about the types of medical treatment you want or don't want if you become seriously ill in the future?

☐ Yes (1)

☐ No (0)



Q216 Do you have a living will or an advance directive? These are written instructions about the type of medical treatment you would want to receive if you were unconscious or somehow unable to communicate.

☐ Yes (1)

☐ No (0)



Q217 Have you made any legal arrangements for someone to make decisions about your medical care if you become unable to make those decisions yourself? This is sometimes called a Durable Power of Attorney for Health Care.

☐ Yes (1)

☐ No (0)

End of Block: End-of-life planning

Start of Block: CESD

Q12.1 The next questions are about feelings you may have had recently.

Indicate how often you **felt or behaved** in the following ways *during the past week*:

	Rarely or None of the Time (1)	Some of the Time (2)	Occasionally (3)	Most of the Time (4)
a. I did not feel like eating; my appetite was poor. (1)	☐	☐	☐	☐
b. I felt depressed. (2)	☐	☐	☐	☐
c. I felt like everything I did was an effort. (3)	☐	☐	☐	☐
d. My sleep was restless. (4)	☐	☐	☐	☐
e. I was happy. (5)	☐	☐	☐	☐
f. I felt lonely. (6)	☐	☐	☐	☐
g. People were unfriendly. (7)	☐	☐	☐	☐
h. I enjoyed life. (8)	☐	☐	☐	☐
i. I felt sad. (9)	☐	☐	☐	☐
j. I felt that people disliked me. (10)	☐	☐	☐	☐
k. I could not "get going." (11)	☐	☐	☐	☐

Q12.3 During the past week, how often has your relationship with your spouse been the main cause of these feelings?

- ☐ None of the time (1)
 - ☐ A little of the time (2)
 - ☐ Some of the time (3)
 - ☐ Most of the time (4)
 - ☐ All of the time (5)
-

Q12.2 During the past week, how often have your own physical health problems been the main cause of these feelings?

- ☐ None of the time (1)
 - ☐ A little of the time (2)
 - ☐ Some of the time (3)
 - ☐ Most of the time (4)
 - ☐ All of the time (5)
-

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Q12.4 Please indicate how often you **felt** the following ways **during the past week**:

	Rarely or None of the Time (1)	Some of the Time (2)	Occasionally (3)	Most of the Time (4)
a. I was unable to control important things in my life. (1)	☐	☐	☐	☐
b. I felt confident about my ability to handle personal problems. (2)	☐	☐	☐	☐
c. I felt that things were going my way. (3)	☐	☐	☐	☐
d. I felt difficulties were piling up so high that I could not overcome them. (4)	☐	☐	☐	☐

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Q13.1 Now we are going to ask you some questions about the time when **you were most emotionally or psychologically distressed** over the last few years.



Q13.4 When did your distress begin?

- ☐ Within the past month (1)
 - ☐ Within the past year (2)
 - ☐ 1 to 2 years ago (3)
 - ☐ More than 2 years ago (4)
-



Q279 Are you still experiencing this distress?

- ☐ Yes (1)
 - ☐ No (0)
-



Q13.7 Overall, how serious is/was your distress during this period?

- ☐ Not at All (1)
- ☐ Slightly (2)
- ☐ Somewhat (3)
- ☐ Very (4)
- ☐ Extremely (5)

Page Break



Q13.8 The next questions are about things your spouse may have done for you during this period of distress.

	Often (4)	Sometimes (3)	Rarely (2)	Never (1)
a. My spouse was supportive and caring. (Q13.8_1)	☐	☐	☐	☐
b. My spouse gave me time and space to myself. (Q13.8_2)	☐	☐	☐	☐
c. My spouse took care of tasks that I normally handle. (Q13.8_3)	☐	☐	☐	☐
d. My spouse urged me to talk about my situation. (Q13.8_4)	☐	☐	☐	☐
e. My spouse did not take my emotional distress as seriously as I wanted them to. (Q13.8_5)	☐	☐	☐	☐



Q268 How frequently did you worry about the stress your distress put on your spouse during this period?

- ☐ Often (4)
- ☐ Sometimes (3)
- ☐ Rarely (2)
- ☐ Never (1)



Q255 Tell us how your spouse reacted to your emotional distress.

	Often (4)	Sometimes (3)	Rarely (2)	Never (1)
a. My spouse got annoyed with me for feeling distressed. (Q255_1)	☐	☐	☐	☐
b. My spouse helped me get a better perspective on the situation. (Q255_2)	☐	☐	☐	☐
c. My spouse tended to withdraw when I was sad or upset. (Q255_3)	☐	☐	☐	☐

Page Break

Q189 How often did your spouse react in ways that were helpful to you when you felt emotionally distressed?

- ☐ Never (1)
 - ☐ Rarely (2)
 - ☐ Sometimes (3)
 - ☐ Often (4)
-

Q190 How often did your spouse react in ways that were not helpful to you or made you feel more emotionally distressed?

- ☐ Never (1)
 - ☐ Rarely (2)
 - ☐ Sometimes (3)
 - ☐ Often (4)
-

Q13.11 How stressful was this period of emotional distress for your relationship with your spouse?

- ☐ Not at All (1)
 - ☐ Slightly (2)
 - ☐ Somewhat (3)
 - ☐ Very (4)
 - ☐ Extremely (5)
-

Page Break

Q13.12 Now we are going to ask you some questions about the time when **your spouse was most emotionally or psychologically distressed** over the last few years.

Q280 When did your spouse's distress begin?

- ☐ Within the past month (1)
 - ☐ Within the past year (2)
 - ☐ 1 to 2 years ago (3)
 - ☐ More than 2 years ago (4)
-



Q13.14 Is your spouse still experiencing this distress?

- ☐ No (0)
 - ☐ Yes (1)
-



Q13.17 How serious is/was your spouse's emotional distress?

- ☐ Not at All (1)
 - ☐ Slightly (2)
 - ☐ Somewhat (3)
 - ☐ Very (4)
 - ☐ Extremely (5)
-

Page Break



Q13.18 The next questions are about things you may have done for your spouse during this period of distress.

	Often (4)	Sometimes (3)	Rarely (2)	Never (1)
a. I provided support and care. (Q13.18_1)	☐	☐	☐	☐
b. I gave my spouse time and space to him/herself. (Q13.18_2)	☐	☐	☐	☐
c. I provided support even though I did not want to. (Q13.18_3)	☐	☐	☐	☐
d. I took care of tasks that my spouse normally handles. (Q13.18_4)	☐	☐	☐	☐
e. I encouraged my spouse to talk about their feelings. (Q13.18_5)	☐	☐	☐	☐



Q256 Tell us about how you reacted to your spouse's emotional distress.

	Often (4)	Sometimes (3)	Rarely (2)	Never (1)
a. I worried about my spouse. (Q256_1)	☐	☐	☐	☐
b. I felt annoyed and/or burdened by my spouse's needs. (Q256_2)	☐	☐	☐	☐
c. I tried to help my spouse get a better perspective on the situation. (Q256_3)	☐	☐	☐	☐
d. I withdrew from the situation. (Q256_4)	☐	☐	☐	☐

Page Break



Q13.19 How much effort did you expend to try and make your spouse feel better?

- ☐ A lot (4)
 - ☐ A moderate amount (3)
 - ☐ A little (2)
 - ☐ None at all (1)
-

Q13.20 Overall, how stressful was your spouse's emotional distress for you personally?

- ☐ Not at All (1)
 - ☐ Slightly (2)
 - ☐ Somewhat (3)
 - ☐ Very (4)
 - ☐ Extremely (5)
-

Q13.21 Overall, how stressful was your spouse's emotional distress for your relationship?

- ☐ Not at All (1)
 - ☐ Slightly (2)
 - ☐ Somewhat (3)
 - ☐ Very (4)
 - ☐ Extremely (5)
-

Q13.23 How concerned are you that your spouse might experience significant emotional or psychological problems in the future?

- ☐ Not at All (1)
- ☐ Slightly (2)
- ☐ Somewhat (3)
- ☐ Very (4)
- ☐ Extremely (5)

Page Break



Q14.1

The next questions are about health behaviors such as smoking, drinking, diet and exercise.
Which of the following best describes you?

- ☐ I have never smoked tobacco/have only tried smoking once or twice (1)
- ☐ I have given up smoking tobacco (2)
- ☐ I smoke tobacco occasionally (3)
- ☐ I smoke tobacco regularly (4)

Page Break



Q14.6

Which of these best describes you?

- ☐ I have never drunk alcohol/have only tried alcohol once or twice. (1)
- ☐ I have given up alcohol. (2)
- ☐ I sometimes drink alcohol. (3)

Skip To: End of Block If Which of these best describes you? = I have never drunk alcohol/have only tried alcohol once or twice.

Display This Question:

If Which of these best describes you? = I sometimes drink alcohol.

Q259 How frequently do you drink alcohol?

- ☐ I drink alcohol less often than once a month. (1)
- ☐ I drink alcohol more than once a month but not weekly. (2)
- ☐ I drink alcohol 1-2 days per week. (3)
- ☐ I drink alcohol 3-5 days per week. (4)
- ☐ I drink alcohol 6-7 days per week. (5)

Display This Question:

If Which of these best describes you? = I sometimes drink alcohol.



Q14.8 On days that you drink, on average, about how many drinks do you have? (1 drink is equivalent to a 12-ounce beer, 5-ounce glass of wine, or drink with 1 shot of liquor)

▼ 1 (1) ... More than 5 (5.5)

Display This Question:

If Which of these best describes you? = I have given up alcohol.

Q269 Why did you give up alcohol?

End of Block: Health Behaviors: Smoking and Alcohol

Start of Block: Health Behaviors: Sleep, Exercise, Weight



Q15.1 How many hours do you usually sleep at night?

▼ 5 hours or less (5) ... 12 hours or more (12)



Q15.2 How often do you feel really rested when you wake up in the morning?

- ☐ Most of the Time (4)
- ☐ Sometimes (3)
- ☐ Rarely (2)
- ☐ Never (1)

Page Break



Q15.3 How often do you engage in VIGOROUS physical activity or exercise long enough to raise your heart rate and work up a sweat (for example, running or lifting heavy objects) ?

- ☐ Never (1)
- ☐ Less than once a month (2)
- ☐ About once a month (3)
- ☐ Several times a month (4)
- ☐ About once a week (5)
- ☐ Several times a week or more (6)

Skip To: Q15.5 If How often do you engage in VIGOROUS physical activity or exercise long enough to raise your heart... = Never

Q15.4 On the days that you engage in VIGOROUS physical activity or exercise, for about how many minutes do you typically exercise?

1 16 31 46 61 76 90 105 120 135 150

Minutes ()	
------------	--



Q15.5 How often do you engage in MODERATE physical activity or exercise (for example, taking a walk or using a vacuum cleaner)?

- ☐ Never (1)
- ☐ Less than once a month (2)
- ☐ About once a month (3)
- ☐ Several times a month (4)
- ☐ About once a week (5)
- ☐ Several times a week or more (6)

Skip To: Q15.7 If How often do you engage in MODERATE physical activity or exercise (for example, taking a walk or... = Never

Q15.6 On the days that you engage in MODERATE physical activity or exercise, for about how many minutes do you typically exercise?

1 16 31 46 61 76 90 105 120 135 150

Minutes ()	
------------	--

Page Break



Q15.7

How often do you try to make yourself feel better or more relaxed by doing the following:

	Often (4)	Sometimes (3)	Rarely (2)	Never (1)
a. Exercising (Q15.7_1)	☐	☐	☐	☐
b. Eating (Q15.7_2)	☐	☐	☐	☐
c. Drinking (Q15.7_3)	☐	☐	☐	☐
d. Smoking/vaping (Q15.7_4)	☐	☐	☐	☐
e. Taking drugs or medications (Q15.7_5)	☐	☐	☐	☐

Q15.8 About how much do you weigh without shoes on (in pounds)?

☐ Weight (lbs) (12) _____

Page Break

Start of Block: Social Control



Q16.1 Please indicate how often the following occur.

	Often (4)	Sometimes (3)	Rarely (2)	Never (1)
a. I do things with my spouse that help me to have a healthy lifestyle (for example, exercise or eating well). (Q16.1_1)	☐	☐	☐	☐
b. My spouse tells or reminds me to do things to protect my health. (Q16.1_2)	☐	☐	☐	☐
c. I tell or remind my spouse to do things to protect their health. (Q16.1_3)	☐	☐	☐	☐



Q16.2 How often do you feel the following **when your spouse tries to influence your health habits?**

	Often (4)	Sometimes (3)	Rarely (2)	Never (1)
a. Irritated (1)	☐	☐	☐	☐
b. Appreciative (2)	☐	☐	☐	☐
c. Inclined to ignore my spouse (3)	☐	☐	☐	☐

Q16.3 How true is the following statement for you? I feel a sense of responsibility to my spouse to stay healthy.

- ☐ Not at All True (1)
 - ☐ A Little True (2)
 - ☐ Somewhat True (3)
 - ☐ Mostly True (4)
 - ☐ Very True (5)
-

Q16.4 How much would you like for your spouse to change the following habits?

	Not at All (1)	A Little (2)	Some (3)	Quite a Bit (4)
a. Their exercise habits (1)	☐	☐	☐	☐
b. Their drinking habits (2)	☐	☐	☐	☐
c. Their eating habits (3)	☐	☐	☐	☐
d. Other health habits (please list) (4)	☐	☐	☐	☐

Page Break



Q16.5 How often have you used the following tactics to try and influence any of your spouse's health habits?

	Often (4)	Sometimes (3)	Rarely (2)	Never (1)
a. Ask or remind your spouse to change their habits (Q16.5_1)	☐	☐	☐	☐
b. Express worry or concern (Q16.5_2)	☐	☐	☐	☐
c. Provide encouragement and support (Q16.5_3)	☐	☐	☐	☐
d. Express frustration or irritation (Q16.5_4)	☐	☐	☐	☐
e. Model the behavior (Q16.5_5)	☐	☐	☐	☐
f. State how important it is to you (Q16.5_6)	☐	☐	☐	☐
g. Drop hints (Q16.5_7)	☐	☐	☐	☐
h. Offer to make changes with your spouse (Q16.5_8)	☐	☐	☐	☐
i. Praise or compliment your spouse (Q16.5_9)	☐	☐	☐	☐
j. Try to reason with your spouse, be logical (Q16.5_10)	☐	☐	☐	☐
k. Use humor, make jokes (Q16.5_11)	☐	☐	☐	☐

I. Change the
environment
(Q16.5_12)



Page Break

Q16.7 Overall, how successful are you **when you try to influence your spouse's health habits?**

- ☐ Not at All (1)
- ☐ A Little (2)
- ☐ Somewhat (3)
- ☐ Very (4)

Page Break

End of Block: Social Control

Start of Block: MAR: Communication, Conflict

Q11.1

The next questions are about **communication with your spouse**. To what extent do you:

	Never (1)	Very Little (2)	Occasionally (3)	Somewhat Frequently (4)	Very Frequently (5)
a. Tell your spouse what you want or need from him/her? (Q11.1_1)	☐	☐	☐	☐	☐
b. Show with your behavior what you want or need from your spouse? (Q11.1_2)	☐	☐	☐	☐	☐
c. Start a conversation when there is tension between you? (Q11.1_3)	☐	☐	☐	☐	☐
d. Sense when your spouse is disturbed or bothered? (Q11.1_4)	☐	☐	☐	☐	☐
e. Keep your feelings to yourself? (Q11.1_5)	☐	☐	☐	☐	☐
f. Give your spouse space when they are troubled or stressed? (Q11.1_6)	☐	☐	☐	☐	☐

Page Break

Q11.3 About how often do you and your spouse argue with each other?

- ☐ Very Rarely (1)
 - ☐ Rarely (2)
 - ☐ Sometimes (3)
 - ☐ Often (4)
 - ☐ Very Often (5)
-



Q11.4 When you and your spouse argue, how stressful is this for you?

- ☐ Not at All (1)
 - ☐ Slightly (2)
 - ☐ Somewhat (3)
 - ☐ Very (4)
 - ☐ Extremely (5)
-



Q11.5 How often does your spouse require too much time and attention?

☐ Very Rarely (1)

☐ Rarely (2)

☐ Sometimes (3)

☐ Often (4)

☐ Very Often (5)

Page Break

Q11.6 How frequently does **your spouse** use each of the following styles to deal with arguments or disagreements with you?

	Never (1)	Rarely (2)	Sometimes (3)	Often (4)	Always (5)
a. Explode and get out of control. (Q11.6_1)	☐	☐	☐	☐	☐
b. Reach a limit and refuse to talk any further. (Q11.6_2)	☐	☐	☐	☐	☐
c. Throw insults and digs. (Q11.6_3)	☐	☐	☐	☐	☐
d. Withdraw, act distant or not interested. (Q11.6_4)	☐	☐	☐	☐	☐

Page Break

End of Block: MAR: Communication, Conflict

Start of Block: Relationship Equity



Q258 My spouse and I have equal power in our relationship.

- ☐ Strongly disagree (1)
- ☐ Somewhat disagree (2)
- ☐ Neither agree nor disagree (3)
- ☐ Somewhat agree (4)
- ☐ Strongly agree (5)

End of Block: Relationship Equity

Start of Block: Parental Status



Q18.1 Do you have any **children living with you at this time** (including biological, adopted, step, or others you think of as your children)?

- ☐ No (0)
- ☐ Yes (1)

Display This Question:

If Do you have any children living with you at this time (including biological, adopted, step, or ot... = Yes

Q185 What is the age of each child living with you (in years)? And is the child from your current relationship, prior relationship, or other?

	From Current, Prior, or Other Relationship	Age
--	--	-----

	Current (1)	Prior (2)	Other (3)	(In years) (1)
First Child (1)	☐	☐	☐	
Second Child (2)	☐	☐	☐	
Third Child (3)	☐	☐	☐	
Fourth Child (4)	☐	☐	☐	
Fifth Child (5)	☐	☐	☐	
Sixth Child (6)	☐	☐	☐	



Q18.3 Do you have any **children living elsewhere at this time** (including biological, adopted, step, or others you think of as your children)?

☐ No (0)

☐ Yes (1)

Display This Question:

If Do you have any children living elsewhere at this time (including biological, adopted, step, or o... = Yes

Q18.4 What is the age of each child living elsewhere? And is the child from your current relationship, prior relationship, or other?

	Age	From Current, Prior, or Other Relationship		
	(1)	Current (1)	Prior (2)	Other (3)

First Child (1)		☐	☐	☐
Second Child (2)		☐	☐	☐
Third Child (3)		☐	☐	☐
Fourth Child (4)		☐	☐	☐
Fifth Child (5)		☐	☐	☐
Sixth Child (6)		☐	☐	☐

Display This Question:

If Do you have any children living elsewhere at this time (including biological, adopted, step, or o... = Yes

Or Do you have any children living with you at this time (including biological, adopted, step, or ot... = Yes



Q18.5 At this point in your life, how satisfied are you with being a parent?

- ☐ Completely (5)
- ☐ Very (4)
- ☐ Somewhat (3)
- ☐ Not Very (2)
- ☐ Not at All (1)

Display This Question:

If Do you have any children living elsewhere at this time (including biological, adopted, step, or o... = Yes

Or Do you have any children living with you at this time (including biological, adopted, step, or ot... = Yes



Q18.6 How often are you bothered or upset as a parent?

- ☐ Almost Always (5)
- ☐ Often (4)
- ☐ Sometimes (3)
- ☐ Rarely (2)
- ☐ Never (1)

Display This Question:

If Do you have any children living elsewhere at this time (including biological, adopted, step, or o... = Yes

Or Do you have any children living with you at this time (including biological, adopted, step, or ot... = Yes



Q18.7 How happy are you with the way your child(ren) has/have turned out so far?

- ☐ Very Happy (5)
- ☐ Quite Happy (4)
- ☐ Somewhat Happy (3)
- ☐ Not Too Happy (2)
- ☐ Not at All Happy (1)

Display This Question:

If Do you have any children living elsewhere at this time (including biological, adopted, step, or o... = Yes

Or Do you have any children living with you at this time (including biological, adopted, step, or ot... = Yes



Q18.8 How much does your child(ren) contribute to stress in your marriage?

- ☐ Not at All (1)
- ☐ Slightly (2)
- ☐ Somewhat (3)
- ☐ A Great Deal (4)

Page Break

End of Block: Parental Status

Start of Block: Caregiving Sequence



Q212 In the last month, besides as a job or volunteer work, did you ever provide care for or look after an adult who cannot care for themselves?

- ☐ No (0)
- ☐ Yes (1)

Display This Question:

If In the last month, besides as a job or volunteer work, did you ever provide care for or look after... = Yes



Q213 Who is this person? Select all that apply.

- ☐ Spouse (1)
- ☐ Parent or parent-in-law (2)
- ☐ Other family member (3)
- ☐ Friend (4)
- ☐ Other (please specify) (5)

Display This Question:

If In the last month, besides as a job or volunteer work, did you ever provide care for or look after... = Yes

Q248 On average, about how many hours per week did you spend providing care? If you've provided more than 20 hours per week, please select 20.

0 2 4 6 8 10 12 14 16 18 20

Hours ()

Display This Question:

If In the last month, besides as a job or volunteer work, did you ever provide care for or look after... = Yes

Q214 How stressful was it for you to provide this care?

- ☐ Not at all (1)
- ☐ Slightly (2)
- ☐ Somewhat (3)
- ☐ Very (4)
- ☐ Extremely (5)

Display This Question:

If Who is this person? Select all that apply. = Parent or parent-in-law
Or Who is this person? Select all that apply. = Other family member
Or Who is this person? Select all that apply. = Friend
Or Who is this person? Select all that apply. = Other (please specify)



Q266 How often did your spouse help you with providing this care?

- ☐ Never (1)
- ☐ Rarely (2)
- ☐ Sometimes (3)
- ☐ Often (4)

End of Block: Caregiving Sequence

Start of Block: Dyadic Coping Inventory

Q19.1 This section is about **what your spouse does when you are feeling stressed.**

	Very Rarely (1)	Rarely (2)	Sometimes (3)	Often (4)	Very Often (5)
a. My spouse expresses that they are on my side. (Q19.1_1)	☐	☐	☐	☐	☐
b. My spouse blames me for not coping well enough with stress. (Q19.1_2)	☐	☐	☐	☐	☐
c. My spouse helps me to see stressful situations in a different light. (Q19.1_3)	☐	☐	☐	☐	☐
d. My spouse listens to me and gives me the opportunity to communicate what really bothers me. (Q19.1_4)	☐	☐	☐	☐	☐
e. My spouse does not take my stress seriously. (Q19.1_5)	☐	☐	☐	☐	☐
f. My spouse takes on things that I normally do in order to help me out. (Q19.1_6)	☐	☐	☐	☐	☐
g. When I am stressed, my spouse tends to withdraw. (Q19.1_7)	☐	☐	☐	☐	☐

h. When I am stressed, there is not much my spouse can do to make me feel better.
(Q19.1_8)



Page Break

Q19.2 This section is about **what you do when your spouse makes known their stress.**

	Very Rarely (1)	Rarely (2)	Sometimes (3)	Often (4)	Very Often (5)
a. I express to my spouse that I am on their side. (Q19.2_1)	☐	☐	☐	☐	☐
b. I blame my spouse for not coping well enough with stress. (Q19.2_2)	☐	☐	☐	☐	☐
c. I listen to my spouse and give them space and time to communicate what really bothered them. (Q19.2_4)	☐	☐	☐	☐	☐
d. I do not take my spouse's stress seriously. (Q19.2_5)	☐	☐	☐	☐	☐
e. I take on things that my spouse normally does in order to help them out. (Q19.2_6)	☐	☐	☐	☐	☐
f. When my spouse is stressed, I tend to withdraw. (Q19.2_7)	☐	☐	☐	☐	☐

g. When my spouse is stressed, there is not much I can do that makes them feel better. (Q19.2_8)

☐	☐	☐	☐	☐
-----------------------	-----------------------	-----------------------	-----------------------	-----------------------

Q19.3 This section is about **what you and your spouse do when you are both feeling stressed.**

	Very Rarely (1)	Rarely (2)	Sometimes (3)	Often (4)	Very Often (5)
a. We try to cope with the problem together and search for solutions. (1)	☐	☐	☐	☐	☐
b. We engage in a serious discussion about the problem and think through what has to be done. (2)	☐	☐	☐	☐	☐
c. We help one another to put the problem in perspective and see it in a new light. (3)	☐	☐	☐	☐	☐



Q20.1 During the past 12 months, about how often did you and your spouse have sex?

- ☐ Once or more a week (6)
 - ☐ Two or three times a month (5)
 - ☐ Once a month (4)
 - ☐ Once every few months (3)
 - ☐ A few times over the past 12 months (2)
 - ☐ Not at all in the past 12 months (1)
-



Q20.2 During the past 12 months, would you say that you had sex with your spouse:

- ☐ Much more often than you would like (5)
 - ☐ Somewhat more often than you would like (4)
 - ☐ About as often as you would like (3)
 - ☐ Less often than you would like (2)
 - ☐ Much less often than you would like (1)
-



Q20.3 In the past 12 months, how often did you have sex with your spouse for the following reasons:

	Often (4)	Sometimes (3)	Rarely (2)	Never (1)
a. For enjoyment and pleasure. (Q20.3_1)	☐	☐	☐	☐
b. To please your spouse. (Q20.3_2)	☐	☐	☐	☐
c. For emotional closeness. (Q20.3_3)	☐	☐	☐	☐
d. You felt pressured by your spouse. (Q20.3_4)	☐	☐	☐	☐
e. For the sake of the relationship. (Q20.3_5)	☐	☐	☐	☐

Page Break



Q20.4 Overall, how satisfied are you with your current sex life with your spouse?

- ☐ Not at All (1)
 - ☐ Slightly (2)
 - ☐ Somewhat (3)
 - ☐ Very (4)
 - ☐ Extremely (5)
-

Q262 How emotionally satisfying do you find your relationship with your spouse to be?

- ☐ Not at All (1)
 - ☐ Slightly (2)
 - ☐ Somewhat (3)
 - ☐ Very (4)
 - ☐ Extremely (5)
-

Page Break

End of Block: Sexual Relationship and Intimacy

Start of Block: Discrimination & Spousal Abuse



Q22.1 In your day-to-day life, how often do any of the following things happen to you?

	Almost Every Day (6)	At Least Once a Week (5)	A Few Times a Month (4)	A Few Times a Year (3)	Less Than Once a Year (2)	Never (1)
a. You are treated with less respect than other people. (Q22.1_1)	☐	☐	☐	☐	☐	☐
b. You receive poorer service than other people at restaurants or stores. (Q22.1_2)	☐	☐	☐	☐	☐	☐
c. You receive poorer service than other people in medical settings (for example, in hospitals or doctors' offices). (Q22.1_3)	☐	☐	☐	☐	☐	☐
d. You feel unsafe in public places. (Q22.1_4)	☐	☐	☐	☐	☐	☐
e. People ignore you or act as if you do not exist. (Q22.1_5)	☐	☐	☐	☐	☐	☐
f. People act as if they are disgusted by you. (Q22.1_6)	☐	☐	☐	☐	☐	☐
g. People act as though they are afraid of you. (Q22.1_7)	☐	☐	☐	☐	☐	☐
h. People treat your marriage/relationship as if it is less legitimate than theirs. (Q22.1_8)	☐	☐	☐	☐	☐	☐
i. People act as if they think you are dishonest. (Q22.1_9)	☐	☐	☐	☐	☐	☐

j. People act as if they're better than you are. (Q22.1_10)

☐	☐	☐	☐	☐	☐
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k. You are called names or insulted. (Q22.1_11)

☐	☐	☐	☐	☐	☐
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l. You are threatened or harassed. (Q22.1_12)

☐	☐	☐	☐	☐	☐
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Skip To: Q22.3 If In your day-to-day life, how often do any of the following things happen to you? [Never]
(Count) = 12



Q22.2 Please rank order **up to three** main reasons that these things happened to you (1 = main reason, 2 = second reason, 3 = third reason). Please leave the other reasons blank.

- _____ Gender (1)
- _____ Race/Ethnicity (2)
- _____ Sexual orientation (3)
- _____ Physical appearance (4)
- _____ Income level/social class (5)
- _____ Weight/body size (6)
- _____ Age (8)
- _____ Other (please specify) (7)

Page Break



Q22.3 Thinking of your current relationship, choose the category that best describes how often your spouse behaves in the following ways.

	Often (4)	Sometimes (3)	Rarely (2)	Never (1)
a. My spouse does not treat me well. (Q22.3_1)	☐	☐	☐	☐
b. My spouse is too controlling over my daily decisions and life. (Q22.3_2)	☐	☐	☐	☐
c. My spouse drinks too much. (Q22.3_3)	☐	☐	☐	☐
d. My spouse pushes, slaps, or hits me. (Q22.3_4)	☐	☐	☐	☐

Page Break

End of Block: Discrimination & Spousal Abuse

Start of Block: Demographics & Recruiting



Q184 In what year were you born?

▼ 1980 (1980) ... 1948 (1948)



Q23.3 In what state do you currently live?

▼ No longer living in the U.S. (0) ... WY (51)

Page Break



Q23.6 What is your religious preference?

- ☐ None (1)
 - ☐ Protestant (2)
 - ☐ Catholic (3)
 - ☐ Jewish (4)
 - ☐ Hindu (8)
 - ☐ Islamic (7)
 - ☐ Buddhist (5)
 - ☐ Other (please specify below) (6)
-



Q199 About how often have you attended religious services (including virtual services) during the past year?

- ☐ More than once a week (5)
- ☐ Once a week (4)
- ☐ Two or three times a month (3)
- ☐ One or more times a year (2)
- ☐ Not at all (1)

Page Break



Q23.8 What is the highest level of formal education that you have completed?

- ☐ Less than high school diploma/GED (1)
 - ☐ High school graduate or GED (2)
 - ☐ Some college, no degree (3)
 - ☐ Associate's degree/technical school graduate (4)
 - ☐ College graduate (5)
 - ☐ Post-graduate or professional degree (6)
-



Q23.9 What is your current employment situation?

- ☐ Currently working full-time (1)
 - ☐ Currently working part-time (2)
 - ☐ Retired (6)
 - ☐ Disabled or unable to work (5)
 - ☐ Unemployed or laid off and looking for work (4)
 - ☐ A homemaker (3)
 - ☐ Other (please specify below) (7)
-

Page Break



Q23.12 Which of the following comes closest to your total PERSONAL income (NOT INCLUDING your spouse's income) for the past year?

- ☐ no personal income (1)
- ☐ \$1-\$24,999 (2)
- ☐ \$25,000-\$49,999 (3)
- ☐ \$50,000-\$74,999 (4)
- ☐ \$75,000-\$99,999 (5)
- ☐ \$100,000-\$149,999 (6)
- ☐ \$150,000-\$249,999 (7)
- ☐ \$250,000 or more (8)



Q23.13 Which of the following comes closest to your total HOUSEHOLD income for the past year?

- ☐ no household income (1)
- ☐ \$1-\$24,999 (2)
- ☐ \$25,000-\$49,999 (3)
- ☐ \$50,000-\$74,999 (4)
- ☐ \$75,000-\$99,999 (5)
- ☐ \$100,000-\$149,999 (6)
- ☐ \$150,000-\$249,999 (7)
- ☐ \$250,000 or more (8)

Page Break

End of Block: Demographics & Recruiting

Start of Block: Ending Prompt

Q25.1 Please let us know if there is anything else you feel is important in terms of understanding relationships, stress, and health, particularly changes during the COVID-19 pandemic (You may leave this blank if you have nothing to add).

Q273

You and your spouse should start the daily survey on the same night and fill out the 5-10 minute survey each night for 10 days.

Please discuss with your spouse when you both would like to start the daily survey. We ask that you choose a 10 day period that does not include a vacation or holiday.

If your spouse has not yet completed the main survey, they will need to do that prior to beginning the daily surveys. They should have received an individual link to their survey, but please have them check their spam folder or email us at health@austin.utexas.edu if they have not received the link.

What evening would your spouse and you like to begin your daily survey? You can begin as early as tomorrow night.

```
Qualtrics.SurveyEngine.addOnload(function(){var qid =this.questionId;var calid = qid
+'_cal';var y =QBuilder('div'); $(y).setStyle({clear:'both'});var d =QBuilder('div',{className:'yui-
skin-sam'},[QBuilder('div',{id:calid}), y  ]);var c =this.questionContainer; c =
$(c).down('.QuestionText'); c.appendChild(d);var cal1 =new YAHOO.widget.Calendar(calid);
cal1.render();var input = $('QR~'+ qid); $(input).setStyle({marginTop:'20px',width:'150px'});var
p=$(input).up();var x =QBuilder('div'); $(x).setStyle({clear:'both'});
p.insert(x,{position:'before'}); cal1.selectEvent.subscribe(function(e,dates){var date =
dates[0][0];if(date[1]
```

End of Block: Ending Prompt
